Dance I (Virtual Learning)

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Dunbar Creative and Performing Arts Magnet School

Welcome to the Dunbar Dance Department! I am thrilled you have chosen this course and I am looking forward to a wonderful semester. In this syllabus, you will find all general information you will need to know about the class. Please keep it, so you can refer to it throughout the year if needed.

Course Description: While taking Dance I students will learn the fundamentals of ballet, modern and jazz technique. In addition, students will explore the history of the art form, correct terminology, analyze the anatomical use of the body in dance, and learn beginning processes of dance composition. Students will learn how to live a healthy lifestyle, as dance draws a direct line to healthy habits. This class will encourage the use of creative thinking, self-expression and problem solving. It is my hope that through dance, students will develop self-awareness and selfworth as well as an appreciation of the art itself.

Virtual Learning:

This quarter's dance class will look a little different than usual. We will have movement classes, but not as many as we would if we were meeting face to face. Expectations such as dress, etiquette and participation will be required on days of movement classes, just as if we were in the dance studio. For movement classes they will be notified in class the day before so upon logging in for class they will be fully prepared.

DANCER Expectations:

- D Dress out properly. (This includes hair).
- A Attitude is everything.
- N No gum or food in class.
- C Come prepared.
- E Everyone and their ideas are important.
- R Respect and Responsibility for yourself and others.
- S Stay humble.

Attire: (During virtual learning only)

- Wear something comfortable that you can move in. (leggings and leotard are preferred) Undergarments should not be seen.
- Stomachs should be completely covered.

- No inappropriate graphics.
- Hair must be neatly secured out of your face.

Space: I understand that finding space to dance may be an issue for some. I will do my best to design all movement classes for small spaces. Your space may be inside or outside, but please keep in mind the following when choosing a space.

- Concrete floors can be dangerous for the dancers joints and feet (wear tennis shoes if you must dance on concrete.)
- Make sure you can move safely. Move furniture or other items in your house if need be.
- If you are dancing outside, try to find even ground to prevent ankles from rolling in precaution of obtaining injuries.

Grades:

- You will have 3 major grades (60%) per quarter. These may include: Unit tests, written assessments or recorded movement assessments.
- You will have a weekly minor grade (40%). These will include a cumulative grade of all the work assigned throughout the week. If the student does not complete an assignment, it will affect their weekly minor grade. These assignments will include: participation in movement classes, weekly journal entries, video quizzes and reflections, vocabulary quizzes and health assignments.

All grades will fall under two categories this year: 60% major grade and 40% minor grade. Each student will be given one 40% grade each week and one major grade every three weeks.

Attendance: Students will be counted absent if they do not log onto Schoology each day of the school week. If a student logs onto Schoology and interacts with my class, they are counted present that day. If they do not interact with my class from 12 a.m.-11:59 p.m. on any given day, you are counted absent for that day.

The following information will go into effect when we are able to meet face to face again. Please read thoroughly so that you are prepared:

In addition, the following is required of all dancers to participate in performances and field trips:

- All school rules and policies must be followed including uniform, tardiness, & absences.
- Must maintain an overall "C" average & satisfactory conduct to rehearse, or travel on field trips.
- Required AR points are needed to rehearse & travel on field trips.

Participation: Dance is a movement class; therefore, a large portion of the final grade consists of participation points. Students will be required to arrive to class on time, dress in appropriate attire in the time allotted (dress code and details below) and remain attentive while following expectations throughout the entirety of class. Students will be given **20 points per day** if they are on time, fully dressed out, following directions, putting forth their best effort in all parts of class, and responding constructively to feedback. Points will be deducted if these expectations are not met.

