District

School Health Index
Overall Score Card

For each module (row), write an X in the one column where the Module Score falls*

	Low 0 – 20%	21% – 40%	Medium 41% – 60%	61% – 80%	High 81% – 100%
School Health and Safety Policies and Environment – Module 1					86
Health Education – Module 2					89
Physical Education and Physical Activity Programs – Module 3				80	
Nutrition & Environment Services – Module 4					83
School Health Services – Module 5				67	
School Counseling, Psychological, and Social Services – Module 6				79	
Social and Emotional Climate – Module 7					88
Physical Environment – Module 8					84

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Employee Wellness and Health Promotion – Module 9			54		
Family Engagement – Module 10					81
Community Involvement – Module 11			52		

* Some schools like to write the module scores in each box.

School Health Improvement Plan

Instructions

1. In the first column: list, in priority order, the **actions** that the School Health Index team has agreed to implement.

2. In the second column: list the specific **steps** that need to be taken to implement each action.

3. In the third column: list the people **who** will be responsible for each step and **when** the work will be completed.

Actions	Steps	By Whom and When
1. Increase community involvement (Module 11)	a. ① Implement community b. projects such as a c. Victory Garden d. e. ② Promote community f. learning service g. projects - ESSA	① Tina Taylor and Tracy Gist (August 2018) ② Melissa Cox, Tara Thompson, Jonathon Bradley (August 2018)

Actions	Steps	By Whom and When

2. Module 11 continued...	③ Implement more health fairs and guest speakers from community ④ Advertise and promote more community involvement - flu clinics.	③ Shannon Davis (August 2018) ④ School Nurses - Jill Riggs, Jessica Hollis, Cathy Heflin (October 2018)
3. (Module 9) Increase employee wellness & health	① Promote "wings" running/walking marathon ② CPR Training (contact faculty) & schedule time	① Kenny Bell (July 2018) ② Nurse Jill Riggs

Actions	Steps	By Whom and When
4. Module 9 continued...	a. ③ provide PD b. training /in-service c. on exercise d. e. f. g.	Tara Thompson
5.	a. b. c. d. e. f. g.	

Module 11: Community Involvement

52%

Score Card
(photocopy before using)

Instructions

1. Carefully read and discuss the Module 11 Discussion Questions (pages 5-9), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 11 Planning Questions located at the end of this module (pages 10-11). Be sure to keep your documentation from the small groups to support your recommendations.

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Community involvement in school decision making	3	2	1	0
CC.2	Community volunteers	3	2	1	0
CC.3	Community involvement in school health initiatives	3	2	1	0
CC.4	Community-wide health promotion events	3	2	1	0
CC.5	Out-of-school programs	3	2	1	0
CC.6	Community involvement in improving student health	3	2	1	0
CC.7	Student involvement with community organizations	3	2	1	0
CC.8	Partnerships with community healthcare providers	3	2	1	0
CC.9	Agreement with community partners	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (27) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 27) X 100

%

Module 9: Employee Wellness and Health Promotion

Score Card
(photocopy before using)

54%

Instructions

4. Carefully read and discuss the Module 9 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
5. Circle the most appropriate score for each item.
6. After all questions have been scored, calculate the overall Module Score and complete the Module 9 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop-ment	Not in Place
CC.1	Health education for staff members	3	2	1	0
CC.2	Health assessments for staff members	3	2	1	0
CC.3	Promote staff member participation	3	2	1	0
CC.4	Stress management programs for staff	3	2	1	0
CC.5	Staff mental health promotion	3	2	1	0
CC.6	Breastfeeding policy	3	2	1	0
S.1	Training for staff members on conflict resolution	3	2	1	0
S.2	Training for staff members on first aid and CPR	3	2	1	0
PA.1	Programs for staff members on physical activity/fitness	3	2	1	0
N.1	Programs for staff members on healthy eating/weight management	3	2	1	0
N.2	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	3	2	1	0
N.3/ PA.2	Modeling healthy eating and physical activity behaviors	3	2	1	0
T.1	Programs for staff members on tobacco-use cessation	3	2	1	0
AOD. 1	Programs for staff members on alcohol and other drug use prevention and treatment	3	2	1	0
CHC.1	Programs for staff members on chronic health condition management	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (45) by the subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to right.

MODULE SCORE =
(Total Points / 45) X 100

%

67%

Module 5: School Health Services

Score Card

Instructions

1. Carefully read and discuss the Module 5 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 5 Planning Questions located at the end of this module (pages 16-17).

		Fully in Place	Partially in Place	Under Develop-ment	Not in Place
CC.1	Health services provided by a full-time school nurse	3	2	1	0
CC.2	School-based healthcare services	3	2	1	0
CC.3	Health and safety promotion for students and families	3	2	1	0
CC.4	Collaborate with other school staff members	3	2	1	0
CC.5	Implement a referral system	3	2	1	0
CC.6	Student health information	3	2	1	0
CC.7	Consulting school health physician	3	2	1	0
S.1	Assess extent of injuries on school property	3	2	1	0
S.2/ CHC. 1	Health emergency response plans	3	2	1	0
CHC. 2	Identify and track students with chronic health conditions	3	2	1	0
CHC. 3	Care coordination for students with poorly controlled chronic health conditions	3	2	1	0
CHC. 4	Ensure immediate and reliable access to quick-relief medications for students with chronic health conditions	3	2	1	0
CHC. 5	Offer disease-specific education to all students with identified chronic health conditions	3	2	1	0
N.1	Food allergy management plan	3	2	1	0
T.1	Address tobacco use	3	2	1	0
SH.1	Linkages to youth-friendly sexual and reproductive health services	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (48) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points /48) X 100

%

Module 11: Community Involvement

52%

Score Card
(photocopy before using)

Instructions

1. Carefully read and discuss the Module 11 Discussion Questions (pages 5-9), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 11 Planning Questions located at the end of this module (pages 10-11). Be sure to keep your documentation from the small groups to support your recommendations.

		Fully in Place	Partially in Place	Under Develop-ment	Not in Place
CC.1	Community involvement in school decision making	3	2	1	0
CC.2	Community volunteers	3	2	1	0
CC.3	Community involvement in school health initiatives	3	2	1	0
CC.4	Community-wide health promotion events	3	2	1	0
CC.5	Out-of-school programs	3	2	1	0
CC.6	Community involvement in improving student health	3	2	1	0
CC.7	Student involvement with community organizations	3	2	1	0
CC.8	Partnerships with community healthcare providers	3	2	1	0
CC.9	Agreement with community partners	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (27) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 27) X 100

%