

Alternative Method of Instruction Lesson Plan  
RTI Grades 5

**Day 11**

Read the story "Heroes of Long Ago" and then complete the questions.

**Day 12**

Read the poem "Animals", and then complete the questions.

**Day 13**

Read the story "Neighborhood Heroes", and then complete the questions.

**Day 14**

Read the story "Stray Cat Hero", and then complete the questions.

**Day 15**

Read the story, "Race of a Lifetime" and then answer the questions.

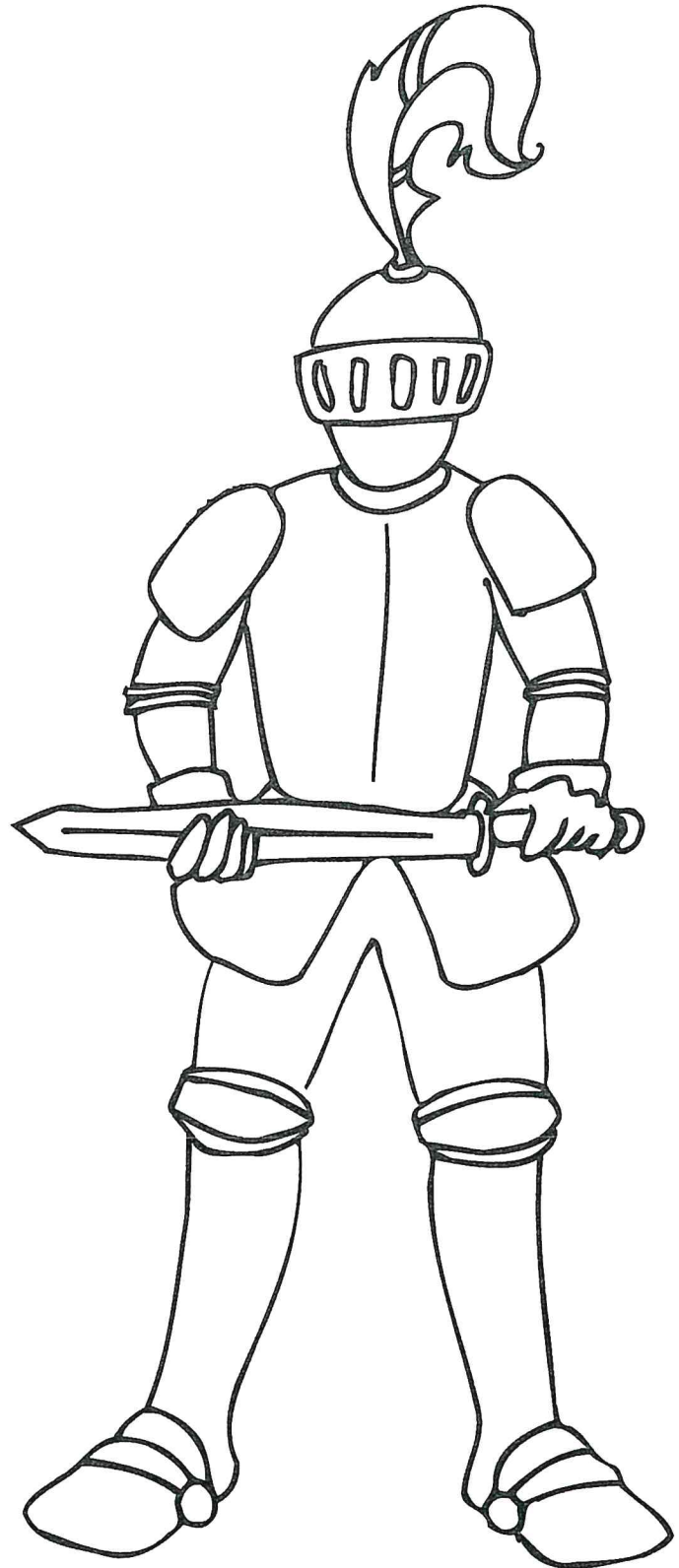
## Heroes of Long Ago

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<sup>1</sup> Knights were heroes of long ago. They were soldiers in Europe from about A.D. 900 to 1500. Knights lived before the time of guns and gunpowder. They fought in hand-to-hand combat. Knights served their king. They had a set of rules, also called a code of conduct, to obey.

