

# What is Bullying?

**"Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself."**

**-Dr. Dan Olweus**

# What is Being Done?

**Dyersburg Primary School is an innovative school that strives for excellence. The School-Wide Positive Behavior Support program was developed in 2006 as a joint collaboration with Project RISE.**

**SWPBS teaches leadership and social skills to students in order to become productive citizens. The process is based on teaching positive rules and expectations. Annual assessments are done every year through Debbie Williams, Education Consultant with the University of Memphis Lambuth LinX. In the fall of 2011, SWPBS developed and implemented the "Stop, Walk and Talk" anti-bullying curriculum. The first class is taught in the classroom by Chris Dishman, Home School Advisor for DPS. Additional lessons are taught by the classroom teacher. The program is reinforced by signs in every classroom and on every playground.**

# What is Taught?

**The staff of Dyersburg Primary School will do everything possible to protect every child from being bullied. However, in the event that a child does get bullied we ask them to follow the steps listed below. All students are taught to immediately locate an adult if they ever feel they are in danger.**

## STOP

**Tell the bully to "STOP!" and hold up your right hand to the bully. This will be a nonverbal signal to staff that something is wrong.**

## Walk

**If the bully does not stop then WALK away. This may mean that you have to go to another area on the playground for a few minutes.**

## Talk

**If the bully continues after you have said "STOP" and you chose to WALK away then go and tell the nearest adult that you need help.**



**"Dyersburg Primary School is to be commended on their implementation of School-Wide Positive Behavior Support."  
-Debbie Williams**

**The DPS Library has the following books about bullying:**

***Chrysanthemum*  
*Dealing with Bullies*  
*Comin' Through*  
*The Bully from the Black Lagoon*  
*Back Off*  
*Bully Boys*  
*Pinky and Rex and the Bully*  
*Bully Trouble*  
*Who's Afraid of the Big, Bad, Bully?*  
*Bus Ride Bully*  
*Kit and Kat*  
*Alley Oops*  
*Bye-Bye Big Bad Bullybug!*  
*Bully Bear*  
*Berenstain Bears and the Bully*  
*Mean Maxine*  
*A Bully Named Laura Sue***

# Misconceptions about Bullying

## **Bullying is the same as conflict**

Bullying involves an imbalance of power. Conflict involves antagonism among two or more people.

## **Bullying is always physical**

Although bullying can come in the form of hitting, kicking, or shoving, verbal bullying and social isolation is also common among children.

## **Bullying is kids being kids**

Bullying can affect the mental well-being, academic work and physical health of children who are targeted.

## **Bullying is an urban school issue**

Bullying occurs in rural, suburban, and urban communities. Bullying occurs among children of every income level, race and geographic region.

## **Bullied children will tell an adult**

Studies indicate that children hesitate to report bullying due to the threat of retaliation from the bully or that adults will not take their concerns seriously.

## **Bullied children need to deal with it on their own**

Children should not be expected to deal with bullying on their own. Bullying is a form of victimization and peer abuse. Just as society does not expect victims of other types of abuse to deal with it on their own, we should not expect this from victims of bullying.



Dyersburg Primary School is a family of learners working together to build proficient reading, writing and math skills. We strive to have every student proficient at grade level in reading and math skills and ready to be successful at the next grade. We believe our family of learners, including students, teachers, staff, families and community members will work together to help all students learn.



For more information about Dyersburg City Schools please visit [www.dyersburgcityschools.org](http://www.dyersburgcityschools.org)

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# STOP Walk & Talk



**A program designed to KEEP  
Dyersburg Primary School a  
bully free school!**