

Chapter	Essential Questions	Standards & Skills	Common Assessments	Learning Activities	Resources/Technology	Unit Reflection
<p><b>Chapter 1: Understanding Health and Wellness</b></p> <p><b>Quarter: 1</b></p> <p><b>Length (Days): 4 days</b></p>	<p>1. Can I describe the elements of the health triangle?</p> <p>2. Can I describe heredity, environment, and culture as influences on health?</p> <p>3. Can I explain how behaviors and the choices and decisions I make affect my health?</p> <p>4. Can I explain how peer pressure can positively and negatively affect my health?</p>	<p><b>ILS:</b>                  20A.1, 22A.3, 22A.4, 22A.5, 22A.7, 22A.8, 22A.10, 22B.1, 22B.2, 22B.3, 22B.4, 22B.5, 22B.6, 22B.7, 22C.1, 22C.2, 22C.3, 22C.4, 22C.5, 22C.6, 22C.7, 22C.8, 22C.9, 23A.2, 23A.3, 23B.2, 23C.5, 23C.11, 23C.12, 24A.13, 24B.1, 24B.2, 24B.5, 24B.7, 24C.1, 24C.2, 24C.3, 24C.4, 24C.5, 19C.2, 19C.5, 19C.6, 19C.7, 20A.1, 20A.2, 20A.3, 20A.4, 20B.1, 20B.2, 20B.3, 20B.5, 20C.1, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.11, 22A.12, 22B.1, 22B.2, 22B.4, 22B.5, 22B.6, 22C.1, 22C.4, 22C.5, 22C.6, 22C.7, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.3, 23B.4, 23C.1, 23C.2, 23C.3, 23C.5, 23C.8, 23C.9, 24A.1, 24A.2, 24A.4, 24A.5, 24A.6, 24A.7, 24A.8, 24A.9, 24A.10, 24A.11, 24A.12, 24B.1, 24B.2, 24B.3, 24B.4, 24C.1, 24C.2, 24C.3, 24C.4, 20A.1, 20A.3, 22A.1, 22A.4, 22A.5, 22A.6, 22A.7, 23A.1, 23A.2, 23A.3, 23A.4, 23B.1, 23B.2, 23B.3, 23B.4, 23B.5, 23B.6, 23C.1, 23C.2, 23C.3, 23C.5, 23C.6, 23C.7, 23C.8, 23C.9, 24A.1, 24A.2, 24A.3, 24A.4, 24A.8, 24B.2, 24C.1, 22B.2</p> <p><b>National:</b>                  2.12.2, 2.12.3, 2.12.4, 2.12.5, 2.12.8, 2.12.10, 3.12.1, 3.12.2, 3.12.3, 3.12.4, 3.12.5, 4.12.1, 7.12.1, 7.12.2, 8.12.1, 8.12.2, 8.12.3</p>	<p><b>Formative:</b>                  Worksheets</p> <p><b>Notes/Class Discussion</b></p> <p><b>Reflection</b></p> <p><b>Summative:</b>                  Chapter Quiz/Test</p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>

<p><b>Chapter 2: Taking Charge of Your Health</b></p> <p>Quarter: 1</p> <p>Length (Days): 4 days</p>	<p>1. Can I explain how refusal skills and conflict resolution strategies will affect my health?</p> <p>2. Can I describe how effective communication and advocacy skills will affect my health?</p> <p>3. Can I explain the various aspects of being a health consumer?</p> <p>4. Can I explain what it means to be health literate?</p> <p>5. Can I develop and implement an action plan for setting goals?</p>	<p><b>ILS:</b></p> <p>21B.4, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22B.1, 22B.2, 22B.3, 22B.4, 22B.5, 22B.6, 22B.7, 22C.1, 22C.2, 22C.3, 22C.4, 22C.5, 22C.6, 22C.7, 22C.8, 22C.9, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23A.6, 23A.7, 23A.8, 23A.9, 23A.10, 23B.1, 23B.2, 23B.3, 23B.4, 23B.5, 23B.6, 23B.7, 23B.9, 23C.1, 23C.2, 23C.3, 23C.4, 23C.5, 23C.6, 23C.7, 23C.10, 23C.11, 23C.12, 23C.13, 24A.1, 24A.2, 24A.3, 24A.4, 24A.5, 24A.6, 24A.7, 24A.8, 24A.10, 24A.11, 24A.12, 24A.13, 24B.1, 24B.4, 24B.6, 24B.7, 24C.1, 24C.2, 24C.3, 24C.4, 24C.5, 19C.1, 19C.2, 19C.3, 19C.4, 19C.5, 