<sup>2</sup> Knights wore heavy suits called armor. The armor weighed about 55 pounds. The armor protected the knight during battle. For a knight, the armor was a symbol that stood for honor, valor, and chivalry. Because of this, knights wore their armor proudly.

<sup>3</sup> Armor was not only worn for battle but also for tournaments. Tournaments were festivals where the knights competed for fun. The joust was the main contest at the tournaments. During the joust a knight would use a long spear or lance to try to knock another knight off his horse. The knights who won the joust would receive money, land, or sometimes permission to marry a young maiden.



**Read and Think**

- What is the main idea?
  - Knights fought in battles.
  - Knights were heroes a long time ago.
  - Knights had a code of conduct.
- Put a **T** by the sentences that are true. Put an **F** by the sentences that are false.
 

\_\_\_\_\_ Knights used guns to fight battles.

\_\_\_\_\_ Knights wore heavy suits called armor into battle.

\_\_\_\_\_ A lance is a long spear.

\_\_\_\_\_ The knight's armor weighed about 55 pounds.
- What is a code of conduct?
  - a secret language knights used
  - a set of rules knights had to follow
  - a contest in a tournament
- What is a joust?
  - the knight's suit of armor, which was a symbol of honor, valor, and chivalry
  - the prize for winning the battle
  - a contest at a tournament where two knights would battle with long spears

**Word Attack**

- Circle the silent letter or letters in each word.
 

|           |            |
|-----------|------------|
| A. knight | D. code    |
| B. know   | E. rule    |
| C. knock  | F. compete |

Write the word from the paragraph in ( ) that fits each definition.

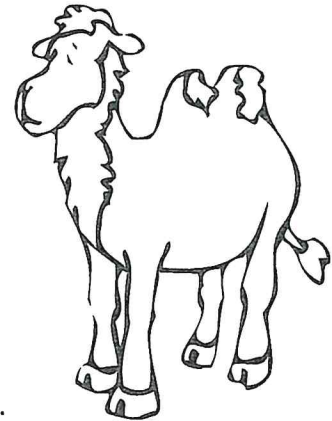
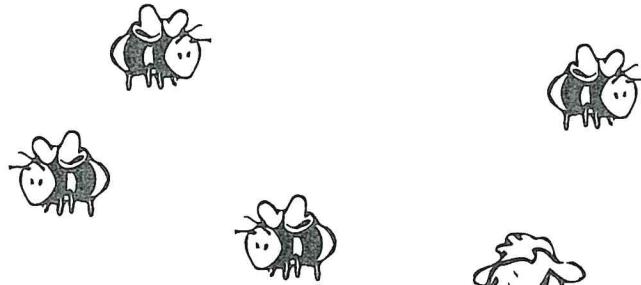
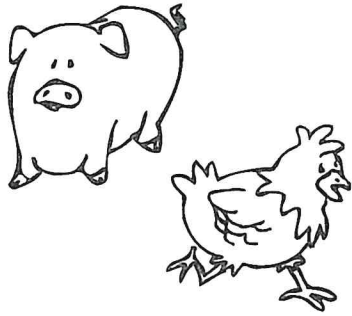
- fight between people or armies (1)  
\_\_\_\_\_
- worked or did things for (1) \_\_\_\_\_
- a sign or emblem (2) \_\_\_\_\_
- put on the body (3) \_\_\_\_\_
- to bang on a door (3) \_\_\_\_\_

**Language Skills**

A **possessive pronoun** takes the place of a noun that shows belonging. Read each sentence. Write the correct possessive pronoun in the blank.

