

Laguna Division of Early Childhood

PO Box 798 Pueblo of Laguna, NM 87026

Phone: 505-552-6544 Fax: 505-552-7533

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Parent Committee Meeting
Parent Education
Father Involvement Activities

Flyers:

Health Presentation
Healthy Beverage & Non
Nutrition Sweetness
Blue Cross Blue Shield of New
Mexico



Upcoming Events/Dates:

May 2021 Newsletter

⇒ Wednesday May 5, 2021 Parent Committee Meeting 2:00pm (see flyer)

⇒ Sunday May 09, 2021 Mother's Day



⇒ Tuesday May 11, 2021

Life Cycle of Plants/Trees & Human Demo. What is needed to Grow?

⇒ Tuesday May 18, 2021
Health Presentation-2:00pm (see flyer)

⇒ Wednesday May 19, 2021
Diaper Distribution 8:00am-3:00pm
(Call front office before arriving)

⇒ Thursday May 20, 2021 Nutrition Activity Demo-Healthy Beverage 2:00pm (see flyer)

⇒ Monday May 31, 2021 NO VIRTUAL LEARNING NO SCHOOL









Early Head Start News

Sunnyside Classroom May News

TEACHER NAME(S): Andrea Lucario & Marilou Arkie EMAIL(S): a.lucario@lagunaed.net OR m.arkie@lagunaed.net

UPCOMING EVENTS

5/13/21 Virtual Fieldtrip to The Zoo

5/19/21 Diaper Distribution—8-3

5/20/21 Nutrition Activity Healthy Beverages

5/27/21 Playground Virtual Fieldtrip





OUR LEARNING FOR MAY

SOCIAL EMOTIONIAL: Respond to emotional cues.

PHYSICAL: Use writing and drawing tools.

LANGUAGE: Use language to express thoughts and needs.

LITERACY: Make scribbles and marks.

COGNITIIVE: Imitate others using objects in new ways.

MATHEMATICS: Count or repeat numbers 1-3

SCIENCE: Make connections between things.



NEW WORDS TO LEARN IN MAY:

Dance-turn, sway

Balls-roll, catch

Ball- mau-tha-shook-oo

Nutrition-beverage, healthy

Mother-Ni yah



ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: 8:05am & 10:05am

INTERVENTION: Monday-Wednesday 12:00pm & Thursday 9:00am

ENRICHMENT: Monday-Thursday 9:30am, 11:00am. Friday 11:00am

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Children showed different facial expressions and adjusted well to change (Babysitter/Daycare)

PHYSICAL: Two children are walking. One child is climbing furniture.

LANGUAGE: Children used sign language and pronounced sounds to words.

LITERACY: Children interacted with books by pointing and making sounds.

COGNITIIVE: Children connected their experiences to their home life.

MATHEMATICS: Children were exposed to counting objects.

SCIENCE: Children observed and explored their environment using senses.

DATE TO REMEMBER/STUDENTS CELEBRATIONS

5-9-21 Mother's Day

5-31-21 No school/Memorial Day

STUDENT CELEBRATIONS:

One child is walking and another has an upcoming birthday.

PARENT /FAMILY TIP SHEET

"During meal time talk about food shapes and colors"

Playing is learning!





China Town Classroom

May News



TEACHER NAME(S): Margaret Mascarenaz & Venessa Deutsawe

EMAIL(S): mmascarenaz@lagunaed.net & v.deutsawe@lagunaed.net

UPCOMING EVENTS

- ⇒ 5/13/2021 Virtual Field Trip "ZOO"
- ⇒ 5/20/2021 Nutrition Activity "Nutritional Beverages"
- ⇒ Virtual Play Ground Field Trip
- ⇒ Diaper Distribution is on May 19,2021 8am—3pm * (please call ahead, before picking up)

NEW WORDS TO LEARN IN MAY:

Dancing-turn, sway

Balls-punt, Toss

Ball- mau-tha-shook -oo

Mother - Ni-yah



ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: 8:05 am AND

10::05 am

INTERVENTION: N/A

ENRICHMENT: Monday -Thursday 1:00 pm 1:30 pm & 11:00 am



OUR LEARNING FOR MAY

SOCIAL EMOTIONIAL: Communicate personal likes and dislikes through verbal and non-verbal actions and choices.

PHYSICAL: Kick throw and roll a ball. Imitate drawing lines on paper.

LANGUAGE: Talk in simple sentences that gradually increase from two to several words.

<u>LITERACY</u>: Anticipate events in a familiar story by vocalizing or demonstrating what happens next when asked by an adult.

<u>COGNITIVE</u>: Group or sort objects in categories, by size, color or shape.

MATHEMATICS: Learn the names of basic shapes, e.g. circle, square, triangle.

SCIENCE: Experiment with physical items and notice what happens, water painting.

MILESTONES MET IN APRIL

SOCIAL-EMOTIONIAL: Participated in familiar routines.

PHYSICAL: Walked smoothly and began to run.. Turned pages in a book.

LANGUAGE: Used two to three word sentences.

LITERACY: Listened to a simple story and identified pictures when asked.

COGNITIIVE: Chose to do things for themselves.

12345

MATHEMATICS: Began to count, with accuracy 1-5.

SCIENCE: Identified objects of nature while playing outdoors.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

*China Town welcomes a new student.

*Happy Birthday to a special little girl that turns two on May 10th.



PARENT /FAMILY TIP SHEET

*During meal time, talk about the color and or textures of the food.

*Remember that play is your child's environment for

learning.





MAY 2021

TEACHERS: Margaret & Venessa

TEACHERS: Andrea & Marilou



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THEME: BALLS LIFE WAYS: DANCING	NUTRITION: HEALTHY BEVERAGES					1
2	Dance with your child to a favorite tune.	Learn a new Keres word. (Name of Child in Keres)	Make loud/quiet shaker using: rice, rocks, beans, cotton balls, tissue paper. Paper towel rolls	Name Recognition Write your child's name and display throughout the home.	Throw different sizes of balls in to a basket or box Spend Time with your mom, Do something Special w/ MOM	8
happy Vother a dev	Matching colors around your home	Fill and dump containers : indoors or outdoors like sand, water, small toys	Play Ball using a large ball to have your child catch, kick and throw	Counting Counting objects around the home like toys, spoons, cars	Encourage New words using the game "Simon Says" like: wiggle your fingers, toes, clap, leap and sway.	15
16	"Doo -A-Little Dance" Move and make sounds of animals	Read with your child and talk about the pictures in their favorite book	Exploring rocks Talking about the rocks your child finds like: size, texture, weight	Healthy Beverages Make a healthy drink or try something new	A Fun Path Making a path that your child can go through, using words to describe his actions	22
23	"Repeat me" Repeating the words back to your child and adding more words	Songs and Stories Use your child's name in the story/song.	Move and Freeze To child's favorite song.	Water soup Using sand water, talking about mixing and materials	Imitation Games Imitation of movements, facial expressions, words	29
30	Fun with Patterns Making sounds and having your child follow you like clap, clap slow, slow, fast Memorial Day NO SCHOOL	Daily Zoom Sessions 8:05 am 10:05 am	Enrichment/ Interventions Sessions: China Town Classroom Sunnyside Classroom	Enrichment:(03) M-THR @ 1PM (02) M/TUES @ 11AM M/THRS @ 11AM Enrichment: (01) (Monday - Thursday) @ 1:30 PM	Enrichment M – Thr@9:00 Intervention M – Thr@9:30 Enrichment M – Fri @11:00	