19C.6, 19C.7, 20A.1, 20A.2, 20A.3, 20A.4, 20B.1, 20B.2, 20B.3, 20B.4, 20B.5, 20C.1, 20C.2, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.11, 22A.12, 22B.1, 22B.2, 22B.3, 22B.4, 22B.5, 22B.6, 22C.1, 22C.4, 22C.5, 22C.6, 22C.7, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.2, 23B.3, 23B.4, 23C.1, 23C.2, 23C.3, 23C.5, 23C.7, 23C.8, 23C.9, 24A.1, 24A.2, 24A.3, 24A.4, 24A.5, 24A.6, 24A.7, 24A.8, 24A.9, 24A.10, 24A.11, 24A.12, 24B.1, 24B.2, 24B.3, 24B.4, 24C.1, 24C.2, 24C.3, 24C.4, 20A.1, 20A.3, 20A.4, 20A.5, 20B.1, 20B.2, 20C.8, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.7, 22A.8, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.2, 23B.3, 23B.4, 23B.6, 23C.1, 23C.2, 23C.3, 23C.5, 23C.6, 23C.7, 23C.8, 23C.9, 23C.10, 24A.1, 24A.2, 24A.4, 24A.5, 24A.6, 24A.7, 24A.8, 24A.9, 24A.10, 24A.11, 24B.1, 24B.2, 24C.1, 24C.2, 24C.3, 22B.2, 22B.3, 23C.7, 24C.3</p> <p><b>National:</b></p> <p>1.12.5, 2.12.2, 2.12.3, 2.12.4, 2.12.5, 2.12.8,</p>	<p><b>Formative:</b></p> <p>Notes/ Class discussion</p> <p>Worksheets</p> <p><b>Summative:</b></p> <p>Lesson Quizzes</p> <p>Chapter Test</p>	<p><b>Lesson Notes</b></p> <p>Class Discussions</p> <p>Class Worksheets</p> <p>Group Situation – Apply decision making model</p>	<p><b>Videos</b></p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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2.12.9, 2.12.10, 3.12.1,  
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4.12.1, 4.12.2, 4.12.3,  
4.12.4, 5.12.2, 5.12.3,  
5.12.5, 5.12.7, 7.12.1, 8.12.1

<p><b>Chapter 3: Achieving Mental and Emotional Health</b></p> <p><b>Quarter: 1</b></p> <p><b>Length (Days): 4 days</b></p>	<p><b>1. Can I describe what it means to have good character?</b></p> <p><b>2. Can I explain the factors that lead to positive self-esteem?</b></p> <p><b>3. Can I list 3 ways to positively show emotion?</b></p> <p><b>4. Can I list 3 ways to negatively show emotion?</b></p>	<p><b>ILS:</b>  <a href="#">23B.3</a>, <a href="#">23C.7</a>, <a href="#">23C.8</a>, <a href="#">23C.13</a>, <a href="#">24A.5</a>, <a href="#">24A.10</a>, <a href="#">24A.11</a>, <a href="#">24A.12</a>, <a href="#">24B.4</a>, <a href="#">24B.7</a>, <a href="#">19C.7</a>, <a href="#">22A.4</a>, <a href="#">22A.5</a>, <a href="#">22A.7</a>, <a href="#">22A.10</a>, <a href="#">22A.11</a>, <a href="#">23C.5</a>, <a href="#">23C.9</a>, <a href="#">24A.5</a>, <a href="#">24A.7</a>, <a href="#">24B.1</a>, <a href="#">24B.2</a>, <a href="#">24B.3</a>, <a href="#">20A.1</a>, <a href="#">22A.6</a>, <a href="#">22A.7</a>, <a href="#">23C.1</a>, <a href="#">23C.3</a>, <a href="#">23C.6</a>, <a href="#">23C.10</a>, <a href="#">24A.4</a>, <a href="#">24A.8</a>, <a href="#">24B.1</a>, <a href="#">23C.1</a>, <a href="#">23C.4</a>, <a href="#">23C.11</a>, <a href="#">24A.4</a></p> <p><b>National:</b>  <a href="#">1.12.2</a>, <a href="#">2.12.1</a>, <a href="#">2.12.3</a>, <a href="#">4.12.1</a>, <a href="#">4.12.2</a>, <a href="#">4.12.3</a>, <a href="#">5.12.1</a>, <a href="#">5.12.2</a>, <a href="#">6.12.1</a></p>	<p><b>Formative:</b></p> <p><b>Comfort Zone Exercise</b></p> <p><b>Worksheets</b></p> <p><b>Notes/Class Discussion</b></p> <p><b>Summative:</b></p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Chapter 4: Managing Stress and Coping with Loss</b></p> <p>Quarter: 1</p> <p>Length (Days): 5 days</p>	<ol style="list-style-type: none"> <li>1. Can I define stress?