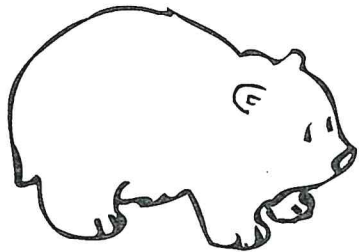
- Knights were loyal servants of \_\_\_\_\_ king.
- \_\_\_\_\_ suits of armor weighed 55 pounds.
- During jousting a knight rode \_\_\_\_\_ horse.
- The knight who won could ask a maiden for \_\_\_\_\_ hand in marriage.
- We have \_\_\_\_\_ own code of honor in class.
- Some of \_\_\_\_\_ ancestors could have been knights.

# Animal Poem



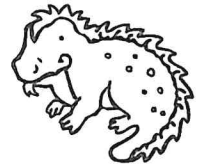
How many animals can you name?  
This seems like a never-ending game.

There are little ants so very small.  
There are spotted giraffes so very tall.



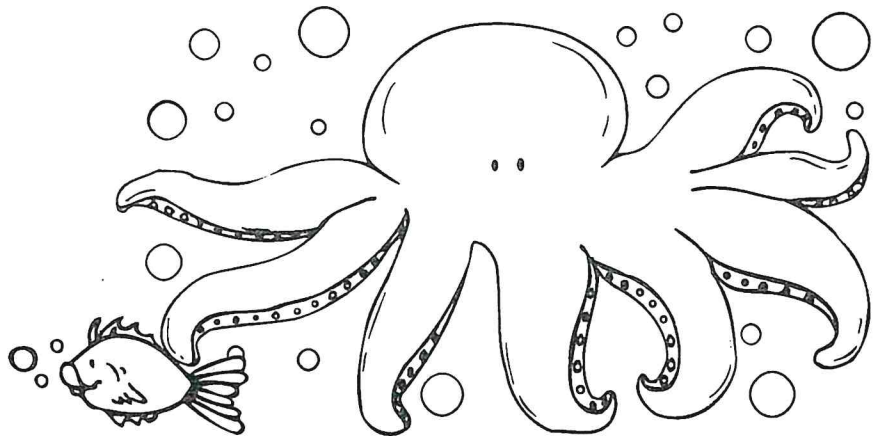
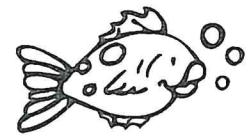
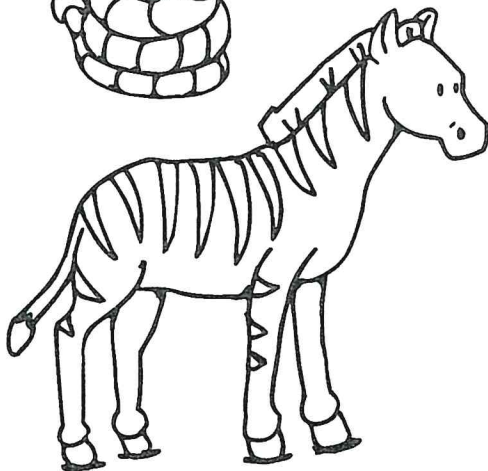
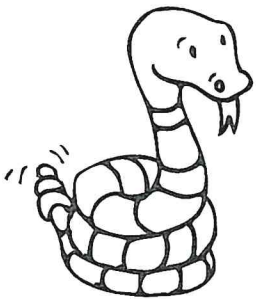
There are mammals and insects to name a few.  
There are reptiles and amphibians in the zoo.

There are animals that fly and some that walk.  
There are cows in a herd and birds in a flock.



There are animals that live on land and some that live at sea.  
There are animals that live in the ground and some that live in trees.

There are animals that are wild and some that are tame.  
There are just too many animals for us to ever name.



**Read and Think**

- What is the main idea of the poem?
  - There are too many animals to name.
  - Animals make great pets.
  - Some animals are wild, and some are tame.
- Three animals that are mentioned by name in the poem are
  - giraffes, ants, and cows.
  - sea animals, cows, and ants.
  - sea turtles, crows, and ants.

