Alabama First Class Pre-K Parent/Family Involvement Log

Child's Name: _____

Name of Parent/Legal Guardian:_____

Instructions: Each Activity Set is 5-Days. You can complete all sets or pick and choose activities from each set. Once you complete the activity, place an "X" in the first box indicating you did the activity. In the second box indicate the amount of time spent with your child completing the activity. Return this form to your child's teacher and you will receive Parent/Family Involvement Hours for each completed activity.

Activity Set 1: 5 Days

Activity	Write "X" beside	Write Time:
	completed	30 minutes
	Activity	up to 1 hour
Play Board Games: Candyland, Chutes and Ladders, Connect Four, Memory, UNO		
Count groups of objects in the house: example count the socks in a drawer, count the cans in the pantry, count the toy		
blocks in a tub; Sock sort: Separate multiple pairs of socks. Allow child to match and sort the socks into pairs. (Start		
with a few 3-5 pairs and add more. Count individual socks and pairs of socks. Compare/measure short and long		
socks. Discuss differences and likeness in socks (colors, patterns, etc.).		
Practice fine motor skills: use tweezers and kitchen tongs to pick up various objects around the house such as cotton		
balls, dry beans, small toys		
Ask child to pretend to be a certain animal. (Ex: Let's pretend to be a cow. What can we do to act like a		
cow? Continue different animals, professions, etc.)		
READ to your child. Read old favorite books. Discover new books. Read a chapter book for bedtime.		

Activity Set 2: 5 Days

Activity	Write "X" beside	Write Time:
	completed Activity	30 minutes up to 1 hour
Mother Nature is calling and wants your family to come outside to play. Try some quiet nature activities that will turn		
your kids into nature lovers. From bird watching to treasure hunting, there are so many things you can do to break		
outside of your four walls and enjoy some time under the big blue sky.		
Show child a familiar book. Ask child to find a specific picture in the book. (ex: car). Ask child a question about the		
picture. (ex: What kind of wheels do cars have? How do you think the car would move if it had square wheels?)		
Draw a picture of a car.		
Hold up specific items (ex: hand mixer, hammer, etc.) and ask child to identify the item. Ask child how to use		
it. Then demonstrate how to use it and allow child to hold and use the item with safety parameters.		
Sort common household objects. Dump all the silverware on the table and let them sort. Sort towels and washcloths		
for laundry. Sort cans and boxes in the pantry.		
Staple paper together, and help your kids write and illustrate a book. You can use real books for direct inspiration or		
come up with a story entirely by yourself.		

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Instructions: Choose activities from each set or complete an entire set. Write an "X" in the box once the activity is finished. In the second box, write the amount of time spent with your child completing the activity. Return this form to your child's teacher and you will receive Parent/Family Involvement Hours for each completed activity.

Activity Set 3: 5 Days

Activity	Write "X" beside completed Activity	Write Time: 30 minutes up to 1 hour
Match pictures of a sad face with a picture of a child dropping his/her banana. Match other emotions with appropriate		
pictures. (Use books, magazines, images, etc.) Discuss the emotions that are felt in the pictures. Relate emotions to		
times that you have felt, sad, happy, angry, etc. What did you do when you felt those feelings?		
Hide a "treasure". Create a map of how to find treasure. Child will use the map to locate the treasure.		
Find household objects that begin with the letters of the alphabet: example fork for F, towel for T, book for B.		
Find upper- and lower-case letters in magazines or advertising flyers.		
Use standard household objects to measure: example how many spoons long is the kitchen table, how many pencils		
long is the sofa, how many crayons long is the bed.		

Activity Set 4: 5 Days

Activity	Write "X" beside	Write Time:
	completed Activity	30 minutes up to 1 hour
Use kitchen spoons, ladles, spatulas, to make music. Make beats that correspond with familiar nursery rhymes. Make		1
patterns of music with the utensils. Make up dance moves to go along with the rhythms.		
Is it a solid or a liquid? (Freeze water, melt ice, make butter, or make Jell-O.) Ask questions about the physical		
properties of the objects. Ex: What was the water before we froze it? (liquid) What is the water's property now that it		
has been frozen? (solid). Expand by melting cubes of ice, place one under the sun and one in a cool place. Talk about		
why one is melting faster.		
Observe the clouds on the sky. Look for different figures. Talk about size, and color, are they moving?		
Sink or float? Set up a sink or swim activity in the sink, bathtub, pot or bucket. Provide different materials for your		
child to explore if they sink or float. Write their observations in a journal or on a piece of paper.		
Say some sounds for letters, such as /p/, /h/ and /t/ and have your child write the letter that matches the sound.		
Cut out letters and attach them on bags. Find household objects that begin with that sound and add it to the bag. Sit		
together and go through items in the bags. Expand by making up a pretend story using the items that were gathered.		