Turquoise Springs & New York May News

TEACHER NAME(S): Bianca, Annabelle .Juana

EMAIL(S): b.saiz@lagunaed.net/j.garcia@lagunaed.net/j.natseway@lagunaed.net

UPCOMING EVENTS

- ⇒ May 14-Virtual Field Trip to the San Diego Zoo
- ⇒ May 11-Healthy Beverage Demo Family Engagement
- ⇒ May 20-Nutrition Activity at 10:30am ZOOM Session
- ⇒ May 21-Virtual Field Trip to the Monterey Bay Aquarium
- ⇒ May 28-Virtual Field Trip to the Boston Children's Museum

OUR LEARNING FOR MAY

SOCIAL EMOTIONIAL: Learn about rules, Safe place, We wish you well, Breathing Techniques.

PHYSICAL: Trace Letters and Body Movements.

LANGUAGE/CULTURE: Back and forth conversations with teachers and peers. Repeat juice words.

LITERACY: Read books, understand and use language. Learn new vocabulary words.

COGNITIIVE: Attend and engage to complete a variety of tasks and activities.

MATHEMATICS: Verbal counts up to 10 and names five basic shapes. **SCIENCE:** Explore sea life, insects, zoo animals, and nature.

NEW WORDS TO LEARN IN MAY:

Help

Live.Life.Healthy

Life Cycle

Healthy



Aquarium

Zoo

Museum

Water/Milk

Spring

Weather



MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Interacted with peers and adults, sharing, and being mindful.

PHYSICAL: Imitated body movements, using fingers and hands to move to music.

LANGUAGE: Identified familiar people, animals, and objects when prompted. **LITERACY:** Responded to questions about book read aloud. Recognized the alphabet.

COGNITIIVE: Recognized and recalled familiar people and objects, and engaged in dramatic play.

MATHEMATICS: Counted to 10 on fingers and followed simple directions related to position.

SCIENCE: Learned how to take care of our environment by recycling.

ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: #1-8:30am-8:45am #2-10:30am-10:45am

INTERVENTION: 12:00pm/1:00pm ENRICHMENT: 9:00am

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/5 Cinco De Mayo 5/9 Mother's Day 5/19 Diaper distribution 8:00am-3:00pm 5/31- No School/Memorial Day



STUDENT CELEBRATIONS:

Shout Out to Maggie, Cody, Melissa, Taylor, Chancelor, Carly Andre, Daniel, and Yuriah for attending both daily ZOOM sessions

Using more vocabulary words to express wants and needs.

PARENT/FAMILY TIP SHEET

Helping your child engage in activities:

- *Engaging your child in back and forth conversations
- *Limit distraction such as TV off, no food/drink, & toys
- *Follow daily rules/routines
- *Be mindful of others-mute microphone

May 2021

day	→	00	15	22	29
Saturday					
Friday		Go for a walk & count (English & Keres) how many objects you saw that are orange and yellow.	Play Catch with mom or dad using a small & large ball (compare the size of the balls).	Drink at least 2 cups of water today.	28
Thursday		6 Tear newspaper using thumb and pointer finger.	Find the color Find how many colors are in your house and say them in Keres.	Nutrition Activity- Healthy Beverage (10:30am Session)	27
Wednesday		Kick a ball with your leg while standing next to it and alternate legs.	Go for a walk & count (English & Keres) how many objects you saw that are blue and green.	Do simple yoga poses with your child. Link below. youtube.com/ watch?v= 0jXrHTGYox4&t=54s	26
Tuesday		Whisking Bubbles Pour dish soap in a container with water & have your child use a whisk to stir & make bubbles. Count how many times you stir.	Parent Engagement- Healthy Beverage Sing the ABCs song	Practice snipping with scissors at the edge of a paper.	25
Monday		Read the Story: Watch Me Throw a Ball-link below. youtube.com/ watch?v= CMIdDJe5-ZI	Letter Recognition Place the letters in your child's name around the house. Have your child find their letter and say the letter.	Go for a walk & count (English & Keres) how many different shapes you saw.	24
Sunday		2	σ	16	23

Kick a ball that is being rolled to you. Alternate legs to kick the ball.	
Go for a walk & count (English & Keres) how many objects you saw that are red and purple.	
Playdough Shapes Make different shapes with the playdough using fingers and hands to flatten out dough.	
Enjoy reading your favorite book together while snuggling on the couch.	
Drink at least 2 cups Enjoy reading your of water today. favorite book together while snuggling on the couch.	Memorial Day No School Take a drive and talk about the things you see.
	30

Children learn from anything and everything they see. They learn wherever they are – not just in special learning places.

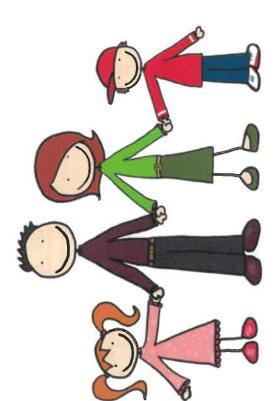
John Holt

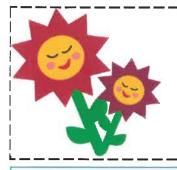


Childhood is not a race to see how quickly a child can read, write, and count. It is a small window of time to learn and develop at the pace that is right for each individual child. Earlier does not equal better.

Magda Gerber







CASA BLANCA & VILLAGE CLASSROOMS



2021

Teacher Name(s): Sandra Lewis (CB) s.lewis@lagunaed.net- (505) 933-2390 Kari Ray (CB) k.ray@lagunaed.net-(505) 205-3322 Carolynn Nez (Village)-c.nez@lagunaed.net- (505) 290-3512

UPCOMING EVENTS

- \Rightarrow 5/9/21 Mother's Day
- ⇒ 5/11/21—Demonstration of life Cycle of plants, trees and humans.
- ⇒ 5/19/21—Diaper Distribution 8 a.m. to 3 p.m.
- ⇒ 5/20/21– Healthy Beverage Demo
- \Rightarrow 5/31/21 Memorial Day

New Words to Learn in May

Planting	Baseball Bowling	Chrysalis
Water		
Soil	Weather	
5011	Life cycle	
Sun	Ene cycle	
	Butterfly	Transform
Seeds		
Basketball		16
Football		

*ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: Everyday @8:45 a.m., and 10:45 a.m., Mon-Thurs.

