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SOCIAL WORK SPOTLIGHT

Take Time to be Thankful in November

Be Thankful
Be thankful that you don't already have everything you desire,
If you did, what would there be to look forward to?
Be thankful when you don't know something
For it gives you the opportunity to learn.
Be thankful for the difficult times.
During those times you grow.

Be thankful for your limitations
Because they give you opportunities for improvement.
Be thankful for each new challenge
Because it will build your strength and character.
Be thankful for your mistakes
They will teach you valuable lessons.
Be thankful when you're tired and weary
Because it means you've made a difference.
It is easy to be thankful for the good things.
A life of rich fulfillment comes to those who are
also thankful for the setbacks.
GRATITUDE can turn a negative into a positive.
Find a way to be thankful for your troubles
and they can become your blessings.

Author Unknown

Check out this Gratitude Practice-Every time you wash your hands focus on your feelings of gratitude.

Community Spotlight

DESOTO COUNTY DREAMCENTER INC

Approximately 11% of DeSoto County's population is at or below the poverty level, and 17% of DeSoto County is medically uninsured. Aiming to meet this undeniable and growing need, North Mississippi has launched its first Dream Center, a cooperative fellowship which includes churches and non-profit compassion ministries.

The DeSoto County Dream Center has made its mission to connect people to a community of support by serving as a resource center focused on finding solutions to hunger, lack of education and healthcare. The DeSoto County Dream Center will provide food, clothing, educational & medical resources to DeSoto County, while focusing on the full and lasting transformation of people's lives.

<For more information, check out their website—www.desotodreamcenter.org>

Anna Johnson, SPED Social Worker-Request Form

Sarah Samples, District Social Worker-Request Form