</li> <li>2. Can I identify the factors that cause stress?</li> <li>3. Can I describe 3 different ways to manage stress?</li> <li>4. Can I name the Stages of Grief</li> </ol>	<p><b>ILS:</b>  <a href="#">23B.3</a>, <a href="#">23C.7</a>, <a href="#">23C.13</a>, <a href="#">24A.5</a>, <a href="#">24A.10</a>, <a href="#">24A.11</a>, <a href="#">24A.12</a>, <a href="#">24B.4</a>, <a href="#">24B.7</a>, <a href="#">22A.4</a>, <a href="#">22A.5</a>, <a href="#">22A.7</a>, <a href="#">22A.10</a>, <a href="#">22A.11</a>, <a href="#">23C.5</a>, <a href="#">23C.9</a>, <a href="#">24B.1</a>, <a href="#">24B.2</a>, <a href="#">24B.3</a>, <a href="#">20A.1</a>, <a href="#">22A.6</a>, <a href="#">22A.7</a>, <a href="#">23C.1</a>, <a href="#">23C.3</a>, <a href="#">23C.6</a>, <a href="#">23C.10</a>, <a href="#">24A.4</a>, <a href="#">24A.8</a>, <a href="#">24B.1</a>, <a href="#">23C.1</a>, <a href="#">23C.4</a>, <a href="#">23C.11</a>, <a href="#">24A.4</a></p> <p><b>National:</b>  <a href="#">1.12.1</a>, <a href="#">1.12.2</a>, <a href="#">7.12.1</a>, <a href="#">7.12.2</a>, <a href="#">7.12.3</a></p>	<p><b>Formative:</b> Worksheets</p> <p>Notes/Discussion</p> <p><b>Summative:</b> Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
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<p><b>Chapter 5 Mental and Emotional Problems</b></p> <p>Quarter: 1</p> <p>Length (Days): 10 days</p>	<ol style="list-style-type: none"> <li>1. Can I explain basic coping strategies for anxiety and depression?</li> <li>2. Am I able to define the most common mental disorders?</li> <li>3. Can I identify signs of suicide?</li> <li>4. Do I know how to get help for myself and others who are at risk of suicide?</li> </ol>	<p><b>ILS:</b>  <a href="#">23B.3</a>, <a href="#">23C.7</a>, <a href="#">23C.13</a>, <a href="#">24A.5</a>, <a href="#">24A.10</a>, <a href="#">24A.11</a>, <a href="#">24A.12</a>, <a href="#">24B.4</a>, <a href="#">24B.7</a>, <a href="#">22A.4</a>, <a href="#">22A.5</a>, <a href="#">22A.7</a>, <a href="#">22A.10</a>, <a href="#">22A.11</a>, <a href="#">23C.5</a>, <a href="#">23C.9</a>, <a href="#">24B.1</a>, <a href="#">24B.2</a>, <a href="#">24B.3</a>, <a href="#">20A.1</a>, <a href="#">22A.6</a>, <a href="#">22A.7</a>, <a href="#">23C.1</a>, <a href="#">23C.3</a>, <a href="#">23C.6</a>, <a href="#">23C.10</a>, <a href="#">24A.4</a>, <a href="#">24A.8</a>, <a href="#">24B.1</a>, <a href="#">23C.1</a>, <a href="#">23C.4</a>, <a href="#">23C.11</a>, <a href="#">24A.4</a></p> <p><b>National:</b>  <a href="#">7.12.2</a></p>	<p><b>Formative:</b> Worksheets</p> <p>Notes/Discussion</p> <p><b>Summative:</b> Lesson Quizzes</p> <p>Chapter Test</p> <p>Mental Health Project and Presentation</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
