



October 2020 – FC Schools Lunch Menu

Elementary / Middle / Huntland



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. This institution is an equal opportunity provider</p> <p>ALL reimbursable meals MUST have a FRUIT or VEGETABLE on the tray. Students may decline 2 of the 5 meal components - Meat, Grain, Fruit, Vegetable & Milk- but cannot decline BOTH Fruit and Vegetable.</p>			<p>1 Mexican Pasta Bake Chicken Tenders Green Beans // Potato Wedges Dinner Roll Fruit // Milk</p>	<p>Virtual Learning Day for All Students. Meals are available for pick-up. Please contact your school's cafeteria manager to order meals for Fridays.</p>
<p>5 Hamburger or Cheese Burger Corn Dog Potato Smiles Baked Beans Fruit // Milk</p>	<p>6 Pizza Sticks PBJ Sandwich Lattice Potatoes Carrot Dippers Fruit // Milk</p>	<p>7 Chicken Nachos w/ Tortillas Pulled Pork BBQ Sandwich Battered Potato Bites Buttered Corn // Salsa Fruit // Milk</p>	<p>8 Spaghetti w/Meat Sauce Fish Fillet French Fries // Steamed Broccoli Twisted Breadstick Fruit // Milk</p>	<p>9 No School</p>
<p>12 No School Fall Break</p>	<p>13 No School Fall Break</p>	<p>14 No School Fall Break</p>	<p>15 No School Fall Break</p>	<p>16 No School Fall Break</p>
<p>19 Hot Dog Chicken Rings Potato Smiles Green Peas // Dinner Roll Fruit // Milk</p>	<p>20 Macaroni & Cheese Chicken Tenders Potato Sidewinders Green Beans // Fruit Twisted Breadstick // Milk</p>	<p>21 Hamburger or Cheese Burger Sandwich Choice French Fries Pinto Beans Fruit // Milk</p>	<p>22 Oven Roasted Chicken Beef Dippers Mashed Potatoes Cheesy Broccoli // Fruit Dinner Roll // // Milk</p>	<p>23 Pizza Chili Potato Wedges // Buttered Corn Fruit // Milk Crackers // Cinnamon Roll</p>
<p>26 Salisbury Steak w/Gravy Chicken Nuggets Mashed Potatoes Pinto Beans // Carrot Dippers Dinner Roll Fruit // Milk</p>	<p>27 Breakfast For Lunch Egg Omelet Sausage or Chicken Tator Tots Salsa // Fruit Biscuit // Gravy Milk</p>	<p>28 Chicken Fajita Taco Potato Smiles Salsa // Buttered Corn Tortilla Chips // Fruit // Milk</p>	<p>29 Mexican Pasta Bake Chicken Tenders Green Beans // Potato Wedges Dinner Roll Fruit // Milk</p>	<p>30 Pizza Yogurt/Cheese Stick Bag French Fries Steamed Broccoli // Fruit Milk // Cookie</p>

All reimbursable meals are free to all students thru December 31, 2020!