**Try to Apply**

Cross out the animal that does not fit in each group.

- hawk      owl      whale      robin
- horse      cow      sheep      giraffe
- squirrel      monkey      dog      koala
- snake      ant      cricket      grasshopper
- tiger      lion      rabbit      leopard
- See how many different animal names you can write in one minute.

**Word Attack**

- Draw a line between the opposites.

land                      tame

ground                  sky

wild                      tall

few                        sea

small                      many

- Find five nouns that are plural in the poem. Write them on the lines.

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**Language Skills**

You can make a sentence that ends with a period into a question. You can also make a question into a statement. Rewrite the sentences below to make statements into questions and questions into statements.

- This seems like a never-ending game.

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- There are animals that fly and some that walk.

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- How many animals can you name?

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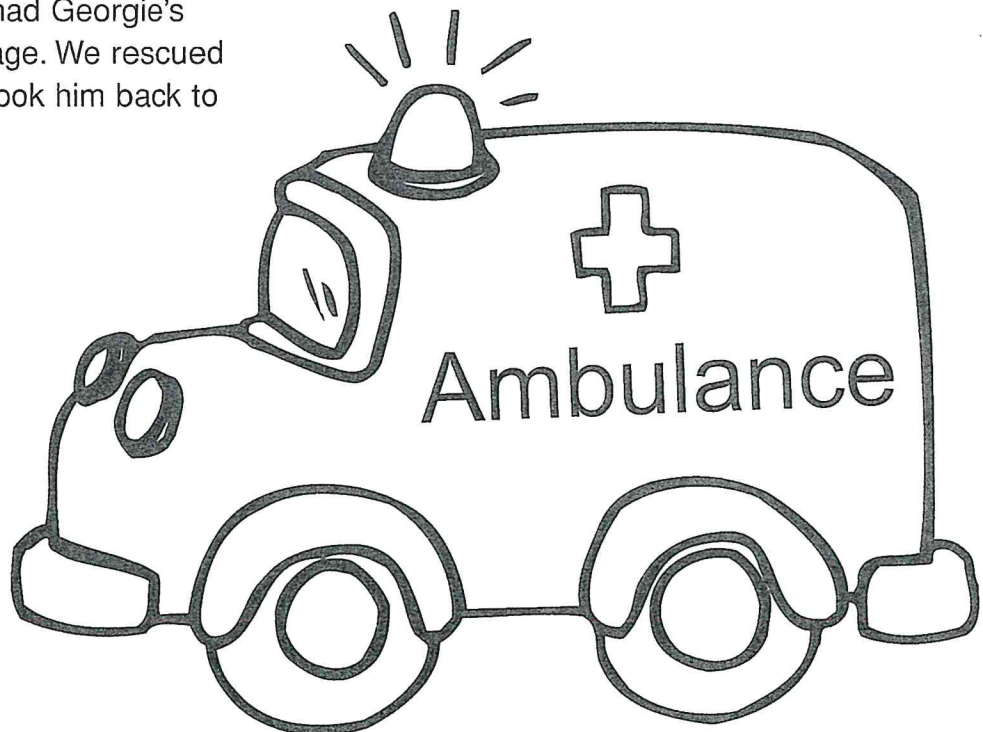
## Neighborhood Heroes

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Life was pretty dull around our quiet neighborhood, so a couple of friends and I decided to become neighborhood news reporters. We thought that maybe if we looked for news, we'd find it. We used my tree house for our headquarters. Then we set up our headquarters with pencils, notebooks, clipboards, binoculars, and even a laptop computer and a cell phone. We began discussing topics we might want to report on. Max was looking through the binoculars. "Looks like we might have our first story," he said. "Georgie Willows is sitting on his front steps crying. You guys keep talking. I'll go see what's wrong with Georgie."

Soon Max was back. He wanted us to help him. "Georgie's hamster got loose in his yard. He can't find it anywhere." We all left the tree house and went to help. We looked everywhere. Suddenly we heard the dog next door barking. We went to investigate. Sure enough, the neighbor's dog had Georgie's hamster cornered in the garage. We rescued the frightened hamster and took him back to Georgie.