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<p><b>Chapter 10 Nutrition for Health</b></p> <p><b>Quarter 1</b></p> <p><b>Length (Days): 10 days</b></p>	<p><b>1. Can I name the 6 basic nutrients and their functions?</b></p> <p><b>2. Do I know the basic food guidelines?</b></p> <p><b>3. Am I able to read and understand food labels?</b></p>	<p><b>ILS:</b>  <a href="#">23B.3</a>, <a href="#">23C.7</a>, <a href="#">23C.13</a>, <a href="#">24A.5</a>, <a href="#">24A.10</a>, <a href="#">24A.11</a>, <a href="#">24A.12</a>, <a href="#">24B.4</a>, <a href="#">24B.7</a>, <a href="#">22A.4</a>, <a href="#">22A.5</a>, <a href="#">22A.7</a>, <a href="#">22A.10</a>, <a href="#">22A.11</a>, <a href="#">23C.5</a>, <a href="#">23C.9</a>, <a href="#">24B.1</a>, <a href="#">24B.2</a>, <a href="#">24B.3</a>, <a href="#">20A.1</a>, <a href="#">22A.6</a>, <a href="#">22A.7</a>, <a href="#">23C.1</a>, <a href="#">23C.3</a>, <a href="#">23C.6</a>, <a href="#">23C.10</a>, <a href="#">24A.4</a>, <a href="#">24A.8</a>, <a href="#">24B.1</a>, <a href="#">23C.1</a>, <a href="#">23C.4</a>, <a href="#">23C.11</a>, <a href="#">24A.4</a></p> <p><b>National:</b>  <a href="#">7.12.2</a></p>	<p><b>Formative:</b>  <b>Notes/Discussion</b></p> <p><b>Worksheets</b></p> <p><b>Calorie Reflection</b></p> <p><b>Food Label Exercise</b></p> <p><b>Summative:</b>  <b>Lesson Quizzes</b></p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Chapter 11 Managing Weight and Eating Behaviors</b></p> <p><b>Quarter:1</b></p> <p><b>Length (Days): 5</b></p>	<p><b>1. Can I describe the basic ways to manage weight?</b></p> <p><b>2. Can I define body image, anorexia, and bulimia?</b></p> <p><b>3. Am I able to name the key factors in lifelong nutrition?</b></p>	<p><b>ILS:</b>  <a href="#">22A.6</a>, <a href="#">22B.5</a>, <a href="#">22B.6</a>, <a href="#">23A.1</a>, <a href="#">23A.2</a>, <a href="#">23A.3</a>, <a href="#">23A.8</a>, <a href="#">23A.10</a>, <a href="#">23B.2</a>, <a href="#">23B.5</a>, <a href="#">23B.6</a>, <a href="#">23B.7</a>, <a href="#">23B.8</a>, <a href="#">23C.2</a>, <a href="#">23C.5</a>, <a href="#">23C.10</a>, <a href="#">23C.13</a>, <a href="#">24A.13</a>, <a href="#">24B.3</a>, <a href="#">24B.6</a>, <a href="#">24B.7</a>, <a href="#">24C.3</a>, <a href="#">22A.4</a>, <a href="#">22A.5</a>, <a href="#">22A.7</a>, <a href="#">22A.8</a>, <a href="#">22A.10</a>, <a href="#">22B.5</a>, <a href="#">22B.6</a>, <a href="#">22C.1</a>, <a href="#">22C.4</a>, <a href="#">22C.6</a>, <a href="#">23A.2</a>, <a href="#">23A.4</a>, <a href="#">23B.2</a>, <a href="#">23B.3</a>, <a href="#">23B.4</a>, <a href="#">24A.2</a>, <a href="#">24B.2</a>, <a href="#">24B.4</a>, <a href="#">20C.9</a>, <a href="#">22A.6</a>, <a href="#">23A.2</a>, <a href="#">23A.3</a>, <a href="#">23A.4</a>, <a href="#">23B.1</a>, <a href="#">23B.2</a>, <a href="#">23B.3</a>, <a href="#">23B.4</a>, <a href="#">23B.5</a>, <a href="#">23B.6</a>, <a href="#">23C.2</a>, <a href="#">23C.4</a>, <a href="#">23C.5</a>, <a href="#">23C.6</a>, <a href="#">24A.10</a>, <a href="#">22B.3</a>, <a href="#">22C.3</a>, <a href="#">23B.4</a>, <a href="#">23B.6</a>, <a href="#">23C.6</a>, <a href="#">23C.7</a></p> <p><b>National:</b>  <a href="#">1.12.8</a></p>	<p><b>Formative:</b>  <b>Notes/Discussion</b></p> <p><b>Worksheets</b></p> <p><b>Summative:</b>  <b>Lesson Quizzes</b></p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Chapter 12 Physical Activity and Fitness</b></p> <p><b>Quarter: 1</b></p> <p><b>Length (Days): 10 days</b></p>	<p><b>1. Can I name the benefits of physical activity?