INTERVENTION: (CB) Mon. thru Thurs. @ 9:30 a.m. AND Mon. thru Thurs. @ 11 & 11:30 a.m.

ENRICHMENT: (CB) Monday thru Thursday @ 9 a.m. AND (V) Mon. thru Thurs. @ 12:30 to 1p.m.

OUR LEARNING FOR MAY: Balls

This month, we will be learning about different types of balls, the sports they are used in and what they look like.

Social Emotional: Assertiveness (Taking turns, sharing)

<u>Physical</u>: Students will demonstrate gross motor manipulative skills. Throwing balls, catching balls, kicking balls.

<u>Language:</u> Students will use language to express thoughts and needs. Use an expanding expressive vocabulary. Throwing, catching, kicking, bouncing.

<u>Literacy:</u> Comprehend and respond to books and other texts, read stories about sharing and take turns with toys like balls, blocks, or other toys.

<u>Cognitive:</u> Students will demonstrate positive approaches to learning, engage in games with different kinds of balls.

Mathematics: Uses number concepts and operations, and quantify.

<u>Science</u>: What is needed to grow? Demonstrate knowledge of the characteristics of living things.

Nutrition: Demonstration of a healthy beverage. Smoothie.

MILESTONES MET IN APRIL: Recycling

Last month we learned about recycling.

<u>Social emotions</u>: Established and sustained positive relationships. Interacted with peers in discussions about objects we can recycle.

Physical: Demonstrated balancing skills. Yoga and breathing skills.

<u>Language:</u> Listened to and understood increasingly complex language. Vocabulary words: recycling, transter station, compact, garbage, plastic, glass, metal

<u>Literacy:</u> Comprehended and responded to books and other texts. Recycling book: Where does it go?

<u>Cognitive:</u> Demonstrated positive approaches to learning. Showed curiosity and motivation about learning more on our virtual field trip to the Laguna Transfer Station.

<u>Mathematics:</u> Compared and measured. Discussed how to organize objects to recycle by their characteristics.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/31- No School/Memorial Day

STUDENT CELEBRATIONS: 5/27—Happy Birthday Allenah Coriz!

PARENT/FAMILY TIP SHEET

- Read to your child for 20 mins each night. Use reading log form.
- Watch recorded sessions if your child did not attend sessions.



Casa Blanca & Village Classrooms

Saturday	HELLO MAY!! Begin the new month with a random act of kindness!	00	15	22	29	
Friday		7 String Cheerios or Fruit Loops to make a beautiful necklace.	14 Stack as many blocks or Legos as you can to create a tall tower!	Make bubble mixture with dish soap	Make water color paint with 1 cup of water and 3 drops of food coloring. Start painting	
Thursday		Play catch with your mom and dad. You can also kick the ball or bounce it on yourknee!	13 Dance to your favorite song!	20 Make a healthy beverage at home! You can try making a smoothie!	Watch your favorite Dr. Seuss movie with your family.	**Happy Birthday to Allenah Coriz on May 27th!!**
Wednesday		5 Write your name in the sand with a stick or rock.	Draw a picture of a butterfly!	Cut out letters of your name from magazines and glue to paper.	26 Read The Very Hungry Caterpillar and learn about a butterfly's life cycle.	
Tuesday		4 Count all the leaves on a plant you find outside!	Plant a new plant with someone	Dress yourself today! Try snaps, buttons or zippers!	25 Help mom or dad make dinner tonight!	
Monday		Read your favorite book with your sibling or other relative.	Go on a nature walk and look for new plants that have sprouted.	Set up a table outside forwater play. Use cups, spoons, straws or sponges!	24. Dig a hole outside in the dirt, using your hands, cups, sticks or rocks.	31 MEMORIAL DAY NO SCHOOL
Sunday		2	9 Happy Mother's Day! Make a wrist corsage formom with pipe	16	23	30

Encinal Classroom May News



Preschool Head Start News

TEACHER NAME(S): Ms. Marissa & Ms. Kailyn

EMAIL(S): m.analla@lagunaed.net & kailyn.aragon@lagunaed.net

UPCOMING EVENTS

- 5/25/21- Cooking Demo
- Diaper Distribution: May 19, 2021
- Nutrition Activity: May 20, 2021



NEW WORDS TO LEARN IN MAY:

*Ball

*Bounce

*Density



*Material

*Sizes

*Shapes

*Rolling

ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: Mon-Thurs

9:20 (First Session)

11:20 (Session)

INTERVENTION: Mon-Thurs

11:45-12:15

12:30-1:00

ENRICHMENT: Mon-Thurs

9:45-10:15

OUR LEARNING FOR MAY

SOCIAL EMOTIONIAL: Establish and Sustain Positive relationships with adults and peers.

PHYSICAL: Demonstrate traveling and balancing skills. Use hands and fingers.

LANGUAGE: Follow directions. Engage in conversations. Express vocabulary.

LITERACY: Write names/new vocabulary words, letter recognition, convey pictures.

COGNITIIVE: Classify objects, Show curiosity and motivation.

MATHEMATICS: Count and connect quantities to numeral. Explore shapes.

SCIENCE: Measure, predictions.

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Interacted with peers: children greeted each other when logging onto Zoom sessions. Took care of own needs: Cleaned up after self. Said thank you to families for heling with activities.

PHYSICAL: Used hands and fingers: cut/tore paper, poured, scooped, mixed.

LANGUAGE: Comprehended Language/Followed directions: Friends followed along and listened to what teacher was doing. Put 2 pictures together to make 1 word.

LITERACY: Children were able to identify the Recycle symbol. Children were able to interact during read aloud (YouTube stories), Children made letters out of outdoor sticks, crayons, toothpicks, noodles and shaving cream.

COGNITIIVE:: Recognized and recalled events or past discussions.

MATHEMATICS: Counted and matched quantities with the correct numerals.

SCIENCE: Made predictions, observed chemical reactions, measured.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

THANK YOU FAMILIES AND FRIEND ON YOUR ATTENDANCE DURING OUR ZOOM SESSIONS.

PARENT / FAMILY TIP SHEET

*Continue to send receipts of any materials purchased for children.

*Continue to check emails for any updates, news, or activities.

