

## **Cutting/Suicidal/High Risk Behavior Program for Teen Girls 14 - 18**

Download the attached document for more information about this program offered by Columbia County Mental Health. Students eligible for the Oregon Health Plan may be able to attend for free, including transportation.

If you are concerned about your daughters or friend's concerning behavior, read this!

<https://content.schoolinsites.com/api/documents/888f1c45ca414558aea536fd5d4434df.pdf>

## **Noticing Concerning Changes in Your Daughter or Son?**

3% of all individuals develop Psychosis, limiting their ability to function through out life. Psychosis is treatable and when caught early people have a much better chance to function in life. If untreated, psychosis prevents a person from knowing what is real.

If you notice brain memory changes, sensory overload, increased problems in what was normal functioning (and not related to suspected alcohol or drug use), then your child should be screened!

Columbia County Mental Health provides free screenings, and if diagnosed, extensive free services for treatment and family support. Contact your counselor or call CCMH directly at 1.800.294.5211 ext. 282