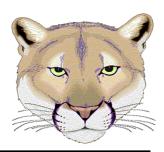
SMOKETREE ELEMENTARY SCHOOL

Cougar Connection



April 2021

AzMERIT: Arizona State Assessment

Our 3-6th grade students are taking the AZMERIT Test. The testing window is April 1, 2021 to April 30, 2021. Please help your child get a good night's rest on school nights and eat a filling breakfast in the morning. It is also important your child arrives to school on time every day. These simple steps can make a big difference in our students' test performance. Please contact your child's teacher if you have any questions about the testing. Thank you.

SLEEP WELL

- A good night's sleep recharges the brain
- Grade schoolers need 9 11 hours a night
- · Well-rested = alert, relaxed, calm
- At his/her personal best

AzMERIT Tips for Success

EAT WELL

DON'T WORRY

- Lower your stress, kids pick up on it
- Encourage your child to do his best
- Remind her you support her no matter what
- Help him find ways to wind down

- Send him off with a positive outlook
- Remind her she has the needed skills
- Tell him to relax & pace himself
- Be your child's biggest most vocal cheerleade

Dress Code

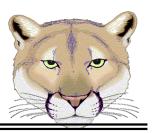
^^^^

Please remember all students must wear a standardized school shirt to school. Also, the weather is warming up and students are starting to wear shorts again. Please review the dress code policy with your student and remember shorts **must be** finger tip length (no holes or fray).

Thank you.

SMOKETREE ELEMENTARY SCHOOL

Cougar Connection



aaaaaaaaaaa

April 2021



Camp Invention

Camp Invention will be led by Taylor Wheeler and hosted at Starline Elementary School June 7-11, 2021 from 9:00 am to 3:30 pm. This camp is open to students entering grades 1-6. To register or learn more, please contact Taylor Wheeler at taylor.wheeler@lhusd.org

Stem Activities

21-22 School Year

Registration for the 21-22 school year is now <u>Online</u>. Please go to the district website at lhusd.org and click on the Registration Tab. From there, navigate to the Returning Students section and click on Online Registration. You can make necessary changes to your child's profile and upload your Arizona proof of residency. If you do not upload the AZ proof online, you will need to bring the proof to the Smoketree office. To ensure your child is enrolled at Smoketree for next year, please do not delay this process. The deadline is April 16, 2021. If you need assistance or have questions, please call our school office at 928-505-6020.

SMOKETREE ELEMENTARY SCHOOL

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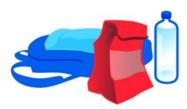
April 2021



FOR PARENTS AND CAREGIVERS²



Lead by example, drink water around your kids.



Keep water close by, always pack a water bottle in backpack, schoolbag or lunch box.



Always serve water with meals and snacks.



Make drinking water more kid-friendly with fun cups, silly straws or by adding fruit such as colorful berries or a slice of citrus.



Serve water-based foods; fruits, vegetables and dairy are mostly water and help keep kids hydrated.



Offer water often throughout the day; remember kids don't think to drink!

The importance of drinking water at school

- ♠ Research has shown that well hydrated children tend to have better concentration and memory and are more alert and focused.^{6,7,8} This research suggests that being well hydrated may help with school performance.⁷
- Even when children are slightly dehydrated it can affect their mood and they may become irritable and tired.⁴



MYTH:

Drinking water in class may cause disruptions and decrease productivity.



FACT:

Drinking water throughout the day may actually be helpful for school performance. 6,7,8



If you have any questions about the information provided, please call 505-6020

April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				I	2	3
4	5 Student Council Meeting from 2:45 to 3:30pm	6	Early Release Day!	8 KC Club Meeting Via Zoom	9	10
11	12 Kinder Swim (Cota & Pardinas)	13 Kinder Swim (Cota & Pardinas) PTSO Meeting @ 2:45pm in the Library	Early Release Day!	15 Kinder Swim (Cota & Pardinas)	16 Kinder Swim (Cota & Pardinas)	17
18	19 Kinder Swim (Tefft) Student Council Meeting from 2:45 to 3:30pm	20 Kinder Swim (Tefft)	Student Progress reports Early Release Day!	22 Kinder Swim ((Tefft) KC Club Meeting Via Zoom EARTH DAY 160th day	23 Kinder Swim (Tefft)	24
25	26	27	Early Release Day!	29	Bright Neon day	

Daily School Hours: 7:55 - 2:30 pm

Early Release Hours:

1:00 pm