May Encinal Room 2021

Theme: Balls

Nutrition: Healthy Beverages

Culture: Dancing, Laguna Games

Saturday FRESH DAV FRESH	The More that To Wore they's To will know they's To will know they to Learn, the More places To I as	Life of the original of the original or	N
Friday	Make your own silly putty! Link to the recipe https://onelittleproject.com/dish-soap-silly-putty/2/. Write down how the process went.	Sort balls by their color!	7.
Thursday	Paint with balls! On a sheet of paper, put different colors of paint onto the paper. Roll a plastic ball through the paint. What two colors created a new color?	Chocolate Banana Smoothie Ice (handful or two) 2 large bananas 1 ½ cups non-fat vanilla soy milk ¼ cup low-fat vanilla yogurt 1 tbsp. chocolate hazelnut spread (Nutella)	07
Wednesday	Read a book! Ask your child who, what, where, why, and how questions relating to the story. Via YouTube Bounce by Doreen Cronin	Freeze Dancel Play your child's favorite song, and dance your heart out, stop the music and say Freezel Hold position for 3-5 seconds. Repeat.	1 21
Tuesday	Make a Strawberry Smoothiei 2 cups unsweetened frozen strawberries ½ cup cranberry- raspberry juice ¼ cup orange juice ¼ cup orange juice ¼ cup orange juice	Water Balloon Toss! Fill up two balloons with water. Stand 3 feet apart, toss the balloon to your partner, increase the number of feet as you continue tossing the water balloon.	01
Monday	Spatial movements with a ball. In an open area or space, have your child hold a beach ball above their head, to the left side, to the right side, hop up and down, side-step, hop on one foot, under foot, on top.	Read a book! Ask your child who, what, where, why, and how questions relating to the story. Via YouTube ABCs of Balls by Nina Snyder	
Sunday	You Can Bo IM	THE MICHT THING	0 -

you're AMAZING just the way you ARE	You are blessed You are blessed You are special You are wigne
Make an Apple banand smoothie! 1 cup applesauce Dash of cinnamon 1 cup milk 1 banana cut in chunks	Activity: Simon Says: Play "Simon Says" with your family to get everyone moving! "Jump 4 times" "hop like rabbit" "walk like a duck" "run in place" "touch your shoulders" "stand on one foot for 5 seconds"
Keep It Up! Use a beach ball or a balloon. Object of the game is to keep the ball up in the air. Use different body parts to keep the ball in the air.	Pass the ball with your feet! With one or two family members, sit in a circle or across from one another. Pass a ball to one another using ONLY your feet. How did your child feel about using only their feet?
Read a book! Ask your child who, what, where, why, and how questions relating to the story. Via YouTube Hit the Ball, Duck by Jez Alborough	Read a book! Ask your child who, what, where, why, and how questions relating to the story. Via YouTube The Story of Red Rubber Ball by Constance Kling Levy and Hiroe Nakata
Kick the cup- Alphabet Activity Link to the activity: https://tunlearningforki ds.com/ball-theme- alphabet-activity-kick- the-cup/	Name Hunt Help your child write their name on a piece of paper. Search around your home and look for each letter from your child's name. Cross it off once you find it. Discuss how the letters make a word. MIChelle
Shared Writing: With your child, list as many different types of balls as you can. Discuss which ones are your child's favorites. Count how many you have and write the number	Name/Letter writing with cotton balls! Sale High-Five Dance! With a partner, face each other, and create a dance with claps, high fives, double fives, low fives and snapping.
Today is a great day to learn something new.	Why fit is when you were born to stand out? * See 30 * A P P P P P P P P P P P P P P P P P P



Ts'iimuuna-Classroom

(Paraje)

May-Shawiisishru Daawaatra News

TEACHER NAME: Mrs. Carol Pedro

EMAIL: c.pedro@lagunaed.net

OUR LEARNING FOR MAY

UPCOMING EVENTS

- 5/9/2021 Happy Mother's Day
- 5/11/2021 Life Cycle of Plants/ Trees & Humans. What is needed to Grow?
- 5/19/21 Diaper Distribution 8 am-3pm
- 5/20/2021 Nutrition Activity **Healthy Beverages**
- 5/31/2021 NO-SCHOOL NO ZOOM SESSIONS

SOCIAL EMOTIONIAL: Spending time with family members. Playing with balls of all shapes.

PHYSICAL: Children will play with balls in many different ways: throwing, catching, kicking, and rolling them. Children will maneuver balls, marbles, and other rolling objects, change speed and direction

LANGUAGE: introduce vocabulary to describe the balls, texture, and characteristics of the ball. Engage in conversations, ask and answer questions, and encourage critical thinking.

LITERACY: Phonological awareness, knowledge of print, letter sounds and words, different types of sports, and identification of all balls.

COGNITIIVE: Demonstrate eagerness to find out more how balls work. Problem solving.

MATHEMATICS: Extend children's visual comparisons of length (how far can you throw a ball), height (bouncing), weight and the area (size).

SCIENCE: Children will learn about natural forces such as how gravity and friction affect the movement of balls. Children will use all senses when playing with balls to describe how it feels, and how it sounds.

NEW WORDS TO LEARN IN MAY:

Ball Heavy Gravity Bounce Air Diameter Sphere Heavy Roll **Keresan Word:** Light maa'day'shuu'guu (ball)



SOCIAL EMOTIONIAL: Children learned about the many Native plants that grow within their community, identifying how they look, and distinguishing a native plant from a weed.

MILESTONES MET IN APRIL

PHYSICAL: Children demonstrated their gross motor skills by dancing to music, and stretching movements.

LANGUAGE: Understood Keres words for the native plants, Introductions of each child in the Keres language. Children made progress repeating Keres words.

LITERACY: Recognized letters and sounds by identifying their names and those of their peers, and words such as, recycle, reduce and reuse.

COGNITIIVE: Understood that when we make trash we can help out by reducing trash, recycling to make new products, and reusing materials for other purposes.

MATHEMATICS: Rote counting 1-10 or more, counting in Keres. 7 days of the week.

SCIENCE: Children learned of how trash helps plants by learning of certain materials needed to make compost.

ZOOM INSTRUCTION SCHEDULE:

REGULAR ZOOM SESSION:

1st session: Begins at 9:05-9:20 am

2nd session Begins @ 11:05-11:20 am

INTERVENTIONS:

Every day Monday—Thursday 12:00pm to 12:45pm

ENRICHMENT:

Monday-Thursday 3:00-3:15 pm

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

Thank you to the following children who attend zoom sessions on a daily.

Jazmine, Mila, Corey, Hazel, Jacob, Maxine

PARENT / FAMILY TIP SHEET

Make a quiet place for your child to learn.

Use encouraging words at home.

Reminder to get on Hatch tablet

Thank you Parents/Grandparents for your support every day for getting them up and on line school. "I Wish You Well"



Seama-Zee yama-Classroom May-Shawiisishru Daawaatra News

Gu whaa zee say hou bau!

