



LUMBERJACK NEWSLETTER

Hello Lumberjacks,

We are off to a great start to the school year. Students and staff members are working incredibly hard to make it through the daily assignments and extra-curricular activities. Our time at school is flying by and we continue to persevere to accomplish our goals.

Morning arrival has been more efficient. Students continue to arrive at appropriate times and we are screening students more rapidly. It is important to get to school on time. Please have your child to school prior to 7:45am. Arriving late may interfere with instructional time or key morning meeting opportunities.

As the weather continues to change it is important that students come prepared to go outside for breaks. Please bring warm clothes or gear that will help them stay dry. Physical education classes will be outdoors unless the weather is severe.

Fall testing has been completed. Our students have been showing growth despite the long absence of in-school learning. Testing is always challenging but imperative for teaching students at their level of learning. Well done students and teachers!

I can't express how proud I am of the students during this time of adversity. We have seen many examples of kind, compassionate and common sensibilities as they have returned to school. Families should be proud of their children and the resilience of their actions while adjusting to new rules and processes.

Below are some links to help protect students. Please read when you get a chance.

https://www.huffpost.com/entry/bullying_b_2188819?guccounter=1

Rude Vs. Mean Vs. Bullying: Defining The Differences

It is important to distinguish between rude, mean and bullying so that teachers, school administrators, police, youth workers, parents and kids all know what to pay attention to and when to intervene.

(<https://kidshealth.org/en/teens/internet-safety.html>) Being Smart Online

First rule: Check your mood! Are you feeling upset or angry? Then it's not the time to be messaging or posting on a social media site. People don't always make good decisions or think straight when they're stressed out or upset. If you have to, call someone or go for a run instead before you start venting online.

Second rule: When you're on a website, try to remain as anonymous as possible. That means keeping **all** private information private. Private information that you should never allow the public to see includes:

- your full name
- any type of photograph (even of your pet!)
- your current location (some phones have automatic GPS apps built in that may need to be turned off)
- home or school address or the address of any of your family or friends
- phone numbers
- Social Security number
- passwords
- names of family members
- credit card numbers

If you ever get involved in any messaging or online chats that make you feel uncomfortable or in danger for **any** reason, exit and tell a parent or other adult right away so they can report it. You also can report it to the website of the National Center for Missing and Exploited Children — they have a form for reporting this type of incident called [CyberTipline](#). They'll make sure the info is forwarded to law enforcement officials for investigation.

Best,

Mark Pribbernow
Principal

Greetings from the Elementary School!

It is astounding how quickly our children learn and adapt to their new expectations! The children are flourishing back at school and we couldn't be happier to have them here. They are pros at mask wearing and physical distancing.

Mrs. Manning's Masked Marauders 🤖



They love having classes outside when weather permits.



Speaking of weather, please be sure your child is coming in with the appropriate weather gear. We go outside in temperatures as low as ten degrees, and cool damp weather does not scare even the smallest of lumberjacks!



I want to thank you all for your adherence to the new safety drop off and pick up protocols. For any of our new families- in the morning students are to remain in the car until a staff member takes their temperature to verify there is no fever or other Covid symptom - so parents can take them back home, if needed. Parents who walk their students to school are to wait with their children until the staff can take their temperature. *No children are to be dropped off unattended for any reason.* The pick-up process is quite similar- students will be called to their cars (as identified by the name placard on the dashboard) by attending staff. Kindergarten through grade 2 are dismissed first and grades 3 through 5 a bit later.



REMINDER: School starts promptly at 7:45AM and pick up begins at 2:20PM.



Breakfast and Lunch:

As many of you know, our meal program is free for any student for the time being due to a federal grant. Any child wishing a hot lunch needs only to let their teacher know that day. If your child wants to have breakfast however, the school does need to inform the kitchen no later than the school day prior. Milk is included in the breakfast and lunch, but does cost 60 cents when purchased a la carte.

Halloween



Due to the Covid 19 restrictions and protocols and the fact that Halloween lands on a weekend this year, there will be no school sanctioned celebrations. Please **do not** send in any food, costumes, or other items. Individual teachers may engage in classroom crafts, but all past customs will be cancelled this year.

