

Grade 7 Reference Sheet

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|---------------------------|---------------------------|----------------------------------|
| 1 inch = 2.54 centimeters | 1 kilometer = 0.62 miles | 1 cup = 8 fluid ounces |
| 1 meter = 39.37 inches | 1 pound = 16 ounces | 1 pint = 2 cups |
| 1 mile = 5280 feet | 1 pound = 0.454 kilograms | 1 quart = 2 pints |
| 1 mile = 1760 yards | 1 kilogram = 2.2 pounds | 1 gallon = 4 quarts |
| 1 mile = 1.609 kilometers | 1 ton = 2000 pounds | 1 gallon = 3.785 liters |
| | | 1 liter = 1000 cubic centimeters |
| | | 1 liter = 0.264 gallons |

| Area (A) | |
|--------------------------|-----------------------------|
| Triangle | $A = \frac{1}{2}bh$ |
| Parallelogram | $A = bh$ |
| Circle | $A = \pi r^2$ |
| Circumference (C) | |
| Circle | $C = \pi d$ $C = 2\pi r$ |
| Volume (V) | |
| General Prisms | $V = Bh$ |