TEACHER NAME(S): Ms. Kayla Martinez/Mrs. Peacock

EMAIL(S): k.martinez@lagunaed.net/ l.peacock@lagunaed.net

UPCOMING EVENTS

- ⇒ 5/9/2021 Happy Mother's Day
- ⇒ 5/11/2021 Life Cycle of Plants/ Trees & Humans. What is needed to Grow?
- ⇒ 5/19/21 Diaper Distribution 8-3
- ⇒ 5/20/2021 Nutrition Activity Healthy Beverages
- ⇒ 5/31/2021 NO-SCHOOL NO ZOOM SESSIONS

NEW WORDS TO LEARN IN MAY:

Ball Maa dae shook ooh
Gravity Elasticity
Air Bounce
Sphere Diameter
Roll Heavy
Light



ZOOM INSTRUCTION SCHEDULE:

REGULAR ZOOM SESSION:

1st session: Begins at 9:03 am

2nd session Begins @ 11:03

INTERVENTION:

Every day

Monday—Thursday

beginning 11:30 to 12:45

ENRICHMENT:

Monday-Thursday 9:45 to 10:00

OUR LEARNING FOR MAY

SOCIAL EMOTIONIAL: Participate cooperatively and constructively in group situations, learning to work together and taking turns.

PHYSICAL: Children will play with the balls in many different ways: throwing, catching, kicking, and rolling them. Children will maneuver balls, marbles, and other rolling objects change speed and direction

LANGUAGE: introduce vocabulary to describe the balls, texture, characteristics of the ball. Engaging in conversations; asking and answering questions.

LITERACY: Phonological awareness, knowledge of print, letters sounds and words. Different types of sports, identification of all balls.

COGNITIIVE: Demonstrate eagerness in finding out more about how balls work. Problem solving.

MATHEMATICS: introduce math concepts related to measurement and number.

SCIENCE: Children will see how natural forces such as gravity and friction affect the movement of balls.

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Children understood the many Native plants that grow within their community, what they look like and how we use them.

PHYSICAL: Children demonstrated their gross motor skills by dancing to music, stretching movements.

LANGUAGE: Understood Keres words for the native plants, and introductions of each child in the Keres language. Children made progress repeating Keres words.

LITERACY: Recognized letters and sounds by identifying child's name and that of their peers.

COGNITIIVE: Understood that when we make trash we can help out by reducing trash, recycling to make new products, and reusing material for other purposes.

MATHEMATICS: Rote counting 1-10 or more, counting in Keres. 7 days of the week.

SCIENCE: Learned how to use compost material to help our plants grow. Trash is also helpful for plants.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

PARENT / FAMILY TIP SHEET

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

Thank you to the following children who attend zoom sessions on a daily.

Zaybien, Lucas, Akila, Ila Lennox and Tyrann

Make a quiet place for your child to learn.

Use encouraging words at home.

Reminder to get on Hatch tablet

Thank you Parents/Grandparents for your support every day for getting them up and on line school. Your awesome

May 2021 Shawiishrau Daawaatra

SEAMA & PARAJE CLASSROOM: Mrs. Faye Peacock-Ms. Kayla Martinez-Mrs. Carol Pedro

Monday Ruunishedze	Tuesday Maasiidze	Wednesday Sinakiadranee	Thursday Sruuweweedzeese
O3 Find a variety of balls, describe what they do, what they look like, what color are they? What can you do with them?	O4 Count all the balls you discovered and sort them by size and color.	O5 Find items in a magazine that begin with your first letter of your name cut and paste for letter recognition and sounds.	Use one of the balls you discovered and play catch with mom, dad or other siblings. Use gross motor skills. Catch and throw.
Have your child pick a favorite book of their choice to read. Have your child discuss the beginning, middle and end of story.	Ask family members, is your head bigger or smaller than this golf ball? Compare with other sizes of balls.	Alphabet Scavenger Hunt. Use child's letters of name with sticky notes place letters around the house. With letter card have child match up the letter and spell out name.	Use a ball that bounces and try to dribble the ball using both hands, try using one hand and switch off using the other hand.
Using a mirror, have child draw themselves, have your child describe their different attributes (what they look like, what they like to do and what they are good at) and draw them on paper.	18 Gather paper towel rolls and small balls or marbles create, something that you can see the balls roll through.	Go outside kick a ball, or play a game of kick ball, make your own tag ball and have it bounce off your head. You can use old socks, plastic wrap, newspapers or tin foil. Be creative.	20 Read the story "Froggy Plays Ball". What kind of sport does he play?
Play a game with some ping pong balls and try to make the balls in the cups. Tally up your scores.	25 Parents play some music and show your child some dance moves, slow & fast moving.	Ask family members what type of sports did they played when they were growing up. What was your team called, what type of ball was used for this sport?	27 How do I feel today? Have your child look into a mirror, how do you feel? Can you draw your feelings and why are you feeling this way?
Paint with a golf ball. Get a box line it with paper, get some paint put the ball into a color of paint and set it on the paper. Let the ball roll around on paper. Observe the different designs the ball makes.			Scavenger



Classroom

Mesita

May News



TEACHER NAME(S): Candice Lucero & Kylie Patricio

EMAIL(S): c.lucero@lagunaed.net & k.patricio@lagunaed.net

UPCOMING EVENTS

- ⇒ 5/11/21 Life Cycle of Plants by Paraje Classroom
- ⇒ 5/20/21 Healthy Beverages Nutrition Activity





NEW WORDS TO LEARN IN MAY:



Ball

Plant

Environment

Beverages

Estimate

Weight

Measure



ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION:

AM Zoom: 9:45am-10:00am

PM Zoom: 11:45am-12:00pm

INTERVENTION:

10:00am-10:15am, 12:00pm-12:15pm and 1:00pm-1:15pm

ENRICHMENT:

9:00am-9:30am

OUR LEARNING FOR MAY "BALLS"

SOCIAL EMOTIONAL: The skill of assertiveness means to encourage others, being open, expressing wishes, thoughts and feelings. Children will engage and participate in Conscious Discipline: S.T.A.R. Breathing, Chanting at the end of breathing: "I am Safe" "I can Handle this."

PHYSICAL: Children will demonstrate gross-motor manipulative skills, when bouncing, throwing, and kicking the ball.

LANGUAGE: Children will learn all the different types of balls and will discuss what the ball does.

LITERACY: Children will demonstrate the knowledge of the alphabet. Children will demonstrate phonological awareness, phonics skills, and word recognition.

COGNITIIVE: Children will demonstrate positive approaches to learning. Children will read books that have to do with the Ball Study.

MATHEMATICS: Children will weigh, bounce and discuss what the difference is for each of the balls. Children will also measure and count how many balls they have around at home.