PTA Book Fair



This year's PTA fundraiser- the Scholastic Book Fair- will be held digitally! Please look for information on the website, FaceBook page and printed notices in bookbags!

Parent-Teacher Conferences



Due to the Covid 19 pandemic, all student teacher conferences will be held digitally. Further sign-up information will be coming home in the near future.

Remote Learning and Chromebooks!!!

The teachers and students at Lin-wood Elementary have been working towards seamlessly integrating measures for the potential of another period of remote learning. Naturally, we hope this will not be needed. Most students have been issued chromebooks and those who have not will be soon. We are looking at implementing a "remote learning practice day" to test our system. Until that time, teachers will be sending classes home with their assigned chromebooks to help students practice bringing them back. There is only one chromebook per child (and not even that ...yet) so it is **IMPERATIVE** children responsibly carry their device home and back to school daily.



Thank you for your support and cooperation! Enjoy the beautiful fall weather! 🍁🍂🌻



*Senior Jillian Clark preparing a segment for the Kanc Connection.
Look for the Kanc Connection on YouTube.*

“Falling” into English Department News - Heather Krill and Jen Witcher

So far we are off and running, or reading, writing, and speaking as the case may be in the English department. A few items to keep in mind:

- ❖ If your high school student tells you they have nothing to do at home, they are not being completely honest with you. They do.
- ❖ Our Annual Rotary Speech Competition will kick off later in October with class presentations for grades 9 - 12 in mid-November. This may be something we record and watch virtually due to COVID considerations, perhaps through the Kanc Connection. This year's topic is yet to be determined, but we will keep you posted.
- ❖ Ask students our Wednesday Words of Wisdom where we read and analyze famous historical or contemporary speeches and essays. On opposite Wednesdays, students in grades 9 – 12 are responsible for their current events.
- ❖ Feel free to reach out at hkrill@lin-wood.org if your student is in 9th or 10th grade English or Broadcast Journalism or jwitcher@lin-wood.org if your student is in 11th or 12th grade English or AP Literature.
- ❖ Our journey through Poetry Out Loud also begins in October. Check out www.poetryoutloud.org for more information. Kids usually select their poems by Halloween, learn them really well by Thanksgiving and are prepared to recite them in the weeks before Christmas.
- ❖ Parent Teacher Conferences are November 18. We would love to chat with you about your student's performance in English classes!
- ❖ High school book club will meet October 29 during a socially distanced lunch in Mrs. Krill's room. The book we are reading is *Between the World and Me* by Ta-Nehisi Coate

ELO News!

What is an ELO? An ELO is an Extended Learning Opportunity. ELO's provide an opportunity for students to work beyond the school walls, to work with local experts, gain valuable real-world knowledge and skills, and earn high school credit! ELO's address individuals learning styles, talents, and interests.

This year we are excited to have two new community partners to expand our ELO Program: Tim's White Mountain Garage and New England Equine Rescue! If you own/manage a business/organization and would like to learn more about our ELP Program, please contact Dori Weeden at 603-745-22214, ext. 258 or by email at dweenen@lin-wood.org.

Library News

We need your help!



The Library is looking for lost books.

They may be hiding in your home... under the bed, in your bookshelf, Or on a desk...

Please help us!

Some of our bookshelves look like this...

A bit empty.



But we want them to look like this soon...

Full!



Feel free to drop any "found book" at the office, or send it in your child.
Thank you, Mrs. Duris and Mrs. Sabourn

Math Notes — Jessica Halm, Sarah Kraus, Lincoln Robertson, Jackie Wilson

The school year is underway and students' math cogs are being greased! It's great to be in person with students and working on critical thinking skills once again. The biggest change here at LW in the mathematics department is the addition of Jackie Wilson, who replaced Jason Duchette in grade 6 math and science.

Jackie had been teaching high school science at Profile and is excited to bring her love of science, math and the ways they interconnect to the LW community! As always, we are here to help your child (or you!) with any mathematical questions that may arise throughout the school year!

