Amite County High School

August 2019 Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Aug – 5 | Aug - 6Spaghetti & Meat SauceGarlic ToastLemon-Glazed CarrotsSouthern Green BeansTropical FruitAssorted Fruit JuicesAssorted Milk | Aug - 7Pepperoni Pizza WedgeCrinkle Cut FriesCalifornia VeggiesFruit CrispAssorted Fruit JuicesKetchup 2Assorted Milk | Aug - 8Chili Cheese over ChipWhole Kernel CornTossed Salad w/ DressingBlushing Chilled PearsAssorted Fruit JuicesAssorted Milk | Aug - 9Mandarin ChickenStir Fried RiceRollBlack-Eyed PeasSteamed CarrotsChilled Peach SlicesAssorted Fruit JuicesAssorted Milk |
| Aug - 12Chicken TendersMashed Potatoes /CheeseGreen PeasWhole Wheat RollKetchup 1 or 1 Dipping SaucePineapple TidbitsAssorted Fruit JuicesAssorted Milk | Aug - 13Sloppy Joe on BunCrinkle Cut FriesSteamed CabbageKetchup 1Mandarin Fruit CupAssorted Fruit JuicesAssorted Milk | Aug - 14Honey BBQ Chicken BitesRollCheesy BroccoliBaby Carrots w/ DressingTomato & Cucumber SaladAssorted Fruit JuicesFresh OrangesAssorted Milk | Aug - 15BBQ Meatball HoagieSpicy FriesCalifornia VeggiesApplesauceAssorted Fruit JuicesKetchup 1Mayonnaise 1Assorted Milk | Aug - 16Corn DogSweet Potato FriesBaked BeansAssorted Fruit JuicesFruit CrispKetchup 2Mustard 1Assorted Milk |
| Aug - 19Chicken Salad on bunChicken Salad w/CrackSpicy FriesGreen BeansVanilla PuddingPear SaladAssorted Fruit JuicesAssorted Milk | Aug - 20Chef SaladORBeef-A-RoniGarlic ToastCream-Style CornTossed Salad w/ DressingFresh OrangesAssorted Fruit JuicesAssorted Milk | Aug - 21CheeseburgerTater TotsBaby Carrots w/ DressingKetchup 3Mayonnaise 1 Mustard 1Pineapple TidbitsAssorted Fruit JuicesAssorted Milk | Aug - 22Cheesy Chicken /RiceRollBlack-Eyed PeasSliced CarrotsChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Aug - 23BBQ Chicken SandwichCrinkle Cut FriesCreamy ColeslawApplesauceAssorted Fruit JuicesChocolate Chip CookieKetchup 3Mayonnaise 1Assorted Milk |
| Aug - 26MeatloafMashed Potatoes / GravyCalifornia Veggies Yeast RollAssorted Fruit JuicesFruit CrispAssorted Milk | Aug - 27Tuna Salad / CrackersORBoneless BuffaloHot WingsRollMacaroni and CheeseYam PattiesBlack-Eyed PeasAssorted Fruit JuicesSliced StrawberriesAssorted Milk | Aug - 28Chicken SpaghettiGarlic ToastLemon-Glazed CarrotsTossed Salad w/ Dress Tropical FruitAssorted Fruit JuicesAssorted Milk | Aug - 29Beefy Nachos GrandeTaco SauceSour CreamWhole Kernel CornCucumber Sticks/dressingAssorted Fruit JuicesPineapple TidbitsAssorted Milk | Aug - 30Grilled OR Spicy Chicken SandwichSweet Potato FriesCheesy BroccoliFresh ApplesAssorted Fruit JuicesKetchup 1Mayonnaise 1Mustard 1Assorted Milk |
| \*\*\* Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However; students are only REQUIRED to select three components with one being a fruit or vegetable\*\*\*\*Milk served daily: fat-free flavored milk and 1% white milk. \*\*Menu subject to change due to unforeseen circumstances\*\*\*\*\*This institution is an equal Opportunity Provider and Employer\*\*\* |