We went back to the tree house. This time I was looking over the neighborhood with the binoculars. As I looked over into Mrs. Stevens's backyard I saw her lying by her garden, clutching her chest. "Max, call 911. I think Mrs. Stevens is in trouble!" I yelled. Max called 911 while the rest of us ran to Mrs. Stevens. Mrs. Stevens wasn't moving. Last summer I had taken a first aid class and learned CPR. I started CPR on Mrs. Stevens. Soon the ambulance arrived, and the paramedics took over the CPR. They were able to revive Mrs. Stevens. They took her to the hospital. Mrs. Stevens had had a heart attack. Our quick thinking saved Mrs. Stevens's life. The local newspaper wrote an article about what happened. Now, instead of being the neighborhood reporters, we are known as the neighborhood heroes.



Name \_\_\_\_\_

Date \_\_\_\_\_

### Read and Think

1. The poem on page 27 says, "Heroes take action when action's called for." What action did the neighborhood heroes take?

\_\_\_\_\_  
\_\_\_\_\_

2. Why did the friends become neighborhood news reporters?

- A. because they were bored
- B. to get some writing experience
- C. because they liked news

3. Why did the friends call 911 when they saw Mrs. Stevens, but not when they saw Georgie?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Word Attack

A **synonym** is a word that means the same as another word. An **antonym** is a word that means the opposite. Write whether each pair of words are synonyms or antonyms.

- 1. dull                      boring                      \_\_\_\_\_
- 2. quiet                      loud                      \_\_\_\_\_
- 3. rescued                      saved                      \_\_\_\_\_
- 4. frightened                      courageous                      \_\_\_\_\_
- 5. exciting                      dull                      \_\_\_\_\_
- 6. scared                      frightened                      \_\_\_\_\_

### Try to Apply

1. Write about a time when you helped someone.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Language Skills

The verb **be** tells what the subject of a sentence is or was. Examples of the verb *be* in the present are *am*, *is*, and *are*. Examples of the verb *be* in the past are *was* and *were*. Read each sentence. Write the correct verb in the blank.

|            |             |            |
|------------|-------------|------------|
| <b>am</b>  | <b>is</b>   | <b>are</b> |
| <b>was</b> | <b>were</b> |            |

- 1. Max's quiet neighborhood \_\_\_\_\_ pretty boring. (past)
- 2. Where \_\_\_\_\_ Georgie Willows sitting? (present)
- 3. The two friends \_\_\_\_\_ neighborhood heroes. (present)
- 4. The dog and hamster \_\_\_\_\_ in the garage. (past)
- 5. Mrs. Stevens said, "I \_\_\_\_\_ glad those boys found me." (present)

## Stray Cat Hero

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My mom is always taking in stray animals. The one I remember best was a mangy-looking kitten.

One day a dirty, hungry little kitten wandered up on our porch. Mom took pity on the poor little thing. She brought it in the house, gave it a bath, and cleaned it up. She took special care of this kitten.

One night, we were all sound asleep. Around two in the morning, I heard this loud meowing. Mom's stray kitten jumped up next to my face and began to lick me. I pushed the cat away, rolled over, and went back to sleep. The persistent cat

wouldn't take no for an answer. He went to my dad. My dad pushed the cat over to my mom's side of the bed. Although my mom is a very heavy sleeper, the cat continued to meow and lick her face. Finally, my mom woke up. At first she was annoyed. But then she realized what the cat wanted. Mom smelled gas. She immediately woke up Dad. They turned the gas off and opened all the windows. We had a gas leak that no one noticed except our stray cat.

We could have died from the gas, or our house could have exploded!

Mom's stray cat had saved us. That's how the little stray kitten became our family pet, and that's how our cat, Hero, got his name!