Breast Cancer Awareness Month



METAVIVOR

Metastatic Breast Cancer Awareness, Research and Support

October is Breast Cancer Awareness Month, BUT
AWARENESS is not enough.

Wear a combination of **GREEN**, **Teal**, and **Pink** and
Support METAvivor Breast Cancer Research!

WHEN: The week of October 19th-23rd

WHY: To support METAvivor breast cancer research and patients!

How: Wear green, teal, pink, or any combination to support the cause AND
more importantly make a **DONATION!**

Donations can be made through the Metavivor website

<https://www.metavivor.org/> or by dropping off a check at either the
Elementary office or High School office.

Stage IV breast cancer NEEDS more research and support!



School Picture Retake Day: Wednesday, October 28th

Important Information From The Superintendent

A Parent's Guide

When to stay home, get tested, and return.

1



SYMPTOMS

- Fever (100F) or chills
- Feels feverish
- Cough, shortness of breath
- Sore throat, nasal congestion, or runny nose
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste/smell
- Nausea/vomiting
- Diarrhea
- MIS-C symptoms:
rash, neck pain
bloodshot eyes
abdominal pain

** If student has a documented chronic condition that accounts for symptoms, they are not considered "new/unexplained."*

If yes at home...

Isolate at home

If yes at school...

Students will be dismissed

2

When to Return to School

Get COVID-19 Test

Positive Test

10 days after
SYMPTOM onset

AND

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

Negative Test

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

No Test

10 days after
SYMPTOM onset

AND

24 hours of NO fever
(without use of meds)

AND

Symptoms have
improved

OR

Doctor's note
indicating alternative
diagnosis

3

14 Day Quarantine

- Exposed to someone confirmed or suspected of having COVID-19 **or**
- Traveled outside New England

**** May NOT "test out" of quarantine.**

Food Service News

Thanks to funding from the USDA, Lin-Wood is able to serve meals to all children 18 and under at no charge to their families through Dec. 31, 2020, or until the funding is no longer available. All students can receive a free breakfast and free lunch every day, no matter if they are attending classes on campus or participating in remote learning. A letter from September 14, 2020 that went out to all families is also available on the school website and in this newsletter for your reference.

A few things to be aware of:

1. All breakfast and lunch meals include a milk option. It is part of the free meal.
2. A la carte items, including milk purchased separately, must be paid for on student accounts. No charging is allowed for a la carte items. The preferred methods of adding funds to student accounts are prepayment by check or using the online payment portal through My School Bucks.

3. Continue to submit applications for Free & Reduced lunch. Once the free meals run out, all students will be charged if they are not eligible for free and reduced meals. To be eligible, families must apply. The Free & Reduced lunch applications are available on the school website, www.lin-wood.org.
4. The free and reduced lunch applications also help our school district get federal and state grants. If you are eligible, please apply. Contact Billie Barnett if you have any questions about the application process. bbarnett@lin-wood.org or call 745-2214 x240.

Check out the school website for more information pertaining to Lin-Wood Food Service. www.lin-wood.org Click on "Parents" tab and "Food Service" tab. Information available includes: Free & Reduced Lunch Application, School Breakfast & Lunch Menus, Online School Lunch Payments.

Food Service News Continued



SAU #68

LINCOLN-WOODSTOCK COOPERATIVE SCHOOL DISTRICT



Debra O'Connor, MBA
Financial Manager

Judith McGann, Ed.D.
Superintendent

Georgia Caron, M.Ed.
Special Education Director

September 14, 2020

Dear Lin-Wood Families:

Our school district has been approved for a USDA program that allows us to serve MEALS TO ALL CHILDREN 18 AND UNDER AT NO CHARGE!

All students are able to receive a free breakfast and free lunch everyday – no matter whether they are attending classes on campus or participating in remote learning. Meals can be served to children directly or adults caring for children at home. Families that are learning remotely should contact Lin-Wood food service @ 603-745-2214 ext. 228 to make arrangements for meal pick-up at the school.

Free meals are available to our school community until December 31st through funding provided by the USDA, or until funding is no longer available. Once USDA funding ends the school meal program will return to our normal school year model.

