



St. John

REGIONAL CATHOLIC SCHOOL



Dear SJRCS Parents and Guardians,

Our annual celebration of Catholic Schools Week will be kicking off in our parishes on Sunday, January 26th. After that, Mary Haley and her committee have a week of activities planned. Donations have already started to come in for our Blessings in a Backpack service project. And I am sure that our students will enjoy all of the activities they have planned for Student Appreciation Day.

On Wednesday, the 29th, we will be hosting our annual Open House. As I have said in the past, our parents are our best "marketing tool" when you recommend SJRCS to neighbors and friends. And, remember, that if a family you have recommended to our school enrolls, is accepted, and begins school, you will receive a tuition credit of \$350.

On Thursday, we will be showing appreciation to our parents with a breakfast in the Narthex of St. Katharine Drexel Church. We hope that you will join us immediately afterwards for our Living Rosary. On Friday, we will end the week with Mass and we will show appreciation to our wonderful faculty and staff with a luncheon. Please remember that the 31st will be a NOON DISMISSAL so all faculty and staff can enjoy the celebration.

At our Mass, the National Catholic Education Association (NCEA) will be with us to present fifth grader Caden Dusablon with the Youth Virtues, Valor and Vision Award that formally recognizes extraordinary young people in our Catholic schools who through their selfless service, innovation and commitment to social justice are changing the world. Caden was one of ten students from across the country to receive this award this year.

Caden unexpectedly lost his sister, Olivia Grace, on Christmas Eve in 2014. Caden, along with his family, has been spreading kindness to others for the past five years through the Remembering Olivia though Acts of Kindness that was created in December of 2015 and centers on the idea of doing random acts of kindness to brighten someone's day. Caden has also helped his family organize the Liv On Foundation that serves families who struggle with childhood illness and have experienced the devastating loss of a child or parent. Caden and his family wanted to help others find hope, joy, and peace after such a tragedy. We are very proud of Caden and his hard work to keep the memory of his sister alive.

As you can see, we have a very exciting Catholic Schools Week to look forward to. Thank you in advance to all the committee members and volunteers who will help to make this possible.

Peace and all good things!
Karen Smith



Issue 9, January 17, 2020

❄️ JANUARY ❄️

- 17 Inters, T2
Re-enroll for 2020-2021 begins
- 20 **NO SCHOOL**, MLK Day
- 22 H.S.A. Meeting, 7pm
- 24 Children's Bingo, 6-8pm
- 27-31 **Catholic Schools Week!**
 - 27 Blessings in a Backpack
 - 28 Student Appreciation Day
Day of Giving!
 - 29 Open House, 9-11am
 - 30 Parent Appreciation Bkfst, 8:10am
Living Rosary, 9am at SKD
 - 31 Mass, 10am
NOON DISMISSAL
Faculty Luncheon

FEBRUARY ♥

- 3-6 Gr. 5 ACRE tests
- 7 PHOTOS: 8th grade cap/gown,
Clubs & sports teams
- 10 StoryTime Tots, 8:30am
- 17 **NO SCHOOL**
- 18 **Re-enrollment discount ends**
- 26 Ash Wednesday Mass, 10am
- 28 BoxTop Dress Down

MARCH

Save the dates...

- 14 STEM FAIR
- 21 Mother/Son Event



DO NOT Park in circle after school.

If your child is in an afterschool program, please do not park in the circle to wait for them until closer to their dismissal time. Students are still being picked up from regular dismissal and require access to the pick up lanes. PLEASE do not pick up students from the inner lane of the circle, students need to access your vehicle from the sidewalk. PLEASE help keep our students safe.



H.S.A. Meeting Next Week

On Wednesday, January 22nd, at 7:00 p.m. the H.S.A. will be hosting a guest speaker, Dr. Christina Brooks, who will be speaking on a very important topic: "When Fears Take Over: How to Recognize Anxiety Disorders in Children and How Parents Can Help." Dr. Brooks is a Frederick resident and is currently working at the Center for Anxiety and Behavioral Change in Rockville. She is hoping that parents will take the following away from the presentation:

- Learn the signs of problematic anxiety
- Learn how anxiety develops and what factors maintain anxiety
- Learn the basics of behavioral change and anxiety reduction
- Learn practical strategies to promote positive behaviors and coping strategies

Remember that parents earn 3 volunteer hours when attending H.S.A. meetings.

