

Family and Consumer Sciences

ROCKY HILL HIGH SCHOOL

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COURSE OFFERINGS

	Grades Eligible
Child and Adolescent Development	9, 10, 11, 12
Early Childhood Education	11,12
Individual and Family Development (UConn Early College Experience)	11,12
Culinary I	9, 10, 11, 12
Culinary II	10, 11, 12
Principles of Baking`	10, 11, 12
Fashion Design I	9, 10, 11, 12
Fashion Design II	10, 11, 12
Fashion Merchandising	9, 10, 11, 12
Marriage and Family Life	9, 10, 11, 12
Independent Living	11, 12
Interior Design	9, 10, 11, 12

**for more information on Family and Consumer Sciences courses refer to our slide presentation located on the high school website under the “Departments” tab, “Elective Offerings”

Marriage and Family Life – one semester academic level

This course addresses the relationships of marriage, family and single life. Topics include exploring personal development, emerging issues of adulthood and the historical, legal and social changes in marriage and family patterns. Students will learn constructive ways to convey feelings, thoughts, and values to others. Topics may include the following issues: deciding to have children, raising children, divorce, child custody, insurance, wills and living wills.

Independent Living – full year academic level

This course has been developed to aid students in living on their own in an increasingly complex world, and is designed to make the student a more informed consumer. The course considers various lifestyles, supporting oneself, relationships with others, citizenship and the choosing, buying and planning for one’s home. Students will explore consumer skills, budgeting, insurance and credit options while learning how to make satisfying decisions in the marketplace.

Interior Design – one semester academic level

Interior Design introduces students to the influences that affect housing decisions. Instruction in the social and psychological aspects of housing will be included. Skills in planning and decorating are developed through the study and application of color and the elements and principles of design. Furniture construction, materials and arrangement will be explored. Projects assigned will allow students to apply the knowledge gained in the course.

FAMILY AND CONSUMER SCIENCES COURSE OFFERINGS



COURSE DESCRIPTIONS

Culinary I – full year academic level

This course is designed to introduce the basic principles of food preparation and basic concepts of nutrition. Emphasis will be on meal management, safety, laboratory skills, and the application of the fundamentals of nutrition. Students will work on units introducing specific preparation techniques as well as terminology and use of equipment.

Culinary II – full year academic level

This course is designed for students who have successfully completed Culinary I. Knowledge of basic food preparation techniques and nutrition is essential. Students will explore the customs, methods and ingredients of food preparation of other countries and regions in the United States. Students will plan and prepare foods representative of countries and use equipment native to the land or people. The impact of culture, income, age, health concerns and nutrition are examined. Students will also explore techniques used in cake decorating and food preservation. (Prerequisite: Culinary I)

Principles of Baking – full year academic level

In this course students will acquire a basic foundation of techniques used in baking and pastry. Curriculum will include baking and pastry terminology, ingredients, and methods. Emphasis on quality control, production consistency, weights and measurement, larger scale production, bakers' percentage, safety and sanitation, time management, collaboration and communication. (Prerequisite Culinary I)

Child and Adolescent Development – full year academic level

This course will examine human development from conception through adolescence, with emphasis on the areas of physical, cognitive and socio-emotional development. Course content will include units on teen pregnancy, reproduction, prenatal development and birthing options. Major theories of development and promoting positive development will be emphasized. Students will participate in a parenting simulation.

Early Childhood Education - full year academic level

This course is designed to provide students with information and skills necessary to be employed in the field of early childhood education. Emphasis will be on practical ways to guide children through the early years of development and the exploration of careers dealing with children. Students assume responsibility for planning, conducting and evaluating early childhood activities. Students will be required to volunteer one and a half hours weekly at an internship site. (Prerequisite: Child and Adolescent Development)

Individual and Family Development-UCONN Early College Experience – full year – AP level

This course is designed as an introduction to the field of human development and the world of teaching. Students will gain an understanding of individual and family development over the lifespan. Job shadows and an internship will be key components of this course. Upon successful completion of the course students are eligible to receive three credits from the University of Connecticut. No additional exam is required.

Fashion Design I – full year academic level

This course is designed for students interested in sewing techniques and fashion design. Students will learn basic sewing techniques and complete several sewing projects. Units on the importance of fashion, fashion trends and cycles, fashion history and career exploration will be covered.

Fashion Design II – full year academic level

This is an advanced course designed for those students who are interested in more challenging sewing techniques and more in depth study of the fashion industry. Students will build on skills acquired in Fashion Design I. Students will create more complex projects and learn to design, create and or/alter patterns. Units covered will include Fibers and Fabrics, Color and Design, Fashion Designers and Fashion Merchandising. (Prerequisite: Fashion Design I)

Fashion Merchandising – one semester academic level

Fashion Merchandising is designed to give students an overview of the fashion industry. Students will be introduced to a range of careers in the field. This class will work closely with the Entrepreneurship class to identify, create and market a product of their own design.