**Rocky Hill Public Schools**

**Meal & Snack Prices**

**School Year 2017-2018**

Meals, foods and beverages sold or served at schools meet state and federal requirements based on the USDA Dietary Guidelines. All meals, foods and beverages are prepared and served by qualified child nutrition professionals. We provide students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students.

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| --- | --- | --- | --- | --- |
| **Schools** | **Breakfast**  **Reduced** | **Breakfast**  **Full Price** | **Lunch**  **Reduced** | **Lunch**  **Full Price** |
| **Stevens Elementary** |  |  | **$0.40** | **$2.75** |
| **West Hill Elementary** |  |  | **$0.40** | **$2.75** |
| **CREC**  **Aerospace** | **$0.30** | **$1.50** | **$0.40** | **$2.75** |
| **Griswold**  **Middle School** |  |  | **$0.40** | **$3.00** |
| **Rocky Hill**  **High School** | **$0.30** | **$1.50 / $2.25** | **$0.40** | **$3.00** |
| **Milk** | **$0.55** | **$0.55** | **$0.55** | **$0.55** |
| **Adults** | **N/A** | **$1.80 / $2.50** | **N/A** | **$4.00** |

**Snack Prices**

Snacks offered for sale in the Rocky Hill Public School District meet the CONNECTICUT NUTRITION STANDARDS that the CSDE developed with input from the state nutrition standards committee. The CNS focuses on limiting calories, fat, saturated fat, sodium, and added sugars, eliminating trans-fat, and promoting more nutrient-rich foods such as fresh fruits, vegetables, whole grains, low-fat dairy, legumes, and lean meats. These standards are based on current nutrition science and national health recommendations from the Dietary Guidelines for Americans and national health and nutrition organizations

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| --- | --- | --- | --- |
| **Snack** | **Price** | **Snack** | **Price** |
| **8 oz. Water** | **$0.75** | **Cookies** | **$0.50** |
| **16 oz. Water** | **$1.25** | **Chips** | **$1.00** |
| **4 oz. 100% Juice** | **$0.50** | **Pop Tarts** | **$1.00** |
| **8 oz. 100% Very Fine Juice** | **$1.25** | **Ice Cream** | **$1.00** |
| **8 oz. Switch** | **$1.50** | **Granola Bar** | **$0.75** |
| **11.50 oz. Snapple** | **$1.25** | **Rice Krispy Treat** | **$0.75** |
| **Fruit / Vegetable** | **$0.50** | **Cheeto’s** | **$0.75** |
| **4 oz. Yogurt** | **$0.75** | **Popcorn** | **$0.75** |

**This institution is an equal opportunity provider.**