Looks like we are in the peak of cold and flu season. We have had several reported cases of the flu (all grade levels), which isn't unusual for this time of year. Remember hand washing is your best first line of defense. (copy and save this page!)

Lisa Kaempfer, RN, School Nurse

I NEED TO STAY HOME IF...

I HAVE A FEVER	I AM VOMITING	I HAVE DIARRHEA	I HAVE A RASH	I HAVE HEAD LICE	I HAVE AN EYE INFECTION	I HAVE BEEN IN THE HOSPITAL
Temperature of 100 degrees F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Itchy head, active head lice	Redness, itching, and/or pus draining from eye	Hospital stay and/or emergency room visit

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free without the assistance of medication for 24 hours (i.e., Tylenol, Motrin, Advil)	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home.	Free from drainage and/or have been evaluated by my doctor if needed.	Released by my medical provider to return to school.
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If your child has strep throat or another bacterial infection, he/she should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. We encourage you to seek medical attention when your child is sick and to follow your health care provider's recommendations about returning to school and other activities.

IS IT A COLD OR THE FLU?



Catholic Schools Week 2020 Highlights and Reminders

Monday, January 27: Community Service Day. Food Drive and Packing Event to benefit Frederick's Blessings In A Backpack. We still need the following amounts in order for every student to pack a bag to help local children. DUE by WE 1/22.

PreK and K: 25 more Fig Bars OR Fruit and Grain Bars (any flavor)

1st Gr.: 157 more packs of oatmeal (any brand or flavor, not chocolate)

2nd Gr.: 322 more Cheese & Crackers packs (6 crackers in each)

3rd & 4th Gr.: 75 more 1.5 oz snack size bags of Goldfish crackers

5th & 6th Gr.: 133 more cups of pudding (chocolate or vanilla)

7th & 8th Gr.: 393 more Chef Boyardee Ravioli (15 oz. cans)



Tuesday, January 28: Student Appreciation Day and Day of Giving Free Dress Down Day, Chick Fil A lunch (order forms due by Fri. Jan 24)

Wednesday, January 29: Open House, 9 to 11 am

Thursday, January 30: You are Invited! Parent Appreciation Day Breakfast in the narthex of St. Katharine Drexel, 8:15 to 9:00, Living Rosary to follow in church

Friday, January 31: CSW Mass at 10:00 am: Noon Dismissal: Teacher and Staff Appreciation Luncheon, please consider donating a gift (gift cards, bottles of wine, bath and body products, etc.) and drop off in the front office!



ROARING INTO THE 20's

Save the Date!

Saturday, April 25, 2020

Live & Silent Auction - Dinner & Cocktails

You do not want to miss this year's gala & auction. Plans are underway for another fabulous night out! Don't delay, purchase your tickets today at www.sjrscs.org/roaringintothe20s.

Show the Love February Sponsorship Promotion, Sponsor SJRCS's most attended fundraiser of the year, through the month of February, sponsor at the \$500 level and receive 2 tickets to the gala. Please see the flyer in this week's Friday Folder.

Have an idea for a popular auction item or experience? Have something to donate? Contact Lara Schumacher at lara.capone@gmail.com.

The gala committee is also looking for empty wine and whiskey bottles if you have some to donate please contact Kristin Dusablon at kmdusablon@gmail.com.



Many Gifts, One Nation
A Day of Giving to Catholic Schools

SAVE THE DATE SJRCS DAY OF GIVING

JANUARY 28TH, 9A.M. FOR 24 HOURS GOAL \$60,000

Children's Bingo is January 24th, 6-8pm with games starting at 6:30pm in McElroy Hall! This is one of our most popular events! All SJRCS students and siblings are welcome to come and play bingo with their classmates! Prizes will be awarded for bingo and raffles! Pizza, snacks and drinks are all \$1 each!



VOLUNTEERS NEEDED! If you signed up to help with **Bingo** before, please sign up again as we cleared the Bingo signup genius page!! Go to website, "parent tab", sign up link at bottom right.

<https://www.signupgenius.com/go/60b0549abaf28a1fcl-childrens1>

2020 SJRCS STEM FAIR

sjrcsstemfair.weebly.com

Registration opens February 10th

9th Annual

March 14, 2020

Scan me