

PRAGUE SCHOOLS/SEPTEMBER BREAKFAST & LUNCH MENU



4Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Breakfast: Yogurt/ Toast, Cereal/Toast  1. Soft Beef Taco/cheese, lettuce, pinto beans, salsa, fruit  2. Baked Potato Bar	2 Breakfast: French Toast Sticks, Cereal/ Toast  1. Little Smokies, mac-n- cheese, black eyed peas, fruit, honey bun  2. Ham/Cheese Club	3 Breakfast: Cinn. Toast/ Cereal  1. Steak Fritter, creamy mashed potatoes/gravy, green beans, hot roll, fruit  2. Baked Potato Bar	4 Breakfast: Biscuit & Gravy, Cereal/Biscuit  1. Pizza, green peas, salad/ranch, fruit  2. Salad Bar	5	
CHOOSE ONE LUNCH OPTION DAILY  GRADES KDG-12 *****  MENU SUBJECT TO CHANGE	7  <b>NO SCHOOL</b>  *****  <b>LABOR DAY</b>	8 Breakfast: Egg Patty/ Toast, Cereal/Toast  1. Hamburger, lettuce/ pickles, pork-n-beans, chips, fruit  2. Baked Potato Bar	9 Breakfast: Donuts, Cereal/Toast  1. Chili Crispito/cheese sauce, pinto beans, chips, salsa, fruit  2. Turkey/Cheese Club	10 Breakfast: Cinn. Toast/ Cereal  1. BBQ Pulled Pork on Bun, string cheese, corn, pickle spear, chips, fruit  2. Baked Potato Bar	11 Breakfast: Biscuit & Gravy, Cereal/Biscuit  1. Breaded Chicken on Bun, carrots, fruit  2. Salad Bar	12	
*FRUIT/JUICE/MILK OFFERED DAILY WITH BREAKFAST.....  *FRESH FRUIT/ CANNED FRUIT & MILK  OFFERED W/LUNCH	14 Breakfast: Sausage/ Toast, Cereal/Toast  1. Hot Dog/cheese, baked beans, chips, fruit  2. Salad Bar	15 Breakfast: Pop Tarts, Cereal/Toast  1. Chicken Noodles, carrots, salad/ranch, biscuit, fruit  2. Baked Potato Bar	16 Breakfast: Dutch Waffle, Cereal/Toast  1. Mr. Rib, hash brown, corn, chips, fruit  2. Ham/Cheese Club	17 Breakfast: Cherry Frudel, Cereal/Toast  1. Sloppy Joe, green beans, pickle spear, fruit  2. Baked Potato Bar	18 Breakfast: Biscuit & Gravy, Cereal/Biscuit  1. Pizza, corn, salad/ ranch, fruit  2. Salad Bar	19	
	21 Breakfast: Sausage/ Biscuit, Cereal/Biscuit  1. Salisbury Steak, creamy mashed potatoes/ gravy, green beans, hot roll, fruit  2. Salad Bar	22 Breakfast: Cheese Omelet/Toast, Cereal/ Toast  1. Walking Taco/cheese/ lettuce, pinto beans, salsa, fruit  2. Baked Potato Bar	23 Breakfast: Pancake Bar, Cereal/Toast  1. Hamburger, lettuce/ pickles, baked beans, chips, fruit  2. Turkey/Cheese Club	24 Breakfast: Muffin/ string cheese, Cereal/ Toast  1. Goulash, green peas, cheesy breadstick, fruit  2. Baked Potato Bar	25 Breakfast: Biscuit & Gravy, Cereal/Biscuit  1. Steak Sandwich, carrots, chips, fruit  2. Salad Bar	26	
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	28 Breakfast: Sausage/ Toast, Cereal/Toast  1. Burrito, pinto beans, salsa, fruit  2. Salad Bar	29 Breakfast: Cinnamon Roll, Cereal/Toast  1. Chicken Strips, creamy mashed potatoes/gravy, broccoli, hot roll, fruit  2. Baked Potato Bar	30 Breakfast: French Toast Sticks, Cereal/ Toast  1. Chicken Nacho's, pinto beans, salsa, fruit  2. Ham/Cheese Club				