Name \_\_\_\_\_

Date \_\_\_\_\_

## Read and Think

1. Write a headline for this story.

\_\_\_\_\_

\_\_\_\_\_

2. Number the sentences in the order they happened in the story.

- \_\_\_\_\_ Mom took care of a stray cat.  
\_\_\_\_\_ We named the stray cat Hero.  
\_\_\_\_\_ The cat tried to wake up Dad.  
\_\_\_\_\_ The cat woke up Mom.  
\_\_\_\_\_ Mom smelled gas.  
\_\_\_\_\_ Mom and Dad turned off the gas.

**Cause** is why something happens. **Effect** is what takes place afterward. Circle the correct answer.

3. Because Hero woke up Mom  
A. she got scratched.  
B. she smelled the gas.  
C. they all woke up.
4. They opened all the windows  
A. to let Hero outside.  
B. because they were hot.  
C. because there was a gas smell.
5. Mom gave the kitten a bath  
A. because no one else would.  
B. because it was a stray.  
C. because it was dirty and she felt sorry for it.

## Word Attack

Draw a line between the present tense and past tense of each word.

- |           |         |
|-----------|---------|
| 1. take   | brought |
| 2. become | went    |
| 3. bring  | began   |
| 4. begin  | took    |
| 5. go     | became  |
6. What is a stray animal?  
A. a wild animal  
B. a dirty, hungry animal  
C. an animal without a home
7. Someone who is persistent \_\_\_\_\_.  
A. doesn't give up  
B. is very loud  
C. can smell very well

## Language Skills

Some sentences can be combined using the word **and**. Use the word *and* to combine the sentences below. Rewrite them in the space below.

1. Our cat smelled smoke. He tried to wake us.  
\_\_\_\_\_  
\_\_\_\_\_
2. Mom takes in stray animals. She gives them a bath.  
\_\_\_\_\_  
\_\_\_\_\_
3. The cat tried to wake up Mom and Dad. The cat tried to wake me up.  
\_\_\_\_\_  
\_\_\_\_\_



# The Race of a Lifetime

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## Biography

1 No one knew it when Lance was born on September 18, 1971. His parents didn't know it when they gave him his first bike. But Lance knew that he would be a winner. He was a top swimmer and triathlete by age 13. Already, Lance Armstrong had started his race for life.

2 He began to train with the Junior National Cycling Team before he was out of high school. Then he joined the Motorola United States Cycling Team. They competed all over the world. By 1996, he was the number one bike rider on earth. People expected him to win the Tour de France.

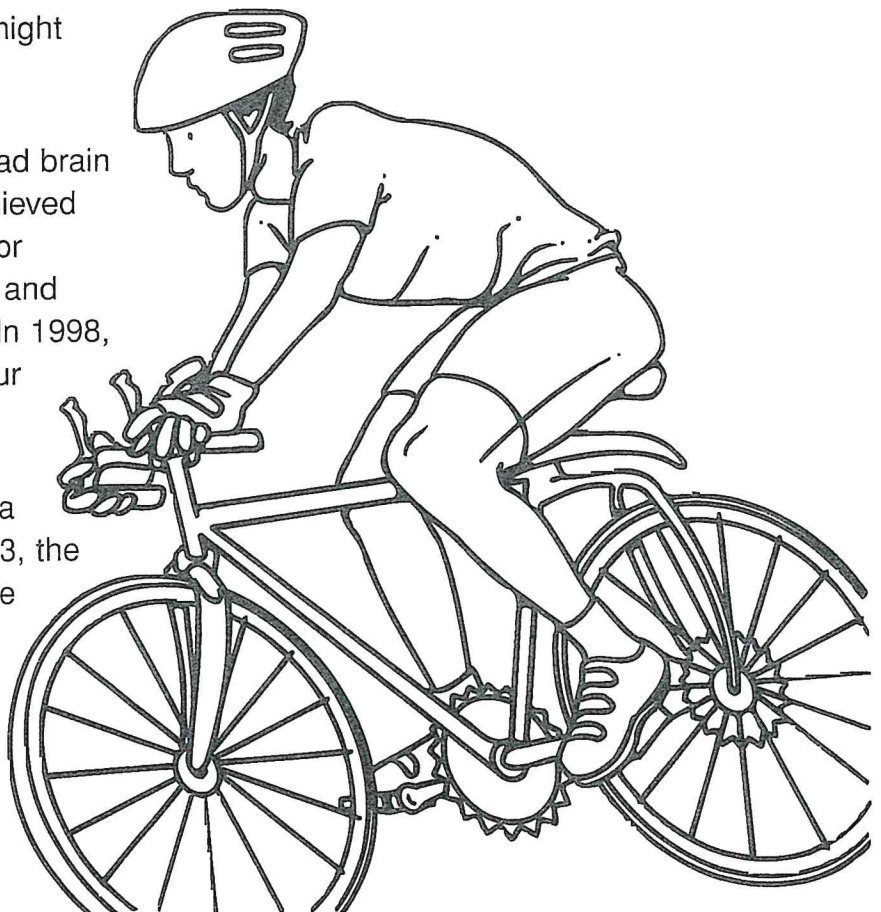
3 Instead, Lance found out he had cancer. It was spreading like wildfire. He had 11 tumors in his lungs. Some were as big as golf balls. He also had cancer in his brain and other parts of his body. Doctors told him he might not survive.

