

Following Directions: Silly Body Movements

Based on Auditory Learning Guide

Sentence Level Step 6: Recall four or more critical elements in a message to follow multiple element directions

**Touch your nose, then
jump on one foot**

**Give me a thumbs up
after you touch your toes**

**Spin around slowly while
singing the ABCs**



**Do five jumping jacks,
then touch your left foot**



**Clap your hands 4 times
after you touch both ears**



**Quietly count to 5 while
jumping up and down on
one foot**



**Close your eyes, put one
hand on your head and
one hand on your belly**

Rub your belly after you touch the ground with both hands

Stomp your right foot before you stomp your left foot

Blink 6 times after you stick out your tongue

Touch your nose with one finger, then pat your head



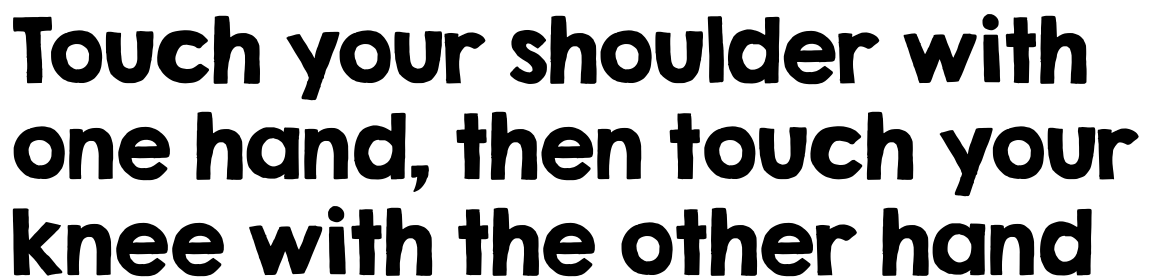
**Wiggle your arms, then
jump up and down 2 times**



**Touch your hair before
you touch your knees**



**Blow a kiss after you sit on
the floor**



**Touch your shoulder with
one hand, then touch your
knee with the other hand**

While jumping up and down, spell your name

Before you wiggle your legs, sit on the floor

Use your left hand to wiggle your right ear

Touch your nose and your toes at the same time



**Put your hands in the air
after you snap 2 times**



**Shake your right foot
while jumping up and
down**



**Touch your forehead with
2 fingers for 5 seconds**



**Touch your toes after you
reach for the sky**

**Close your eyes, then
touch your chin with your
thumb**

**Hop on your right foot for
10 seconds**

**Cross your arms before
you spin around 4 times**

**Do 2 jumping jacks after
you touch your elbow**



**Smile while you give me
two thumbs up**



**Blow a kiss before you
wave goodbye!**

