

High School Breakfast
Week 1
Fruit Parfait w/Muffin
Chicken Biscuit
Ham & Cheese Croissant
Breakfast Sandwich or Wrap
Mini Waffles & Sausage
Week 2
Cinni Mini (Roll) w/Yogurt
Chicken Biscuit or Breakfast Sandwich
Pop-tart w/Cereal
Pancake & Sausage on Stick (Bites)
School's Out/Teacher Workday
Week 3
Cereal w/Yogurt
Sausage & Biscuit (Egg Square)
French Toast & Sausage Link
Muffin & Cereal w/Yogurt
Chicken Biscuit or Breakfast Sandwich
Week 4
Breakfast Bagel w/Grits
Chicken Biscuit
Ham & Cheese Croissant
Breakfast Pizza
Cereal & Pop-tart w/yogurt
Week Spring Break

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Bites or Nuggets Carrots or Sweet Potato Fries Green Beans Roll	Chicken Alfredo w/Green Beans, Garden Salad & Roll or Chicken Fajita Wrap w/Fries & Romaine & Tomato	Beef Taco Meat on Taco Shell Spanish Rice Corn Garden Salad	Salisbury Steak Mashed Potatoes w/Gravy Green Sweet Peas Biscuit or Roll	Loaded Potato & Salad Bar Or Deli Sub Romaine & Tomatoes Baby Carrots Spicy Cheetos
Week 2	Chicken Tenders Dutch Waffle or Roll Sweet Potato Fries or Carrots Broccoli	Chili Brown Rice Green Beans Garden Salad Cornbread or Crackers	Sausage or Corn Dog Potato Wedges Coleslaw Chips	Crispito Black Beans Corn Garden Salad	 Teacher Work Day
Week 3	Breaded, Grilled or Spicy Chicken Patty Sweet Potatoes or Fries Baked Beans	Red Beans & Sausage w/Rice Collard or Turnip Greens Yams Cornbread	Cheese Burger or Sloppy Joe Tots Romaine & Tomatoes	Oven Roasted Wings Broccoli Pasta or Potato Salad Roll	Pizza or Pizza Pocket Fries Caesar Salad WG Cookie
Week 4	Buffalo Wings or Chicken Tenders Green Beans Fries Hushpuppies or Roll	Lasagna or Spaghetti Tomato & Cucumber Salad Corn Breadstick	Beef Rib Patty on Bun Sweet Potato Fries or Carrots Baked Beans	Mozzarella Cheese Sticks or French Bread Pizza Baked Potato Soup Broccoli	Chili w/Cheese Hotdog Potato Wedges Garden Salad Rice Crispy Treat or Chips
Week 5					

ALL MEALS SERVED W/CHOICE OF UNFLAVORED, 1% LOWFAT, SKIM, FAT FREE STRAWBERRY OR FAT FREE CHOCOLATE MILK. FRESH, CANNED OR FROZEN FRUIT SERVED DAILY AT BREAKFAST AND LUNCH. 100% FORTIFIED FRUIT JUICE SERVED DAILY AT BREAKFAST & LUNCH.

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE\*\***

