

## **RCSS School Health Advisory Council Minutes**

Meeting Date: November 26, 2018

Location: RCSS Boardroom

### **Council Members Present:**

Edwina Ashworth (Director of Administrative Services for Students); Shon Hildreth (Principal-SWRHS); Monica Hurley (Lead School Nurse); Kendall Phillips (Health Educator-RCHD); Kelly Green (Asst. Director-School Nutrition); Greg Brewer (Safety Coordinator); Susan Robbins (School Social Worker); Larry Chappell (Director of Middle Schools)

### **Minutes:**

Edwina Ashworth called meeting to order.

April 19th minutes were distributed, discussed and approved.

### **Old Business:**

Healthy Active Children Project Report-Submitted on 7-17-19 (#48)

Areas looked at were: Q9, Q10, Q12, Q19, Q20, Q21, Q22, Q27, Q32, Q40

Adding new members to the committee - Larry Chappell (Director of Middle Schools) was added and in attendance today.

### **New Business/Reports/Roundtable Discussions:**

Reviewed 2018-2019 Goals:

1. Increase knowledge of social/emotional needs and provide support as appropriate through professional development
2. Increase staff knowledge of student health concerns related to drug and tobacco use/abuse
3. Increase staff awareness of health topics to promote staff wellness

SHAC (School Health Advisory Council) information is on the RCSS website

Title V Funding – Funding from DPI based on teen pregnancy rate, second birth rate, free and reduced lunch, and rate of children in foster care.

RCSS contracts with the POE Center for puberty units taught in the elementary schools. Currently 4-6 grades are taught. Next year only 5-6 grades will have the opportunity to participate. Letters are sent home notifying and explaining to parents what will be taught.

Through Title V (Sexual Risk Avoidance Education Funding) RCSS will be able to continue to offer workshop as well as offer additional workshops such as:

Safe Talk	Darkness To Light	Mental Health First Aid
ASSIST	Reconnect To Resilience	Teen Speak

Kendall can provide sexual health, LGBT, Narcan, and Good Samaritan Law training

Marty is sending out weekly “Wellness” emails to all employees.

Ideas for supporting staff wellness were creating healthy school challenges and school or staff workouts.

**Next Meeting: February 25, 2019 at 3:30 PM in RCSS Boardroom**

Meeting Adjourned.