SCIENCE: Children will engage and participate in hands on activities about a life cycle of the plant.

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Children used language to express thoughts and needs and expressed what they like about themselves. Children learned to regulate their own emotions and behaviors through read aloud: I Like Myself by Karen Beaumont. PHYSICAL: Children learned "Going on a Journey". Children were to explore and use their imagination on where they wanted to go on a journey to. Children also exercised when starting class time. LANGUAGE: Children learned and demonstrated knowledge of print, the knowledge of the alphabet, emergent writing skills. LITERACY: Children made their own "Paper Bag Princess" using their own creativity. We read the book called "The Paper Bag Princess." Children were able to make a Garbage Monster using items that can be recycled. MATHEMATICS: Children counted and quantified items. Children were able to explore and describe shapes. SCIENCE: Gummy Bear Growing Experiment. Children used Scientific Theory and made predictions while using real world connections.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/14/21– Pictures/Permission Slips are due for Transition Ceremony

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

5/23- Happy Birthday Jace!

PARENT / FAMILY TIP SHEET

Breathe & Take a break! Take a 10-15 minute break. Go for a walk, breathe, eat a healthy snack or shut your eyes for a few minutes as well as drink plenty of water.

Any reading throughout the month place on Reading Log.



Laguna Classroom May News letter

TEACHER NAME(S): Ms. Deutsawe and Ms. Yvonne

EMAIL(S): c.deutsawe@lagunaed.net/y.francis@lagunaed.net

UPCOMING EVENTS

- ⇒ 5/11/21-Life Cycle of plants/trees and humans activity
- ⇒ 5/20/21- Nutrition Activity (Healthy Beverages)
- ⇒ 5/19/21-Diaper Distribution (8-3)
- ⇒ 5/31/21− No School Memorial Day



NEW WORDS TO LEARN IN MAY:

Hypothesize

Estimate

Environment

Keres word for ball-M'aadaishuk'u

Bounce

Height/Weight

Dribble

ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: 9:45-11:00/11:45-12:00

INTERVENTION: 10:15-11:00/11:15-11:30/12:15-12:30/12:30-12:45

ENRICHMENT: 10:40-11:00



OUR LEARNING FOR MAY (BALLS)

SOCIAL EMOTIONIAL: Regulate own emotions and behaviors, follows limits and expectations.

PHYSICAL: Demonstrate balancing and traveling skills, rolling, kicking, bouncing balls.

LANGUAGE: Use language to express thoughts and needs, use an expanding expressive vocabulary. Use words to describe how they are bouncing a ball; high, low, behind, in front.

LITERACY: Demonstrate knowledge of the alphabet, Identify and name letters, use letter-sound knowledge, singing "We have the alphabet in our mouth" song.

COGNITIIVE: Remember and connect experiences, recognize and recall, make connections to the real world.

MATHEMATICS: Use number concepts and operations, count, quantify, measure and weight different kinds and sizes of balls.

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Managed feelings, by using conscious discipline (breathing)

PHYSICAL: Used writing and drawing tools, children did hands on Activities.

LANGUAGE: Engaged in conversation, book discussions, children were able to retell stories we read.

LITERACY: Noticed and discriminated rhyme, sang and listened to words that sounded the same, children made up simple rhyme patterns.

COGNITIIVE: Remembered and connected, recognized and recalled, made connections to real world. During hands on activity children were able to use things in their home.

MATHEMATICS: Explored and described spatial relationships.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

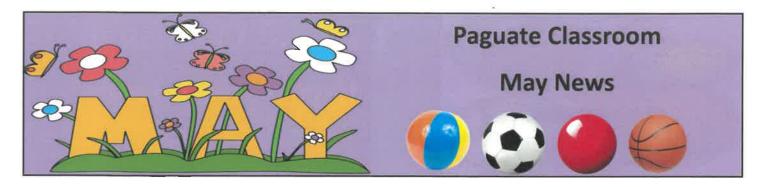
5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

Children are learning to annotate

PARENT / FAMILY TIP SHEET

Spring is upon us go outside with your child, breath in some fresh air, take a walk or run!



TEACHER NAME(S): Teacher Sue & Ms. Maddie

EMAIL(S): a.miguel@lagunaed.net m.francis@lagunaed.net

UPCOMING EVENTS

- ⇒ **5/11/21** Life Cycle of Plants– Paraje Classroom
- 5/20/21 Nutrition Activity- "Healthy Beverages"
- ⇒ 5/19/21- Diaper Distribution

(8am-3pm)

NEW WORDS TO LEARN IN MAY:

Dance

Ball

Plant

Hypothesize

Estimate

Environment

ZOOM INSTRUCTION SCHEDULE:

REGULAR SESSION: AM SESSION 9:45

AM / PM SESSION 11:45

INTERVENTION: Monday-Thursday @

1:00pm

ENRICHMENT: Monday @ 12:30 pm &

Monday—Thursday @ 1:00 pm

NUTRITION ACTIVITY: 5/20/21 @

10 AM

OUR LEARNING FOR MAY "BALLS"

SOCIAL EMOTIONIAL: Children will engage and participate in Conscious Discipline: S.T.A.R. Breathing, Chanting at the end of breathing: "I am Safe" "I can Handle this". PHYSICAL: Children will demonstrate gross-motor manipulative skills, when participating in Activity: "Purple Pants" LANGUAGE: Children will Listen to and understand increasingly complex language, and children will demonstrate knowledge of the alphabet when participating in "Clap a Friend's Name" will be sung to the tune of "Mary Had a Little Lamb". LITERACY: Children will engage in peer conversation, connections to the real world, providing information, clear expectations, and consistency in Read Aloud of "The Three Billy Goats Gruff" COGNITIIVE: Children will learn to recall similar family events when hearing a story Read Aloud: "Have a Ball". MATHEMATICS: Children will engage and discuss the weight and bounciness; children will get a ball, describe its weight, make a prediction about the ball's -"Little Ball" Poem. Write poem on poster board, point as you read words aloud. JUMP every time you hear words that start with "B" ex; jump, other motions you can think of. SCIENCE: Children will engage and participate in science activities on Thursday PM Sessions TBA.

MILESTONES MET IN APRIL

SOCIAL EMOTIONIAL: Positive Intent—Children used language to express thoughts and needs and explored musical concepts and expression. Children learned to regulate their own emotions and behaviors through read aloud: I Like Myself by Karen Beaumont **PHYSICAL:** Children learned "Going on a Journey" children explored drama through actions.