</b></p> <p><b>2. Am I able to list the 5 elements of fitness and how to improve them?</b></p> <p><b>3. Can I plan a personal fitness program that includes overload, progression, and basic elements of fitness?</b></p>	<p><b>ILS:.</b>  20A.1, 20A.2, 20A.3, 20A.4, 20A.5, 20A.6, 20B.1, 20B.2, 20B.3, 20B.4, 20B.5, 20B.6, 20B.7, 20C.1, 20C.2, 20C.3, 20C.4, 20C.5, 20C.6, 20C.7, 21A.2, 21A.6, <u>21A.7</u>, 21A.8, 21A.9, 21A.10, 21A.11, 21B.1, 22A.6, 22B.4, 22B.5, 22C.5, 22C.6, 23A.1, 23A.2, 23A.3, 23A.7, 23A.10, 23B.2, 23B.3, 23B.4, 23B.8, 23C.2, 23C.3, 23C.5, 23C.13, 24A.1, 24A.8, 24A.13, 24B.3, 24B.6, 24B.7, 24C.3, 19C.1, 19C.2, 19C.3, 19C.4, 19C.5, 19C.6, 20A.1, 20A.2, 20A.3, 20A.4, 20B.1, 20B.2, 20B.3, 20B.4, 20C.1, 20C.2, 22A.4, 22A.5, 22A.6, 22A.7, 22A.10, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 23A.2, 23A.3, 23A.4, 23B.1, 23B.3, 23C.3, 24A.1, 24A.2, 24B.2, 24B.4, 20A.1, 20A.3, 20A.4, 20A.5, 20B.1, 20B.2, 20B.4, 20C.1, 20C.2, 20C.8, 20C.9, 21A.1, 22A.2, 22A.3, 22A.6, 23A.1, 23A.2, 23A.3, 23A.4, 23B.1, 23B.2, 23B.3, 23B.4, 23B.6, 23C.2, 23C.5, 23C.6, 23C.9, 24A.10, 24C.2, 20A.1, 20A.2, 20A.3, 20A.4, 20A.5, 20A.6, 20A.7, 20A.8, 20A.9, 20B.1, 20B.2, 20B.3, 20B.4, 20B.5, 20B.6, 20B.7, 20C.1, 20C.2, 20C.3, 20C.4, 20C.5, 20C.6, 20C.8, 22A.2, 23B.2, 23B.4, 23B.6, 23C.6, 23C.8</p> <p><b>National Standards:</b>  1.12.5, <u>7.12.2</u></p> <p><b>CRS:</b></p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p> <p>Planning a Fitness Program</p>	<p><b>Lesson Notes</b></p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p><b>Videos</b></p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Chapter 16 Endocrine and Reproductive Health</b></p> <p>Quarter: 2</p> <p>Length (Days): 5 days</p>	<p>1. Can I name the function of the endocrine system?</p> <p>2. Can I list the anatomy and function of the male reproductive system?</p> <p>3. Can I list the anatomy and function of the female reproductive system?</p>	<p><b>ILS:</b>  20A.4, 22A.4, 22A.6, 22B.2, 22B.4, 23A.1, 23A.2, 23A.3, 23A.4, 23A.7, 23A.8, 23A.9, 23B.1, 23C.1, 23C.5, 23C.7, 23C.13, 24B.7, 24C.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.12, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 22C.8, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.2, 23C.2, 24B.2, 20B.1, 22A.7, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.3, 23B.6, 23C.3, 23C.4, 23A.2, 23A.3, 23A.4, 23B.4, 23B.8</p> <p><b>National:</b>  1.8.1, 1.8.9, 2.8.3, 2.8.5, 3.8.2, 3.8.4, 5.8.4, 6.8.1, 7.8.1, 7.8.2, 1.12.1, 1.12.5, 2.12.8, 3.12.4, 3.12.5, 6.12.1, 7.12.1, 7.12.2, 7.12.3</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
