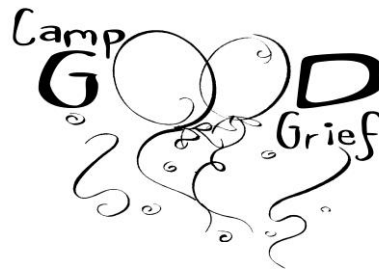


Hospice Care Options™

"Caring People, Touching Lives"



CAMP GOOD GRIEF

Camp Good Grief is a **youth bereavement day camp for children ages 6-14 years** who are coping with any type of loss and grief. Children experience feelings of grief and loss through the death of loved ones, divorce, foster care, parental incarceration, deployment or relocation. Despite the differences in the types of loss, the feelings of grief are the same and cause children to feel afraid, anxious and alone. Camp Good Grief offers children grief education and experiences that help them realize that their feelings are normal, and they are not alone. The mission of Camp Good Grief is to bring hope and healing to grieving children in our community.

The camp is a 3 day "day camp" and is run entirely by volunteers and is sponsored by the Hospice Care Options Foundation and aided by donations from the community.

The camp is held each year in the beginning of the summer. The Camp is free of charge to all campers and snacks and lunch are provided for all three days of the Camp. **The Warner Robbins Camp Good Grief will be held at Apostolic Church 821 Russell Pkwy Warner Robbins GA 31088 June 10-12, 2020 8:15 AM -2:00 PM**

Through various exercises in art, pet, music, and creative writing therapies as well as recreational activities, the children will discover different outlets and resources for their feelings of frustration, sadness, anger and guilt. It's our goal to provide, through these activities, tools that the children will be able to use as they move through their lives and encounter loss and grief along the way.

If you are interested in sponsoring Camp Good Grief, donating materials, helping as a volunteer or know a child who would benefit from camp please contact **Vol Coord @ (478)922-0515 or (877)922-0515 for more information. You can also email to tmalone@healthcoga.com**