Consequences:

- Late to class from dress allowance (4 minutes) (5 Point deduction and demerit after
 the third occurrence; if you are more than 10 minutes late to class without proper
 documentation you will be asked to sit down for the remainder of class and will have
 a 10 point reduction and demerit after the 2nd occurrence)
- Failure to follow dance department dress code, including hair up and no gum (5-10
 Point deduction and Parent Contact after third occurrence)
- 3. Talking during instruction or performance of others (5 point deduction and demerit after third occurrence)
- 4. Exiting classroom without permission (**Demerit and Parent Contact after first** occurrence)
- Disrespectful to Teacher or other classmates (10 Point deduction, demerit and Parent Contact after second offense)
- 6. Continuous Altercations with Teacher(s), Classmates (**Office Referral and Parent Contact**)

Participation of Dance Showcase: Your dancers participation in the Final Dance Showcase will be determined by their participation grade. Being able to perform is a PRIVELEGE that should NOT be granted if the student does not show the RESPECT and etiquette IN THE CLASSROOM AND THEATER while preparing for the performance.

***The student will be removed from the Showcase after <u>four weeks of a 70/100 participation</u> grade. After the second week a 70/100 is received, the parent will be notified. If the student is removed from the performance, there will be an alternate written assignment to replace the grade of the performance.

Observation: Students will be allowed to sit out and observe movement class 3 times per semester. After the third time a parent note will be required. If there is an injury or illness that requires the student to observe more than three times, a doctor's note is required and a teacher/parent discussion will take place. Students will have an alternate assignment to complete during the period they are observing. This will be turned into the teacher and graded to receive their daily points. If a student observes class more than 3 times per semester without a doctor's excuse, his or her participation grade will begin to drop significantly.

Dressing Out: Students will be allowed 4 minutes to change at the beginning and end of each class period. The 4 minutes will begin immediately after the tardy bell rings for the class period. Students should also use the restroom during this time if needed. It is important that everyone starts class together. Warm up is essential to prevent injuries and prepare the body to dance. Because of the short period of time we have, we cannot afford to waste a second!

Dress Code:

Ballet

- Female: Black leotard, pink or black tights, optional ballet/wrap skirt, pink ballet shoes. Hair must be up and away from the face. No jewelry or visible undergarments.
- Male: White or black fitted T-shirt or tank, black jazz pants, black ballet slippers with elastic straps, dance belt.

Modern

- Female: Black leotard, pink, tan or black tights, black dance shorts or leggings. - Male: White or black t-shirt, black jazz pants or shorts, dance belt

<mark>Jazz</mark>

- Female: Black leotard, fitted tank or shirt, black jazz pants, shorts or leggings, tan jazz shoes.
- Male: T-shirt or tank and black jazz pants or shorts, tan jazz shoes.

Students may purchase supplies from a multitude of places, but I recommend the following:

- www.discountdance.com
- www.dancewearsolutions.com
- The Dance Shop (517 Holcombe Ave)

PLEASE PUT YOUR NAME IN ALL SHOES AND DANCEWEAR!!! I am not responsible for lost dancewear.

Class Materials:

- 2 composition notebooks
- Any textbook needed will be provided*
- Tennis Ball (to be kept in dance bag at all times)
- Sweat towel
- Pen and Pencil

Final Dance Concert: All students are required to perform in the annual showcase scheduled for the class. Students will be well prepared for this performance. This is the opportunity for students to show what they have learned throughout the year. What is expected of them will be clearly communicated during class. Failure to meet these expectations, or to not come at all will result in their overall grade dropping significantly. More details on this performance will be given closer to the date.

Tactile Teaching: In order for dance technique to be taught properly, it is sometimes necessary for the instructor to use physical contact to correct or adjust alignment. If a student is uncomfortable with this, please email me so accommodations may be made.

Electronic Devices: Absolutely no use of cell phones or other electronic devices, unless permission is given by the teacher for a specific assignment. Cell phones must be stored away in bookbags. If a phone is visible in the dressing room or during class, it will be confiscated.

Please sign below stating that you have read the syllabus and the requirements for Dance 2
Student Signature:
Date:
Parent Signature:
Date: