

QUICK GUIDE TO POLK COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. **Programs funded by United Way** are listed in bold. If you would like information about these programs, or you need a referral to a program to meet your need, Dial 2-1-1 or 863.648.1515; 1.800.881.UWAY (8929)

ABUSE: CHILD & ADULT

Abuse Hotline..... 800-962-2873
Guardian Ad Litem Program..... 534-4605
Gulf Coast Community Care..... **904-3000**
Peace River Center Domestic Violence Shelter
-Women, Men & Families..... 413-2700

ADOPTION

Catholic Charities-Lakeland.....686-7153
Winter Haven.....299-7983
Children's Home Society.....**519-3906**
Florida Baptist Children's Home.....688-4981
Florida Adoption Info Ctr.....800-96-ADOPT

AIDS AWARENESS

Nar!STD & AIDS Hotline.....800-342-AIDS
Spanish.....800-545-SIDA
Nar! Prevention Info Network.....800-458-5231
TDD.....800-243-7012
Patient Care Services.....519-8233
Polk County Health Department.....413-2620

ALCOHOL/DRUG ABUSE

ACTS.....428-1520
Alcoholics Anonymous.....687-9275
Al-Anon.....687-3800
Toll Free.....866-539-3030
Central Florida Human Services.....682-8111
Drug Helpline.....800-662-FHLP
EmerAct Alliance.....802-0777
Narcotics Anonymous Helpline.....683-0630
Peace River Center.....248-3311
Talbot House Ministries.....687-8475
Teen Challenge.....647-1944
Tri-County Human Services.....533-4139

CONSUMER ASSISTANCE

Consumer Services (State).....800-435-7352
Spectrum Resource & Development.....967-0660
Enterprise Community Services.....816-5858

CRISIS INTERVENTION

Behavioral Health Division
- Access Line.....800-723-3248
Peace River Mental Health Crisis.....**519-3744**
Rape Crisis.....413-2707
Tri-County Human Services.....**533-4139**

CHILD CARE

Early Learning Coalition of Polk.....577-2450
800-843-9780
Head Start.....648-3051

COUNSELING & MENTAL HEALTH

Anchor House Ministries (Boys).....665-1916
Bethany Center (Good Shepherd).....968-1707
Fla. Division of Blind Services.....499-2385
Catholic Charities-Lakeland.....**686-7153**
Catholic Charities-Winter Haven.....**299-7983**
Children's Home Society.....**519-3906**
Disabled American Veterans.....687-4885
Epilepsy Services of West Central FL.....**686-5880**
Fl. Diagnostic and Learning Resource.....647-4262
Florida Sheriff's Youth Villa.....533-0371
Frostproof Care Center.....**863-635-5555**
Help of Fort Meade.....**285-6600**
Innovations in Counseling.....294-8845
Lake Wales Care Center.....863-676-6678
Lake Wales Drug Awareness Cncl.....863-676-1949
National Alliance for the Mentally Ill.....533-4411
Neighborhood Service Center.....**294-5860**
Peace River Center
Lakeland.....248-3300
Polk County Veterans Services.....534-5220
Women's Resource Center
Winter Haven.....294-5318
Salvation Army - Lakeland.....**682-8179**
Tri-County Human Services.....**709-9392**
Winter Haven Hospital Behavioral
Health Division.....294-7062
Youth & Family Alternatives.....**499-2430**

DENTAL CLINICS

Polk County Health Department Dental Clinics
Auburndale.....965-6333
Lakeland.....413-2636

DISABILITY SERVICES

Achievement Academy, Inc.....683-6504
Agency for Persons with Disabilities.....413-3360
Alliance for Independence.....**665-3846**
Arthritis Foundation.....800-283-7800
Center for Independent Living.....413-2722
Central Florida Speech & Hearing.....**686-3189**
Easter Seals Camp Challenge.....352-383-4711
Epilepsy Services of West Central FL.....**686-5880**
Florida Diagnostic & Learning Resource.....647-4262
Fla. Div. of Blind Services.....499-2385
Florida Relay Service (Voice).....800-955-8770
TTY.....800-955-8771
Fla. School for the Deaf & Blind.....800-344-3732
Goodwill Industries.....701-1351
Gulf Coast Community Care.....904-3000
Polk County School Board
- Exceptional Student Ed.....534-0930
Sunrise Community.....**680-2817**
Tampa Lighthouse for the Blind/Polk.....**299-3633**

DISASTER/EMERGENCY

American Red Cross.....294-5941
Citizens' Information Line.....534-0321
FEMA.....1-800-621-3362
Special Needs Shelter Registration/Info.....534-5600

EDUCATION RESOURCES

Fl. Diagnostic and Learning Resource.....647-4262
Learning Resource Center.....**688-9477**

EMERGENCY SHELTER - YOUTH

George Harris Youth Shelter.....595-0220

EMPLOYMENT & JOB TRAINING

Goodwill Industries/Suncoast Inc.....701-1351
Experience Works (Seniors).....967-9631
Displaced Homemakers Prog. 683-5627 ext.3114
Polk Works - One Stop Centers
Winter Haven.....508-1100
Lakeland.....683-5627
Tpa. Lighthouse for the Blind-Polk.....**299-3633**
Veterans' Services.....683-5627x140
Vocational Rehabilitation - Lkld.....680-5534
- Wtr. Haven.....291-5280

FAMILY & PARENTING RESOURCES

Family Fundamentals.....**686-1221**
Head Start.....648-3051
Peace River Center Family Builders.....519-0575 x 1156

FINANCIAL SUBSIDY COUNSELING PROGRAMS

Dept. of Children & Families-Access Florida
.....866-762-2237
Social Security Administration.....800-772-1213
Lakeland.....683-0611
Worker's Compensation.....800-342-1741

FOOD, MEDICINE, FINANCIAL AID

Agricultural & Labor Program (ALPI).....956-3491
Toll Free.....800-330-3491
Catholic Charities - Lakeland.....**686-7153**
Winter Haven.....299-7983
Church Service Center.....**533-5822**
Dept. of Children & Families - Access Florida
(WAGES, Food Stamps, Medicaid) .. 866-762-2237

FOOD, CLOTHING, MEDICINE, FINANCIAL AID- continued

Family Emer. Service Ctr. of WH.....294-1939
Frostproof Care Center.....**863-635-5555**

Help of Fort Meade.....	285-6600
H.O.P.E. Center.....	683-8182
Lake Wales Care Center.....	863-676-6678
Lighthouse Ministries.....	687-3705
Mulberry Community Service Center.....	425-1523
Polk Co. Social Services.....	534-5387
Salvation Army - Lakeland.....	682-8179
Winter Haven.....	291-5107
SHARI Program.....	800-536-3379
Talbot House Ministries.....	687-8475
WIC (Women, Infants & Children).....	519-7542
Women's Resource Center.....	294-5318

HEALTH SERVICES & EDUCATION

Achievement Academy, Inc.....	683-6504
American Cancer Society - Lakeland.....	688-2326
Winter Haven.....	294-0661
American Heart Association.....	686-8421
Amer. Red Cross, Polk Co. Chpt.....	294-5941
Animal Services.....	499-2600
Central Florida Healthcare Clinic.....	452-3000
Central Florida Speech & Hearing.....	686-3189
Children's Medical Services.....	800-741-2250
Citizen CPR.....	680-1277
Epilepsy Services of West Central FL.....	686-5880
Florida Kid Care (Health Insurance).....	888-352-5437
Barrow.....	534-5313
Lakeland Volunteers in Medicine.....	688-5846
Learning Resource Center.....	688-9477
March of Dimes.....	687-8909
National Kidney Foundation.....	800-927-9659
Polk County Health Department Clinics	
Auburndale.....	965-5400
Barrow.....	519-7916
Haines City.....	863-421-3201
Lakeland.....	413-2620
Lake Wales.....	863-678-4144
Polk County Health Plan.....	533-1111
Talbot House Ministries.....	687-8475

HOMELESS SERVICES

Lighthouse Ministries.....	687-3705
Talbot House Ministries.....	687-8475
Salvation Army - Lakeland.....	682-8179
Winter Haven (Women & Children).....	291-5107

HOME HEALTH & HOMEMAKER SERVICES

Good Shepherd Hospice.....	297-1880
Cornerstone Hospice.....	421-1482
Polk County Elderly Services.....	534-5320
Volunteers in Service to the Elderly.....	284-0828

HOUSING: LOW INCOME

LOANS/AFFORDABLE CONSTRUCTION

Habitat for Humanity Restore Lakeland.....	688-4660
Habitat for Humanity.....	682-3812
Habitat for Humanity - East Polk.....	292-2256
Keystone Challenge (Loans).....	682-1025
USDA, Rural Development.....	420-4833

HOUSING - Emergency

Lighthouse Ministries.....	687-3705
Talbot House Ministries.....	687-8475
Salvation Army - Lakeland.....	682-8179
Winter Haven (Women & Children).....	291-5109
Women's Care Ctr. (Women & Children).....	534-3844

HOUSING ASSISTANCE

Housing Authority	
Barrow.....	533-6311
Haines City.....	863-421-3680
Lake Wales.....	863-676-7414
Lakeland.....	687-2911
Winter Haven.....	294-7369
Section 8 Housing.....	534-5240
HUD.....	813-228-2026

HOUSING REHABILITATION

City of Lakeland - Housing Division.....	834-3360
Housing & Neighborhood Developm.....	534-5240
Lake Wales Care Center.....	863-676-6678
USDA, Rural Development.....	420-4833
Wntr Haven Community Development.....	291-5600

