The SJOG NEWSPAPER



NOVEMBER ISSUE | Published by Dara Smith-Work Warrior of the month

MEET THE PUBLISHER

Hi! My name is Dara and I am this month's Work Warrior. I have worked at SJOG for 15 years. My favorite things to do include coloring, drawing, and clean on the weekends. I also enjoy the sport of



track. I am happy that I am the
Publisher of the November
Issue because November is one
of my favorite months.

DINING WITH DARA

Favorite Thanksgiving Dish:

Turkey and Ham

This year Dara is thankful for her health, family and everyone around her.

COVID-19 TIPS & TRICKS

Face masks are an essential and necessary defense in preventing the spread of COVID-19. Some adults with intellectual and developmental disabilities may not understand why they and others need to wear them, or may have fear, anxiety, or sensory challenges that impact mask wearing. Help people find the face mask that will work best for them.

What mask work best for you?







THANK YOU!

Thank you to the *Hope with Hospitality*Committee for organizing our first virtual signature event. As we all find ourselves doing most things in a very

different way, raising the necessary funds to assist us in our mission of Hospitality is ever more challenging. We thank everyone for their creativity and their willingness to be flexible and patient.

NOVEMBER EVENTS

-Daylight Savings Time Ends(11-1)

-All Saints' Day (11-1)

-Election Day (11-3)

-Vo

-Veterans Day (11-11)

-Thanksgiving (11-26)

-Black Friday (11-27)

DID YOU KNOW?

S.M.A.R.T.S. is a self-advocacy group run by and for individuals with disabilities in the Fulfillment
Center. Meetings involve group discussions on concerns at work, home or elsewhere in the community as well as highlighting accomplishments. Additionally, S.M.A.R.T.S. Sponsors two events each year, the talent show and the holiday party to promote group awareness and celebrate achievements!



Pictured above: Mark S, Jason M, Dean M and Lisa G.