



Outdoor Play & Movement

Language/Literacy

Take photos of what you see outside to share with family.

Talk about what you see, hear, and feel outside.

Use words such as *up* and *down* to describe your child's climbing.

Early Learning (Math, Cognitive)

Observe the ice melting and freezing again overnight.

Take advantage of melting snow and **float** things in puddles and streams that are appearing on streets.

Listen for sounds such as cars driving by and birds chirping.

Social/Emotional

Teach safety rules such as staying with a grown-up, crossing streets safely, and walking on sidewalks.

Play simple **turn-taking** games such as chase and rolling a ball back and forth.

Fine/Gross Motor

Outdoor play is a great time for gross motor fun! **Climb** snow piles, **stomp** in puddles, **pull** a sled, and **climb** on backyard playgrounds.

Even though children should avoid the playground structures at the parks, there are still lots of trails and outdoor places to play.

Self-Help

Have your child **help get his boots, snow pants, jacket, hat, and mittens on.**

Talk about the weather and what gear is needed for outdoor play.

Explain to your child that you are wearing a lighter jacket in the afternoon, because it's getting warmer out.