<p><b>Chapter 17 The Beginning of the Life Cycle</b></p> <p>Quarter: 2</p> <p>Length (Days): 6 days</p>	<p>1. Can I describe prenatal care and development?</p> <p>2. Do I understand the basics of heredity and genes as they are passed from parents to child?</p> <p>3. Can I explain the basic development from birth through early childhood?</p>	<p><b>ILS:</b>  20A.6, 22A.6, 22C.4, 23A.1, 23A.2, 23A.3, 23C.5, 23C.6, 23C.13, 24B.7, 24C.3, 20A.1, 22A.4, 22A.5, 22A.7, 22A.8, 22A.10, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 23A.1, 23A.2, 23A.5, 23C.2, 24B.1, 24B.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.3, 23B.6, 22A.5, 23B.4, 23C.11, 24B.2</p> <p><b>National:</b>  1.12.6</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p>Heredity and Genetic Exercise</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
<p><b>Chapter 18 the Life Cycle Continues</b></p> <p>Quarter: 2</p> <p>Length (Days): 6 days</p>	<p>1. Can I describe the changes and issues during adolescence?</p> <p>2. Am I able to have a basic understanding of adulthood, marriage, and parenthood?</p> <p>3. Can I name the elements of healthy lifestyles that change through the life cycle?</p>	<p><b>ILS:</b>  20A.6, 22C.4, 23C.6, 20A.1, 22A.4, 22A.8, 23A.1, 23A.5, 23C.2, 24B.1, 23A.5, 23B.1, 22A.5, 23C.11, 24B.2</p> <p><b>National:</b>  1.12.6, 2.12.4</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>



<p><b>Human Sexuality: Sexuality and You</b></p> <p>Quarter: 2</p> <p>Length (Days):3 days</p>	<p>1. Can you explain the process of making responsible decisions?</p> <p>2. Can you name the physical developments that happen during adolescence?</p> <p>3. Can you describe the changes that happen during formidable teen years?</p>	<p><b>ILS:</b>  20A.4, 22A.4, 22A.6, 22B.4, 23A.1, 23A.2, 23A.3, 23A.4, 23A.7, 23A.8, 23A.9, 23B.1, 23C.1, 23C.5, 23C.6, 23C.7, 23C.8, 23C.13, 24B.7, 24C.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.12, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 22C.8, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.2, 23C.2, 24B.1, 24B.2, 20B.1, 22A.7, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.3, 23B.6, 23C.3, 23C.4, 24B.1, 23A.2, 23A.3, 23A.4, 23B.4, 23B.8, 23C.5, 24B.1</p> <p><b>National:</b>  1.12.1, 4.12.2, 5.12.2, 5.12.3, 7.12.1, 7.12.3</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
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<p><b>Human Sexuality: Relationships and Choosing Abstinence</b></p> <p>Quarter: 2</p> <p>Length (Days):3 days</p>	<p>1. Can you describe the importance of keeping a value system while teen dating?</p> <p>2. Can you provide information as to why communication is key to relationship expectations?</p> <p>3. Can you list the different factors that should be considered when making decisions about sexual relationships?