



#antibullyingweek

Mobile County Public Schools

Anti-Bullying Week 10/19-10/23

MONDAY: Can't Touch This: Physical Bullying Students will learn about what bullying is by watching a short video on bullying. They will participate in an activity that shows the effects bullying can have on a person.

TUESDAY: Watch Ya' Mouth: Verbal Bullying Our students will learn what physical and verbal bullying is. They will watch a short video that illustrates two types of bullying.

WEDNESDAY: It's Rude to Exclude: Social Bullying UNITY DAY! Everyone is encouraged to wear an orange shirt with their uniform bottoms. Unity Day is a day to bring together youth, parents, educators, businesses, and community members across the nation to emphasize that bullying is NOT acceptable and that all students deserve to be safe in school, online, and the community. Students will watch a video about social bullying, followed by a video on "The Science of Kindness." The students are encouraged to perform "Random Acts of Kindness" throughout their schools and our community.

THURSDAY: Stop Being Mean Behind the Screen: Cyberbullying Students will learn about cyberbullying. They will also watch a video about how to end bullying for good. With this week being all about coming together, we are encouraging kids to start up conversations with people they don't know.

FRIDAY: Show Out Friday: Speak Out Against Bullying! Today is all about creating a world without bullying. Bullying prevention takes a united effort of students and adults. It also takes an individual effort. It is about each person taking responsibility. Each one of us can participate in creating a world without bullying. Each one of us can also define where we want to start. The more we speak out, the more that bullying can be prevented. Our students will watch a video about what happens when people stand up for others. They will also sign an anti-bullying pledge online.