4 But Lance was a survivor. Lance had brain surgery and chemotherapy. He also believed that how people think could be helpful or harmful. He believed he would get well and began to train again after five months. In 1998, his cancer was behind him, and the Tour de France was ahead.

5 The first Tour de France began as a joke in 1903. Everyone loved it. By 2003, the race had been held 90 times. Many bike riders have finished the 2,077 miles. Each race is three weeks long. Some of the ride is on steep mountain roads. It's a great test of strength to get to the end.

6 In some of the first races, riders rode all day and night in the same clothes. Many riders threw broken glass and nails in the road where others were riding. Being a good sport has become more important since then. For example, one time Lance Armstrong's bike flipped during the race. Another rider, Jan Ullrich from Germany, slowed down to give Lance a chance to get back on his bike. Jan showed he could play fair.

7 Lance got to wear his first yellow jersey in 1999. It was given to the winner of the Tour de France. In Paris, Lance said, "If you ever get a second chance in life, you've got to go all the way." He was on his way to five wins in a row. Lance Armstrong had traveled a long way from Texas to Paris.

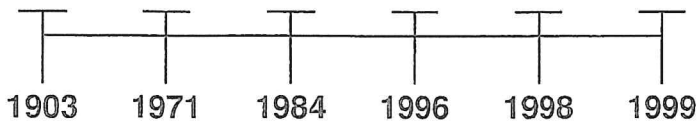


Name \_\_\_\_\_

Date \_\_\_\_\_

## Read and Think

Fill out the timeline with the number that comes before each answer below. You can find the date each event happened by looking in the paragraph number listed in ( ).



1. Lance Armstrong is born. (1)
2. Lance wins his first yellow jersey. (7)
3. The first Tour de France is held. (5)
4. Lance becomes the number one cyclist in the world. (2)
5. He was a top swimmer and athlete. (1)
6. His cancer was behind him. (4)

## Word Attack

Write the **base word** for each of the words below. Use your dictionary to help.

1. winner \_\_\_\_\_
2. swimmer \_\_\_\_\_
3. triathlete \_\_\_\_\_
4. expected \_\_\_\_\_
5. survivor \_\_\_\_\_
6. riding \_\_\_\_\_

## Language Skills

Words that tell about something are called **adjectives**. Find a word or phrase in the paragraph in ( ) that describes. List the words below.

1. \_\_\_\_\_ (7)
2. \_\_\_\_\_ (5)
3. \_\_\_\_\_ (6)
4. \_\_\_\_\_ (1)

## Try to Apply

Lance Armstrong is a hero for many cancer survivors. Think of a person you know who could be your hero. Write three complete sentences that tell about your hero.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_