</p>	<p><b>ILS:</b>  21A.8, 21B.4, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22B.1, 22B.2, 22B.3, 22B.4, 22B.5, 22B.6, 22B.7, 22C.1, 22C.2, 22C.3, 22C.4, 22C.5, 22C.6, 22C.7, 22C.8, 22C.9, 23A.1, 23A.2, 23A.3, 23A.4, 23A.5, 23A.6, 23A.7, 23A.8, 23A.9, 23A.10, 23B.1, 23B.2, 23B.3, 23B.4, 23B.5, 23B.6, 23B.7, 23B.8, 23B.9, 23C.1, 23C.2, 23C.3, 23C.4, 23C.5, 23C.6, 23C.7, 23C.10, 23C.11, 23C.12, 23C.13, 24A.1, 24A.2, 24A.3, 24A.4, 24A.5, 24A.6, 24A.7, 24A.8, 24A.9, 24A.10, 24A.11, 24A.12, 24A.13, 24B.1, 24B.3, 24B.4, 24B.5, 24B.6, 24B.7, 24C.1, 24C.2, 24C.3, 24C.4, 24C.5, 19C.1, 19C.2, 19C.3, 19C.4, 19C.5, 19C.6, 19C.7, 20A.1, 20A.2, 20A.3, 20A.4, 20B.1, 20B.2, 20B.3, 20B.4, 20B.5, 20C.1, 20C.2, 22A.1, 22A.2, 22A.3, 22A.4,</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b>  Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p> <p>IAHPERD</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
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<p><b>Human Sexuality: The Reproductive System</b></p> <p>Quarter: 2</p> <p>Length (Days):3 days</p>	<p>1. Can I list the care for the male reproductive system including self-checks for testicular cancer?</p> <p>2. Can I list the care for the female reproductive system including self-checks for breast cancer?</p> <p>3. Am I able to describe how</p>	<p><b>ILS:</b>  22A.6, 23A.1, 23A.2, 23A.3, 23C.5, <u>23C.6</u>, 23C.7, 23C.8, 23C.13, 24B.7, 24C.3, 22A.4, 22A.5, 22A.7, 22A.10, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 23A.1, 23A.2, 23C.2, 24B.1, 24B.2, 23A.3, 23A.4, 23A.5, 23B.1, 23B.3, 23B.6, 23C.3, 24B.1, 23B.4, 23C.5, 24B.1</p> <p><b>National:</b>  1.12.1, 4.12.2, 5.12.2, 5.12.3, 7.12.1, <u>7.12.3</u></p>	<p><b>Formative:</b> Notes/Discussion</p> <p>Worksheets</p> <p><b>Summative:</b> Lesson Quizzes</p> <p>Chapter Test</p>	<p>Lesson Notes</p> <p>Class Discussions</p> <p>Class Worksheets</p>	<p>Videos</p> <p>Chromebooks</p> <p>Smart Board</p> <p>Educational online videos</p> <p>Glencoe Health book</p> <p>Health workbooks</p>	<p>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</p>
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	hormones during adolescent years respond to sexual feelings?				IAHPERD	
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<p><b>Human Sexuality: Issues of Sexuality</b></p> <p><b>Quarter: 2</b></p> <p><b>Length (Days):3 days</b></p>	<p><b>1. Am I able to define contraception and name the main forms?</b></p> <p><b>2. Can I define LGBTQ?</b></p> <p><b>3. Can I describe the issues of “coming out” during adolescence?</b></p> <p><b>4. Can I define the various forms of rape (date, acquaintance, incest)?</b></p> <p><b>5. Do I know the issues that surround reporting of a rape?</b></p>	<p><b>ILS:</b>  21A.2, 21A.6, 21A.9, 21B.1, 22A.1, 22A.2, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22B.2, 22B.4, 22B.5, 22B.6, 22B.7, 22C.8, 22C.9, 23A.1, 23A.2, 23A.3, 23B.3, 23B.8, 23C.3, 23C.5, 23C.7, 23C.9, 23C.12, 23C.13, 24A.1, 24A.6, 24A.8, 24A.9, 24A.10, 24A.11, 24A.12, 24A.13, 24B.7, 24C.1, 24C.2, 24C.3, 19C.1, 19C.2, 19C.3, 19C.4, 19C.5, 19C.6, 19C.7, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 22A.7, 22A.9, 22A.10, 22A.11, 22B.1, 22B.2, 22B.3, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 22C.8, 23A.2, 23B.3, 23B.4, 23C.7, 23C.9, 24A.1, 24A.2, 24A.4, 24A.5, 24A.8, 24A.9, 24A.10, 24A.11, 24A.12, 24B.2, 24B.3, 24B.4, 24C.1, 24C.2, 24C.3, 22A.1, 22A.2, 