Children engaged and participated and followed movements and directions, in a game of "follow the leader". LANGUAGE: Children learned and Demonstrated knowledge of print and it's uses. Children demonstrated knowledge of the alphabet & writing skills. We explored and described spatial relationships and shapes. LITERACY: Children retold story "The Paper Bag Princess" COGNITIIVE: Children used memory as a foundation for more complex actions and thoughts by repeating simple rules and expectations during ZOOM Sessions. MATHEMATICS: Children counted and quantified how many items were in the recycling and the garbage. SCI-ENCE: Gummy Bear Growing Experiment— Children used Scientific Theory and made predictions while using real world connections.

DATE TO REMEMBER/ STUDENTS CELEBRATIONS

5/31- No School/Memorial Day

STUDENT CELEBRATIONS:

Leilani S.- Participation and Engagement in Activities **Carter D.-** Participation and Engagement in Activities

Kaius B.— Retelling Story of the paper bag princess beginning to end

PARENT / FAMILY TIP SHEET

Start your day off right: If you know you need to have coffee or a shower before you begin your day schedule time for it. Take a

Break! Set aside 15-minutes—for some self-care (walk, breath, or eat a healthy snack.

May Mesita, Paguate, Laguna

2021

















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Indian Tag ball: Ask mom for old socks, roll it up into a ball, gather together in a close group, 1 person toss the ball up into the air, if it hits you, you
	3	2	, ,	6	**1	Q

Water Bottle
Bowling: Set up 10
empty water
bottles, use
different sizes of
balls to knock the
bottles down.



Bounce & Catch: Bounce and count how many times you can catch a ball. If you miss start over.



Which size of ball bounces higher? Predict and make a graph to see which ball bounces higher.



Balloon Toss:
Blow up a round balloon, toss it into the air,
DON'T let it touch the ground, you can play with someone or alone.



Paint with a ball. In a square box or container place some paper down, add some drops of paint, take a small ball to roll around in the paint, create a masterpiece. Kids Zumba
"I Like to move it"
(youtube). Get your
body moving.

Blowthe cotton ball to the center. On the table or floor, make a shape with some tape. Use a straw to blow a cotton ball, try and get the cotton ball to the center of the shape.

Happy Mother's Day!!! Make mom some flowers, use your imagination.	Life cycle of a Plant Draw and discuss	Side walk Targets Use chalk to create an obstacle course w/your child to bounce a ball on. You can draw shapes, flowers etc	Over the line It takes skill to bounce a ball, use a jump rope or draw a line, bounce a ball over the rope/line to your child on the other side.	Through the Hoop Use a Hula Hoop, lay it on the ground challenge your child to bounce a ball it the hoop, count how many times they keep the ball in the hoop.	Make a Basket Use a laundry basket, plastic tub, storage container, have your child throw a ball into the basket and count how many times they made it.	Sheet Ball Get a bunch of small balls and a sheet, put balls in sheet have children hold sheet on corners of sheet and let children
Heathy Smoothie Make with your family. Blend 1 frozen banana, 1c. fresh spinach, 1 c. yogurt 1 c. frozen berries of your choice. Blend until smooth. ENJOY!	Simon Says Play the game with your child using a ball. For example, Simon says, "Bounce the ball twice"	Bounce Count Count how many times a ball can bounce? Does it bounce more times on the pavement or bounce more times in the sand?	Summer Time Bounce Join the read aloud on YouTube https://www.you tube.com/watch? v=ohtGZFzR3i4	I don't Like it Talk to your child about being heard but in a kind way. Using the the phrase" I don't like it when "and offering a solution. Ex. I don't like it when you push me. You can go around me. Practice and model for your child.	Get your body moving. Get your family to learn a new dance together.	Brain Breaks You Tube- "Move with me"
Read Aloud – YouTube: "Speak Up!"	Try a new healthy drink recipe	Create and makeup your own fun game using balls.	Get Outside! Invite your family to play a fun game of "Kickball" outdoors	Different types of balls. Name some different types of balls that you can play with outside or inside.	Floating Ball Activity You will need a bendy straw, paper, scissors, pen or pencil, tape and a pin pong ball or a ball made of foil.	Read Aloud on YouTube: "Hit the ball duck"
Make a Golf Course in your home. Using a box with a whole, golf balls or any type of ball, a stick or you can use your feet to hit the ball.	NO School Memorial Day Write each of your letters in your name on different colors of construction paper and use cotton balls to glue on the lines.					

Students Home Activities

Big Bad Wolf

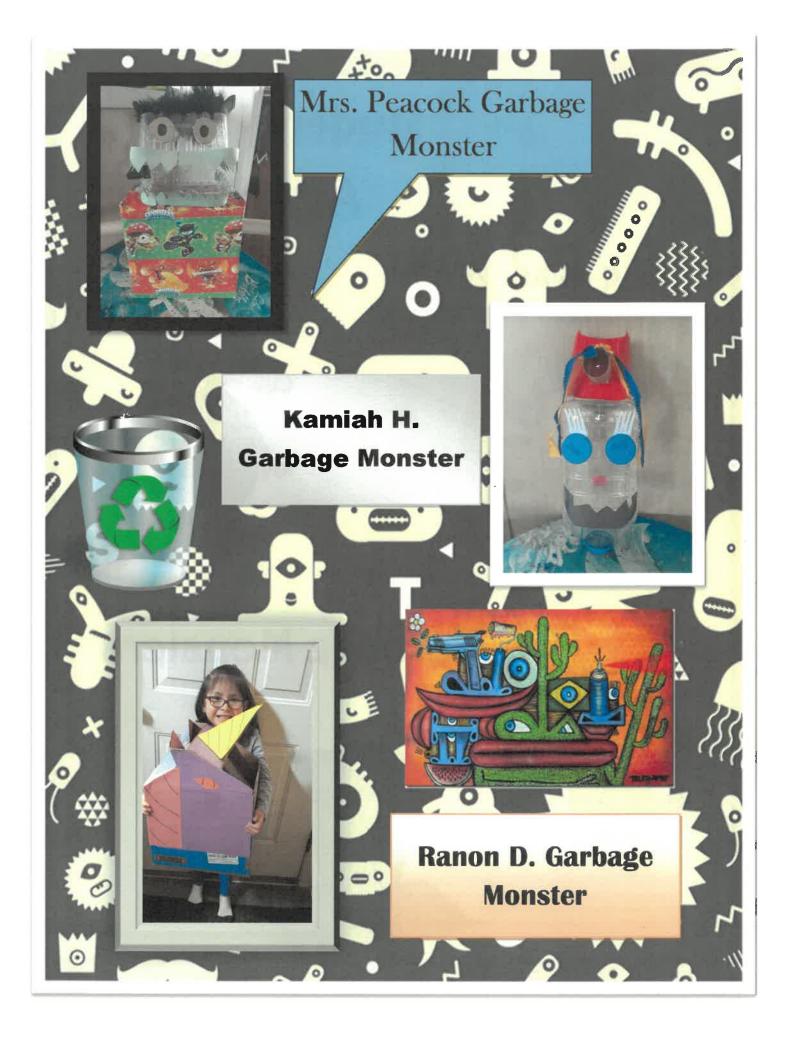




Garbage Monsters

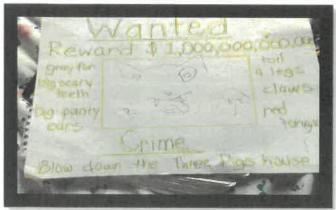
















created by: J. Kasero and family

Garbage Monster





Family Service Provider

DEAR FAMILIES,

Hope you are all doing well.

