

**South Shore Educational Collaborative**

**Breakfast Menu for April 2021**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Maple Blast Pancakes  Syrup | Sausage Egg and Cheese Bagel | Strawberry Peach Smoothie  Bunny Grahams | Cinnamon and Brown Sugar Bagel | Homemade Chocolate Chip Muffin |

**Daily Breakfast Choices:**

**Warm Bagel**

**Whole Grain Chocolate Chip Banana Bar**

**Whole Grain Chocolate Muffin**

**Cinnamon Toast Cereal**

**Cocoa Puffs Cereal**

**GF Cheerios or GF Muffin**

**Breakfast includes entrée, apple juice, 1% white milk, fruit cup or whole fruit**

Salad Bar available daily for High School, Careers & Mini School Students.

Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

Milk choices include 1% white, skim chocolate and skim strawberry

Questions? Please call Kathy Sylvia 339-201-4577

Please inform kitchen staff of any allergies before placing orders.

Breakfast is free for all students.

Questions?

Please email or call Kathy Sylvia 339-201-4577

[ksylvia@ssec.org](mailto:ksylvia@ssec.org)

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Bagel bagged lunch, Sun butter & jelly bagged lunch & ½ Deli Sandwiches & small soup of the day available daily to all students.

Milk choices include 1% white, skim chocolate and skim strawberry

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**Gluten Free options available upon request**

Lunch Menu on Back

**SSEC Lunch Menu APRIL 2021**

**Lunch is free to all students.**

**Student Lunch includes Entrée, vegetable, fruit and milk.**

**Milk choices include 1% white or skim chocolate**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | | Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | |  |  | 1 | 2 |
| ***Main Entree*** | **Alternate Lunch Available Daily**  **\*Bagel Lunch**  **\*Sun butter and Jelly**  **\*Cereal Lunch** | |  |  | Chicken Nuggets French Fries  Steamed Carrots | Tony’s Pizza  Cheese or Pepperoni  Cucumber Wheels |
| ***Salad*** |  | |  |  | Garden Salad with Grilled Chicken and Ranch w/Dinner Roll | Garden Salad with Grilled Chicken and Ranch w/Dinner Roll |
| ***Deli Sandwich*** |  | |  |  | Egg Salad Sandwich | Egg Salad Sandwich |
|  | 5 | | 6 | 7 | 8 | 9 |
| ***Main Entree*** | Chicken Alfredo with Egg noodles  Green Peas  Dinner Roll | | Meatball Sub  Tater Tots  Tossed Salad | Cheese Quesadilla  Cilantro Lime Rice  Steamed Corn | Breakfast For Lunch French Toast Sticks  Turkey Sausage Links  Hash Brown  Warm Cinnamon Apples | Cheese or Bacon French Bread Pizza  Baby Carrots |
| ***Salad*** | Caesar Salad with Popcorn Chicken  Dinner Roll | | Caesar Salad with Popcorn Chicken  Dinner Roll | Caesar Salad with Popcorn Chicken  Dinner Roll | Caesar Salad with Popcorn Chicken  Dinner Roll | Caesar Salad with Popcorn Chicken  Dinner Roll |
| ***Deli Sandwich*** | Ham and Cheese on a Bulky Roll | | Ham and Cheese on a Bulky Roll | Ham and Cheese on a Bulky Roll | Ham and Cheese on a Bulky Roll | Ham and Cheese on a Bulky Roll |
|  | 12 | | 13 | 14 | 15 | 16 |
| ***Main Entree*** | Spaghetti with Marinara Sauce  Breadstick  3-Bean Salad | | Taco Tuesday  soft tacos, seasoned ground beef, lettuce, shredded cheese,  corn, salsa, and  sour cream | Hot Dogs  Baked Beans  Corn on the Cob  Cole Slaw | Orange Chicken  Fried Rice  Mixed Vegetables  Fortune Cookie | Tony’s Cheese or Buffalo Chicken Pizza  Caesar Salad |
| ***Salad*** | Chef Salad w/Wrap | | Chef Salad w/Wrap | Chef Salad w/Wrap | Chef Salad w/Wrap | Chef Salad w/Wrap |
| ***Deli Sandwich*** | Buffalo Chicken Wrap | | Buffalo Chicken Wrap | Buffalo Chicken Wrap | Buffalo Chicken Wrap | Buffalo Chicken Wrap |
|  | 19 | | 20 | 21 | 22 | 23 |
| ***Main Entree*** | Have Great Spring Break! | |  |  |  |  |
| ***Salad*** |  | |  |  |  |  |
| ***Deli Sandwich*** |  | |  |  |  |  |
|  | 26 | | 27 | 28 | 29 | 30 |
| ***Main Entree*** | Macaroni and Cheese  Broccoli  Dinner Roll | | Turkey and American Cheese Sandwich  Baked Chips  Baby Carrots w/Ranch | Mozzarella Cheese Sticks  Chicken Meatballs  Garlic Roll  Celery with Ranch Dressing | Chicken Patty Sandwich  Tater Tots  Green Beans | Cheese or Pepperoni French Bread Pizza  Tomato and Cucumber Salad |
| ***Salad*** | Tossed Salad with Cheddar Cheese  Dinner Roll | | Tossed Salad with Cheddar Cheese  Dinner Roll | Tossed Salad with Cheddar Cheese  Dinner Roll | Tossed Salad with Cheddar Cheese  Dinner Roll | Tossed Salad with Cheddar Cheese  Dinner Roll |
| ***Deli Sandwich*** | Crispy Fish Sandwich | | Crispy Fish Sandwich | Crispy Fish Sandwich | Crispy Fish Sandwich | Crispy Fish Sandwich |

If you have questions or comments please email the Manager of Dining Service at ksylvia@ssec.org

**SSEC Lunch Menu**

**October2020**