HOUSING TRANSITIONAL

Lake Wales Care Center (Families).....	863-676-6678
Salvation Army-Lakeland.....	682-8179
Talbot House Ministries.....	687-8475
Tri-County Human Services.....	701-7373
Women's Care Center (Women & Children).....	534-3844

LEGAL SERVICES

Dept. of Revenue (Child Support).....	800-622-5437
Florida Rural Legal Services (Civil).....	688-7376
Heart of Florida Legal Aid Society (Divorce).....	519-5663

MIGRANT SERVICES

Agricultural & Labor Program (ALPI).....	956-3491
Toll Free.....	800-330-3491
Farmworkers Ministry.....	967-9583
Immigration Services.....	800-375-5283
Migrant Education.....	534-0655
Social Security Administration.....	800-772-1213

PARENT EDUCATION & SUPPORT

Family Fundamentals.....	686-1221
Health Dept. (Healthy Start).....	413-2620
Healthy Families Polk.....	603-6680
Peace River Center Family Builders.....	519-0575 x 1156

PERSONAL DEVELOPMENT

American Red Cross-Polk.....	294-5941
Big Brothers/Big Sisters.....	682-5191
Boys & Girls Clubs of Lakeland.....	686-1719
Camp Fire USA Sunshine Council.....	688-5491
Citrus Center Boys & Girls Club.....	967-1532
Family Service School.....	499-2834

Girls Incorporated - Lakeland.....	682-3002
Winter Haven.....	967-2864
Gulf Ridge Council, Boy Scouts.....	888-533-2775
Heart of Florida Girl Scout Council.....	688-7648
Learning Resource Center.....	688-9477
Displaced Homemakers Pgm.....	683-5627, ext. 104
Parks and Recreation Dept.....	534-4341
Women's Resource Center Winter Haven.....	294-5318
YMCA - Lakeland.....	644-3528
Lake Wales.....	863-676-9441

PRESCRIPTION PROGRAMS

Familywise.org	
Freemedicineevolution.com	
Med-Net.....	519-2042/701-7077
Needymeds.com	
Ppays.org	
TogetherRxaccess.com	

SENIOR CITIZENS SERVICES

Alzheimer's Information Line.....	292-9210
American Assoc. of Retired Persons.....	666-1908
Catholic Charities Lakeland.....	686-7153
Winter Haven.....	299-7983
Dept. of Children & Families.....	619-4100
Elder Point.....	682-7249
Faith in Action.....	686-0009
Lake Morton Senior Center.....	687-2988
Neighborhood Service Center.....	294-5860
Polk County Elderly Services.....	534-5320
Seniors vs. Crime.....	577-1672
Volunteers in Service to the Elderly.....	284-0828
West Central FL Agency on Aging.....	800-336-2226
West Central Florida YMCA.....	644-3528

TRANSPORTATION

Citrus Connection.....	688-7453
Division of Motor Vehicles.....	499-2325
Tag Agency-Barrow.....	534-4711
Tag Agency-Lakeland.....	499-2351
Handy Bus.....	688-5438
Polk County Transportation System.....	534-5500 Ext. 4

VOLUNTEERING

Campfire USA Sunshine Council.....	688-5491
Dept. of Children & Families.....	619-4100
Guardian-ad-Litem.....	534-4605
Polk County Elderly Services.....	534-5320
Retired Senior Volunteer Program (RSVP).....	534-5329
Salvation Army - Lakeland.....	682-8179
Service Corps of Retired Executives.....	619-5783
Volunteers Improving Polk.....	534-6030 x. 5261
Volunteer Polk Volunteer Center.....	534-5580
Volunteers in Service to the Elderly (VISTE).....	284-0828

One call to find help, whether you're looking for family counseling, camps for kids, or assistance for an aging parent. 2-1-1's trained referral specialists will connect you with a program that can help you. Dial 2-1-1 or 863-648-1515.

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FIND HELP FAST DIAL 2-1-1

INFORMATION & REFERRAL

863.648.1515

Toll Free 800.881.UWAY (8929)

TDD 648.1515



uwcf.org

Lake Wales Charter School/Lake Wales Care Center (Rochelle-social worker)

2/14/2012-

Agenda:

- Discuss agencies locally assessable for our homeless/unaccompanied youth
- Lake Wales Care Center initiatives that are available for our homeless/unaccompanied youth
- See Brochure
- Community Kitchen - every Sunday
- Free lunch 12-1
- Free Bread every Wednesday am - 9AM & Sunday
- Social Workers on staff
- Transitional Housing
- Holiday Assistance
- Emergency Services: Short term financial help - food - clothing - electric - rent - medical Rx - short term Access for food stamp & applications - computer assist
- Youth programs - home repair
- Referrals to other agencies for assistance
- Assist in community "Open Back Park" which is done thru LW Charter Schools.

Paula Ayl RN

Rochelle Herricks