We would like thank all the families for joining in on our weekly Parent Education, we appreciate you spending time with us!

Family Service Providers will continue to work with families by connecting through phone calls, text messages and emails.

Any questions feel free to contact.

DEC Family Service Providers:

Tiffany Touchin Llouchin@lagunaed.net (505) 290-4297

Kathleen Herrera Kharrera @lagunaed.net (505) 274-0992

PARENT COMMITTEE:

All parents and guardians of a DEC child is a parent committee member. We would like to invite you all to our monthly discussion regarding upcoming events.

Upcoming Date:

May 05, 2021 @ 2PM

Please see flyer for zoom information



Friday at 11:30am Laguna DEC has begun partnering with Laguna Behavioral Health. Topics are area of concern for our Laguna Community. We would like to extend the invite to all Parents, Grandparents, Aunts, Uncles and Extended family.

May 2021

May Date:

05-07-2021- Circle of Security 05-14-2021- Synthetic Drugs 05-21-2021- Ethanol Alcohol 05-28-2021- Tobacco Awareness

Please see flyer for zoom information

FATHER INVOLVEMENT: (Dads, Grandfathers, Uncles)

Weather is beginning to warm up so let's take our activity outdoors!

Let's get physical, you pick your activity that you want to engage in.

Please snap a few pictures and send to t.touchin@lagunaed.net
pictures will be posted in June's newsletter.

Please see flyer for zoom information





Presenter: Laguna Behavioral Health

Friday, May 07, 21 @11:30a

Circle of Security

Friday, May 14, 21@11:30a **Synthetic Drugs**

Friday, May 21, 21@11:30a

Ethanol Alcohol

Friday, May 28, 21@11:30a

Tobacco Awareness



Join Zoom Meeting

https://us02web.zoom.us/j/86111040550?pwd=MjRUUIJmdUEyaWlWcVl2d1dBeElMdz09

Meeting ID: 861 1104 0550

Passcode: 144056

Join by phone:

+1-669-900-6833



FATHER INVOLVEMENT

Activity:

Days are getting warmer, think of an activity you would like to do outdoors with your child(ren).

Physical activity is good for the body, working muscle, building skills and having FUN!





SEND PHOTOS TO:

t.touchin@lagunaed.net

Asking 1-2 pictures

Deadline: 5/19/21

Cooking, grilling & baking with daddy, grandpa, uncle.

Father Involvement

Activity: Cooking, Grilling or Baking with Dad, Grandpa & Uncle.





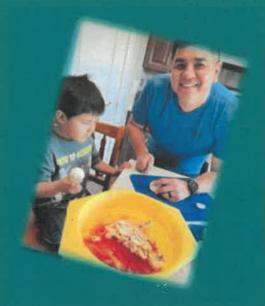
Ila and daddy Ed ready to grill up some burgers!



Nico and Grandpa Nolan ready to grill!!

THANK YOU, WE APPRECIATE YOUR PARTICIPATION!!

Cooking, grilling & baking with daddy, grandpa, uncle.





Jacob and daddy Michael on Stir Fry Night!



Brayden & Daddy Mike Cooking

THANK YOU, WE APPRECIATE YOUR PARTICIPATION!!

Cooking, grilling & baking with daddy, grandpa, uncle. Jacoby and Daddy Byron grilling it up!



Division of Early Childhood Preschool/Early Head Start Healthy You

Health Presentaion

Diabetes Presentation on Type 1, Type 11 and Gestational diabetes

Come join in and get a better understanding on the different types of diabetes for increased healthy living.

Zoom presentation given by ACL Wic Program Nutritionist

May 18, 20201 @ 2:00pm.

Join Zoom Meeting

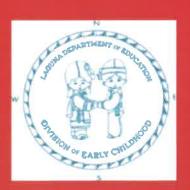
https://us02web.zoom.us/j/84251405504?pwd=YVISUIpFM01HR1Y4eDRueHVESGZYUT09

Meeting ID: 842 5140 5504

Passcode: 778276

Dial In: +1 346 248 7799 US





PARENT EDUCATION

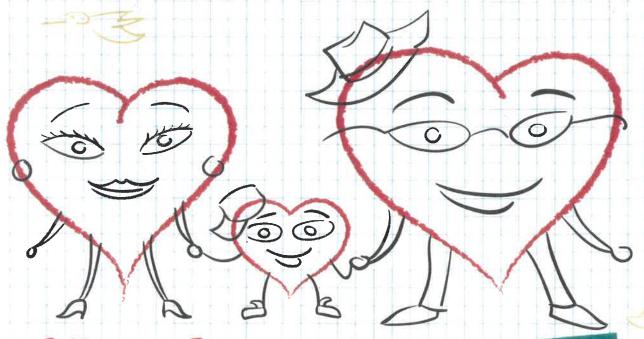
Healthy Beverage & Non-Nutritive Sweeteners

PRESENTED

BY

SHELLEY

RAEL



05 MAY 2 P.M.



Join Zoom Meeting

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odWJ6UT09

Meeting ID: 827 5665 7916

Passcode: 712599





Community Centennial***

We want to hear from our members!

We invite you to take part in the Member Advisory Board

We would like your feedback about the services we provide. This is a meeting for Blue Cross and Blue Shield of New Mexico members.

Date: Thursday, May 6, 2021

Login / Call in begins at 11:45 AM

Meeting time: 12:00 - 1:30 PM

Join by phone (toll free) 1-404-410-4502 Access Code: 187 860 5880

Web meeting link will be emailed upon request

Reserve your spot by calling or emailing today!

RSVP by: May 3, 2021

Contact: Winona Gisha

Phone: 505-816-2116

winona_gishal@bcbsnm.com

Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.Llame al 1-855-710-6984 (TTY: 711).

Such services are funded in part with the State of New Mexico. Díí baa akó nínízin: Díí saad bee yánífti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojį' hódíílnih 1-855-710-6984 (TTY: 711).

Blue Cross and Blue Shield of New Mexico, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

1-866-689-1523 (TTY: 711). call Member Services at directions to the meeting, For more information or for

\$20 gift card. attend the Member Advisory Centennial members who **Blue Cross Community Board meeting will get a**