

# Offer Versus Serve

Offer versus serve (OVS) allows students to decline some of the food offered in a reimbursable lunch or breakfast. The goals of OVS are to allow students to decline some of the foods offered and to reduce food waste.

## Definitions

- ✓ Food Component: One of the food groups that comprise a reimbursable meal (Examples: fruit, grain, milk)
- ✓ Food Item: A specific food offered within the food components (Example: muffin, apple, pizza)

## General Requirements

- ✓ Student's option to decline item(s)
- ✓ Meals are priced as a unit, even if a component(s) or item(s) are declined.
- ✓ Full amount of each component must be available to choose

## Lunch OVS Requirements

- ✓ Required at senior high school/optional at lower grades
- ✓ Student must select 3 of the five components, in the planned serving size
- ✓ Student must select at least  $\frac{1}{2}$  cup serving of fruit and/or vegetable as one of the components selected

## Breakfast OVS Requirements

- ✓ Optional at all grade levels
- ✓ Menu must include at least 4 food items
- ✓ Student must select at least 3 food items
  - For grains (or meat/meat alternate offered as grains) and milk, the student must select the daily minimum required amount
- ✓ Student must select at least  $\frac{1}{2}$  cup fruit as one of the items selected.

This institution is an equal opportunity provider and employer.



# B R E A K F A S T

## Fruit

- Must choose 1 or 2 items (must have at least 1)

## Grains & Meat

- May choose 1 or 2 items (some items count as 2)

## Milk

- May choose 1 item

## Check your Tray...

Do you have a fruit ?

Y  
E  
S

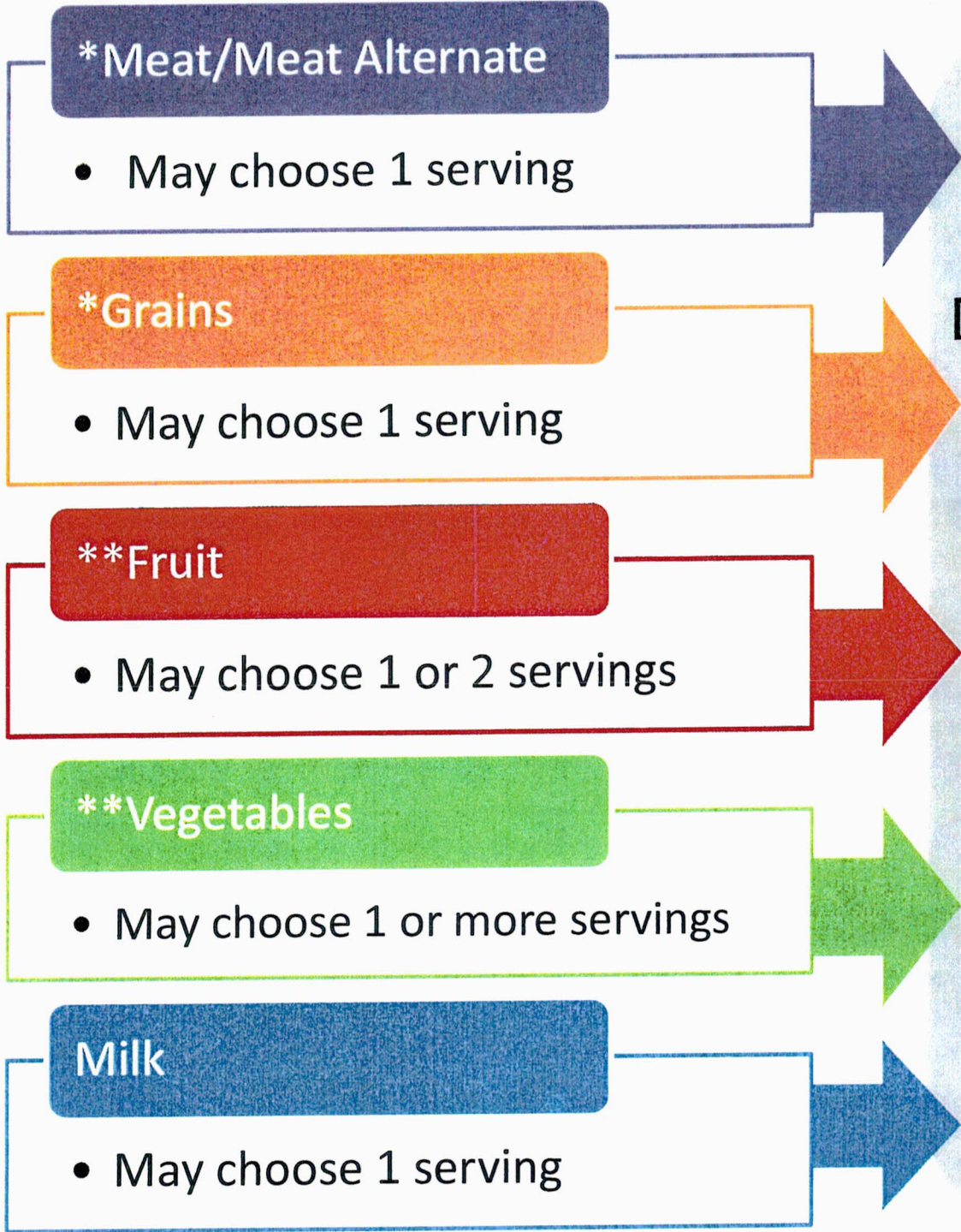
Do you have 2 or 3 other items?

Y  
E  
S

Enjoy your Breakfast!



# L U N C H



## Check your Tray...

Do you have a fruit or a vegetable?

**YES**

Do you have at least 2 other items?

**YES**

Enjoy your lunch!

\*Some items may count as 2    \*\*Must have at least 1 fruit or vegetable

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