

Good evening parents of the Randolph County School System,

This is Stephen Gainey. I am calling to make you aware that workouts for high school athletic teams and middle school athletic teams will be permitted to resume starting on 6/15/20. The North Carolina High School Athletic Association took action earlier in the week to make this result a reality. In addition, a decision has been made to allow marching bands at the high school level to start workouts effective 6/15/20. The following items represent several important guidelines to be enforced in relation to these workouts:

- 1) A student's participation in one of these workouts is voluntary. Furthermore, some athletic teams or marching bands may elect not to host workouts despite this opportunity.
- 2) All workouts will be held outside with the exception of basketball, volleyball, and cheerleading. Basketball, volleyball, and cheerleading will be permitted to use the school gym for workouts. However, weight rooms, wrestling rooms, athletic training rooms, band rooms, and all other facilities inside of a school will not be open for any workouts.
- 3) All workouts held outside will be limited to a total of 25 people. This number will include the coaches and band staff members.
- 4) All workouts held inside in the gym will be limited to a total of 10 people. This number will include the coaches.
- 5) Each student will be screened prior to the start of a workout to determine his or her eligibility for participation. Please note that a temperature check of the individual will be included in this screening.
- 6) Each workout will not be permitted to exceed 90 minutes. However, this limit will not include the amount of time used to screen students prior to the beginning of a workout.
- 7) All workouts will be closed to parents and other spectators.

Documents with a complete list of the guidelines associated with these workouts are posted on the school system's website as well as the website of each middle school and high school. Additional guidance regarding workouts will be provided by staff members at the school level.

This message also will be posted on the homepage of the school system's website for your reference.

I hope everyone has a great night!!!!