Although there is no paperwork required to receive meals under this program, we strongly urge all families to submit paperwork to apply for the traditional free & reduced meal program. Not only will this allow your children to receive free meals after the special program ends, but enrollment in the meal benefit program helps the school district to secure additional funding (Title I, reduced utility rates, etc.). Meal benefit applications can be filled out and returned at any time this fall; please contact Billie Barnett: bbarnett@lin-wood.org // 603-745-2214 ext. 240 or the main office at 603-745-2214 ext. 221.

Items such as bottled beverages and other "a la carte" items are available as well. These items are not included in the USDA program and can only be sold to students in school who have available funds on their lunch account. A la carte food items or incomplete, non-reimbursable meals will not be allowed to be purchased if a student has a negative account balance (Policy EF-R). During COVID-19 we strongly discourage payments by cash; the preferred methods of adding funds to accounts are prepayment by check or using the online payment portal:
<https://www.myschoolbucks.com/ver2/login/getlogin>.

Please contact the Lin-Wood SAU office @ 603-745-2051 if you have any questions.

Sincerely,

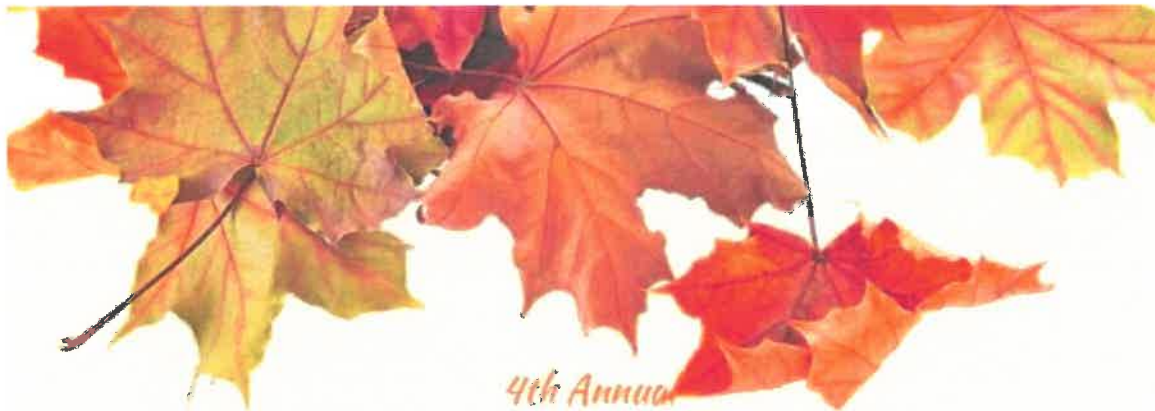
Judith A. McGann, Ed. D.
Superintendent

Debra E. O'Connor, MBA
Financial Manager

PO Box 846, 78 Main St., Unit 3, Linwood Plaza
Lincoln, NH 03251

Telephone (603) 745-2051
Fax (603) 745-2352

INVITATION FROM CADY



Shout Out to Parents *Celebrating Parents During National Parent Involvement Month*

Friday, November 6th, 2020

6:30pm-9:30pm

The Barn on The Pemi

341 Daniel Webster Highway, Plymouth

Delicious Sit Down, Three Course Dinner

Optional: cash bar

Fun, FREE Social Distancing Adult Event for

Parents, Guardians and Grandparents only!

Masks Required.

REGISTER WITH EVENTBRITE by November 2nd

<https://bit.ly/30bH5YP>

KEYNOTE SPEAKER

"Unpredictable - Addressing the Challenges of Growing up Today"

Brooklyn Raney, Author, "One Trusted Adult"

Brooklyn is Program Director of

Generation Change: Let's Learn, Lead, Laugh, and Let Go!

If asked, most parents would report that they would never want to be a teenager today. With the growing influence of technology and other factors, adolescents are finding riskier ways to send adults in their lives messages about their fears and anxieties. This presentation will address best parenting practices for creating healthy dining room table talk surrounding the toughest of topics facing teens today.

Registrations also accepted at the CADY Office
603-536-9793 / ebrochu@cadyinc.org



