

# Dorchester School District 4

007 - HEAD START

Feb 25,  
2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2  CHICKEN FILLET ON BUN LETTUCE & TOMATO BAKED BEANS, BUSH'S FRUIT,FRESH ASSORTED SUCCOTASH CORNBREAD MILK	Mar - 3  MACARONI AND CHEESE MANDARIN ORANGES BROWN RICE, UNCLE BEN'S MILK 100% FRUIT JUICE ROLL,HONEY WHEAT RANCH BROCCOLI SALAD	Mar - 4  HAM BUFFET/PURCHASED BROWN RICE, UNCLE BEN'S CORN 100% FRUIT JUICE MILK PEARS, DICED IN JUICE CUP ROLLS, WHITE, PARKER HOU	Mar - 5  PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK FRUIT,FRESH ASSORTED	Mar - 6  GRITS W/ BUTTER SCRAMBLED EGGS SCRAMBLED EGGS W/ CHEES SAUSAGE PATTIE BISCUIT, WHOLE GRAIN CINNAMON PANCAKES IW MILK 100% FRUIT JUICE FRUIT,FRESH ASSORTED POTATO, HASH BROWN PATT
Mar - 9  HAMBURGER STEAK IN GRAV WHIPPED POTATOES BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK	Mar - 10  MANDARIN ORANGE CHICKE FRIED RICE TURNIP GREENS ROLL,HONEY WHEAT RANCH FIELD PEAS W/ SNAPS MILK FRUIT,FRESH ASSORTED	Mar - 11  Bag Lunch MILK FRUIT,FRESH ASSORTED	Mar - 12  PIZZA, WW STUFFED CRUST TOSSED SALAD W/ DRESSIN SAVORY PEAS RANCH DRESSING-LF FRUIT,FRESH ASSORTED MILK	Mar - 13  CHICKEN NUGGETS BREADE FRENCH FRIES GREEN BEANS, SEASONED WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK
Mar - 16  CHICKEN AND NOODLE SOUP CHEDDAR GOLDFISH CRACKE SAVORY PEAS 100% FRUIT JUICE CHILLED PINEAPPLE TIDBIT MILK	Mar - 17  CHEESEBURGER ON BUN PEARS CARROTS LETTUCE & TOMATO MILK WHOLE WHEAT SUGAR COOK FRUIT,FRESH ASSORTED	Mar - 18  CHICKEN BOWL BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK	Mar - 19  PIZZA, WW STUFFED CRUST TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK FRUIT,FRESH ASSORTED	Mar - 20  LASAGNA WITH GROUND BEE TOSSED SALAD W/ DRESSIN BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND PEACH COBBLER WG BISCUI MILK 100% FRUIT JUICE
Mar - 23  TEACHER WORK DAY	Mar - 24  CHICKEN NUGGETS BREADE ROLL,HONEY WHEAT RANCH PEAS & CARROTS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK	Mar - 25  MEATLOAF/K-8 WHIPPED POTATOES COOKED COLLARDS CHILLED PINEAPPLE TIDBIT ROLL,HONEY WHEAT RANCH MILK FRUIT,FRESH ASSORTED	Mar - 26  PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK FRUIT,FRESH ASSORTED	Mar - 27  CHICKEN NUGGETS BREADE FRENCH FRIES GREEN BEANS, SEASONED FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 30  CHICKEN STIR FRY BAKED BEANS, BUSH'S SQUASH, SUMMER 100% FRUIT JUICE MILK FRUIT, FRESH ASSORTED	Mar - 31  MACARONI AND CHEESE MIXED, BERRIES FROZEN FR MILK 100% FRUIT JUICE ROLL, HONEY WHEAT RANCH BROCCOLI SALAD			

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