

# RCSS School Health Advisory Council Minutes

Meeting Date: December 2, 2019

Location: RCSS Boardroom A

## **Council Members Present:**

Edwina Ashworth (Director of Administrative Services for Students); Jeff Howard (Supervisor - School Nutrition); Marty Trotter (Asst. Superintendent); Greg Brewer (Safety Compliance Officer); Brianna Rouse (School Social Worker); Wendy Kennon (PE/Health Ed. Supervisor); Monica Hurley (School Nurse); Susan Robbins (School Social Worker); Jayme Robertson (School Nutrition Asst. Director); Eric Gee (Asst. Principal ATMS); Larry Chappell (Director of Instructional Support Services-Title II/Title V)

## **Guest Present:**

Laurie Perez (Sandhills Center Mental Health)

## **Minutes:**

Edwina Ashworth called the meeting to order.

Minutes from last meeting were approved.

## **Old Business:**

Healthy Choices (Nutrition) for Athletes

WHS is going to pilot the program. New points of contact to get it off the ground are Mandy Tuggle, (Asst. Principal), Leslie Jessup (School Counselor) and Phillip Yarbrough (PE and Health)

Youth Mental Health First Aid

Erin Starr (Coordinator of Administrative Services for Students) and Kendall Phillips (Randolph County Public Health) are continuing to train RCSS staff. Title IV funding is assisting with Youth Mental Health First Aid training. During 2019-2020, the following groups will receive this training: Principals, Assistant Principals, Lead Teachers, Career Development Coordinators, Media Specialist, all staff at the Randolph Early College High School and 3 classroom teachers from each RCSS school.

Upcoming trainings: January 26, 2020-AT area schools (classroom teachers)

February 17 (classroom teachers)

## **New Business:**

1. Title V funding (Sexual Risk Avoidance Educational Grant):
  - This funding has not officially been allotted at this time. RCSS has been notified that funding will be awarded again to the district.
  - Edwina Ashworth shared on behalf of Dr. Chappell that currently the proposal for the use of funding would be:
    - Continue partnership with the Poe Center for 5th grade puberty lessons
    - Continue to provide technology (Chromebooks) to 6th grade health teachers to enhance the digital learning opportunities in the health curriculum and purchasing an additional Tech Tubs (which can charge 6 Chromebooks at a time)
    - Provide additional professional development to 6th grade health teachers to support effective lesson planning
    - Continue to provide additional professional development, such as 2-day Reconnect to Resilience Training (School Counselors, SSW's and School Nurses were trained last year)
2. Laurie Perez provided the following:
  - Brenda Goss could offer free trainings to employees on "Paper Tigers" and "Resilience"
  - Megan Tarver could offer the "Darkness to Light Training"
  - Medicaid transformation is on hold currently
  - Megan Tarver replaced Lucy Dorsey at Sandhills Center Mental Health
3. Board Policy Updates during 11/18/19 board meeting:
  - Only legal reference changes only in the following polices: 4240/7312; 4270/6145; 6120; 6220; and 6230.

## **Roundtable Discussion:**

- Greg Brewer will continue monthly safety meetings.  
New Safety drive is now 1 version - January start date  
Working on getting elementary schools in compliance  
Continuing to work on compliance of the middle and high school CTE such as the Agricultural Departments, Shop-Welding, Construction Departments, and Science labs
- Monica Hurley
  - CPR classes are being conducted - next classes are 1-22-20 and 6-11-20
  - EC Bus Drivers, Maintenance and warehouse staff were trained last year
  - School Nurses have conducted and completed vision and dental screenings throughout RCSS elementary schools
- Wendy Kennon has coordinated Vaping Informational Sessions at Open Houses for middle and high schools  
Strategic Planning meetings with Randolph Public Health are held on Wednesdays
- Jayme Robertson-School Nutrition has 4 new interns that are happy to conduct any needed trainings such as student athlete training

Menu committee will start meeting soon

School Nutrition will present at Ramseur Pre-K Community Education Night

- Marty Trotter will continue to forward Wellness Tips emails weekly.
- Susan Robbins, Brianna Rouse-School Social Workers have sat in on the Youth Mental Health First Aid training to ensure and offer support to staff and employees that may need assistance during the training
- The council reviewed the goals for 2019-2020 school year:
  - Expand training provided to support personnel to classified employees and teachers;
  - Incorporate student/staff wellness initiatives presented in wellness policy; i.e provide alternative options to food as reward;
  - Present goals at principals meeting to reach more administrative personnel.

**Next Meeting: February 24, 2020**

**Meeting Adjourned.**