Alabamians have a central place to call with questions about being tested for COVID-19. The new helpline number from the Alabama Department of Public Health is 1-888-264-2256



- Chicken Salad Chick (Mobile-Hillcrest) will be offering free kids meals to kids 12 and under on Mondays until schools reopen.
- Rock and Roll Sushi (McGregor Location and Tillman's Corner) kids 12 and under eat free with adult entree.
- ♦ Episcopal Church of the Redeemer (7125 Hitt Rd. Mobile): "Meals from the Heart" Take Out Only-Wednesday, March 18th 5:00-6:30

Non-Screen Activities You Can Do at Home

Puzzles and word searches	Bake something special	Color or draw	
Play games	Read a book or two	Start a craft project	
Watch movies	Listen to music	Pamper yourself: soak in the tub, paint fingernails, etc.	
Take a nap	Organize your closet	Clean your room	
Help around the house: sweep, vacuum, do laundry, etc.	Get moving: dance, exercise or take a walk	Write a thank you letter	
Call your best friend	Make a list of all the things that make you happy or that you are thankful for		

Learning Websites that are FREE!!!!!!!

<u>Learning websites t</u>	Hat are rate brilling		
Scholastic Learn at Home: Day to day projects to keep children learning. Every day includes four separate learning experiences, each built around a thrilling, meaningful story or video. Kids can do them on their own, with their families, or with their teachers. Just find your grade level and let the learning begin! https://classroommagazines.scholastic.com/support/learnathome.html	Learning Games for Kids: Learning Games for Kids is all about games that teach kids almost every subject you can think of. Word, spelling, social studies, brain, science, art, vocabulary, literature and keyboarding games will get your kids started on a learning adventure. https://www.learninggamesforkids.com/		
Curriculum Associates: Free printable resources for kids, just click on planning for extended school closures https://www.curriculumassociates.com/	Fun Brain: Math, reading, online books and learning games are just some of the site's many treats. https://www.funbrain.com/		
Time for Kids:from the publishers of TIME magazine, TIMEforKids.com is loaded with interesting articles, photos, and videos. https://www.starfall.com/h/	Starfall: PreK-3rd grade https://www.starfall.com/h/		
Math: • Prodigy https://play.prodigygame.com/ • Khan Academy www.khanacademy.org • Cool Math: https://www.coolmath.com/	Reading • Squiggle Park https://www.squigglepark.com/ • Storyline https://www.storylineonline.net/		
Science: • Mystery Doug https://mysterydoug.com/ • National Geographic https://kids.nationalgeographic.com/	Social Studies: • History for Kids https://www.historyforkids.net/		
Writing: • Typing Club https://www.typingclub.com/	Take a Virtual Tour of 12 Famous Museums: https://www.travelandleisure.com/attractions /museums-galleries/museums-with-virtual-to urs		