

First, clean your hands with hand cleaner.



Next, get a clear cup, napkin, baggie and a spoon.



Then, put two scoops of chocolate pudding in your clear plastic cup.



Then, tell a teacher what you did.

#### What did I do?

Next, find a gummy worm and put it on top of the pudding.



#### Then, find the Cool Whip<sup>®</sup> and put one large scoop on the worm.



After that, find the Oreo<sup>®</sup> cookies and put two cookies in the baggie.



#### Then, close the baggie and crush the Oreos<sup>®</sup> with your hand.



Next, put the crushed Oreos<sup>®</sup> on the Cool Whip<sup>®</sup>.



### Finally, tell a teacher you are finished and eat your dirt pudding. Enjoy!



## Dirt Pudding By Dawn Belacic, CCC-SLP

This activity is intended to be done in stations. The objectives of the activity include reading with independence (or minimal assistance), independently following directions, practice with transitional vocabulary, oral recall of completed steps and understanding new vocabulary.

It was originally developed for a classroom which had students who have a variety of disabilities including multiple disabilities, but could very easily be used in the general education classroom.

To set up the activity, gather all of your supplies and ingredients and arrange them in stations according to the directions.

I hope your students enjoy making this recipe as much as mine did! Best Wishes...Dawn

# Ingredients/Supplies

- Hand cleaner
- Clear cups
- Napkins
- Clear zip-top baggies
- Plastic spoons
- Pre-made chocolate pudding
- Gummy worms
- Cool Whip<sup>®</sup>
- Oreo<sup>®</sup> cookies

