

Is there anything that parents or teachers can do to help a student who receives physical therapy?

Yes, you can assist the child who receives physical therapy in many ways such as:

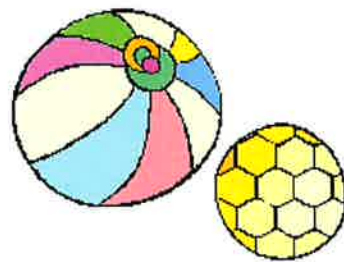
- communicate often with the therapist - ask any questions you may have regarding the student's treatment and progress
- ask the physical therapist for activities that can be carried out at home or in the classroom that will help support the child
- report your concerns regarding the child's functional skills at home and in the classroom to the physical therapist



What is the difference between school based physical therapy and school based occupational therapy?

Some of the areas addressed by physical and occupational therapists overlap. In general, physical therapists focus on:

- walking or wheelchair skills
- stair climbing
- playground skills
- balance
- coordination
- posture
- large motor skills for gym class and recess



Occupational therapists focus on:

- hand skills (handwriting, using small objects, etc.)
- self care (shoe tying, coat on/off, etc.)
- sensory skills
- organizational skills
- visual skills
- oral motor skills (eating and drinking)