22A.3, 22A.4, 22A.5, 22A.6, 23A.3, 23A.4, 23B.1, 23B.3, 23B.4, 23B.5, 23B.6, 23C.1, 23C.7, 23C.8, 23C.9, 23C.10, 24A.1, 24A.3, 24A.7, 24A.8, 24A.9, 24A.10, 24B.1, 24C.2, 24C.3, 20C.5, 20C.6, 22A.2, 22A.3, 22B.1, 22C.3, 23B.4, 23B.7, 23C.4, 23C.11, 24A.3, 24A.5, 24A.6, 24A.8, 24A.10</p> <p><b>National:</b>  2.12.4, 2.12.5, 2.12.9, 3.12.2, 3.12.3</p>	<p><b>Formative:</b>  Notes/Discussion</p> <p><b>Worksheets</b></p> <p><b>Summative:</b>  Lesson Quizzes</p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Human Sexuality: Sexually Transmitted Diseases</b></p> <p><b>Quarter: 2</b></p> <p><b>Length (Days):3 days</b></p>	<p><b>1. Can I define the basic and most common STDs?</b></p> <p><b>2. Do I know how to prevent STDs?</b></p> <p><b>3. Do I know the care and treatment for the most common STDs?</b></p>	<p><b>ILS:</b> 20A.4, 20A.5, 22A.5, 22A.6, 22A.7, 22A.10, 22B.1, 22B.4, 22B.5, 22B.6, 22C.4, 23A.1, 23A.2, 23A.3, 23B.1, 23B.9, 23C.1, 23C.2, 23C.4, 23C.5, 23C.9, 23C.13, 24A.9, 24A.13, 24B.1, 24B.2, 24B.3, 24B.6, 24B.7, 24C.3, 24C.4, 22A.1, 22A.2, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.11, 22A.12, 22B.1, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 22C.8, 23A.2, 23B.2, 23B.3, 23C.8, 23C.9, 24A.2, 24A.4, 24A.8, 24A.10, 24A.11, 24B.2, 24B.4, 24C.1, 24C.2, 24C.3, 24C.4, 20C.9, 22A.1, 22A.4, 22A.6, 22A.7, 22A.8, 23A.3, 23A.4, 23B.1, 23B.3, 23B.4, 23B.5, 23B.6, 23C.1, 23C.6, 23C.10, 24A.7, 24A.8, 24B.2, 20A.2, 20C.8, 22A.4, 22A.5, 22A.6, 22A.8, 22A.9, 22B.4, 22B.5, 23B.4, 23B.8, 23C.1, 24B.3, 24C.2</p> <p><b>National:</b> 1.12.1, 1.12.5, 1.12.8, 1.12.9, 2.12.2, 2.12.3, 2.12.9, 7.12.2, 7.12.3, 8.12.1</p>	<p><b>Formative: Notes/Discussion</b></p> <p><b>Worksheets</b></p> <p><b>Summative: Lesson Quizzes</b></p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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<p><b>Human Sexuality: HIV/AIDS</b></p> <p><b>Quarter: 2</b></p> <p><b>Length (Days):3 days</b></p>	<p><b>1. Do I know the difference between HIV and AIDS?</b></p> <p><b>2. Can I describe how HIV/AIDS is treated and prevented?</b></p>	<p><b>ILS:</b> 20A.4, 20A.5, 22A.5, 22A.6, 22A.7, 22A.10, 22B.1, 22B.4, 22B.5, 22B.6, 22C.4, 23A.1, 23A.2, 23A.3, 23B.1, 23B.9, 23C.1, 23C.2, 23C.4, 23C.5, 23C.9, 23C.13, 24A.9, 24A.13, 24B.1, 24B.2, 24B.3, 24B.6, 24B.7, 24C.3, 24C.4, 22A.1, 22A.2, 22A.4, 22A.5, 22A.6, 22A.7, 22A.8, 22A.9, 22A.10, 22A.11, 22A.12, 22B.1, 22B.5, 22B.6, 22C.1, 22C.4, 22C.6, 22C.8, 23A.2, 23B.2, 23B.3, 23C.8, 23C.9, 24A.2, 24A.4, 24A.8, 24A.10, 24A.11, 24B.2, 24B.4, 24C.1, 24C.2, 24C.3, 24C.4, 20C.9, 22A.1, 22A.4, 22A.6,</p>	<p><b>Formative: Notes/Discussion</b></p> <p><b>Worksheets</b></p> <p><b>Summative: Lesson Quizzes</b></p> <p><b>Chapter Test</b></p>	<p><b>Lesson Notes</b></p> <p><b>Class Discussions</b></p> <p><b>Class Worksheets</b></p>	<p><b>Videos</b></p> <p><b>Chromebooks</b></p> <p><b>Smart Board</b></p> <p><b>Educational online videos</b></p> <p><b>Glencoe Health book</b></p> <p><b>Health workbooks</b></p> <p><b>IAHPERD</b></p>	<p><b>Student development will be improved through a variety of activities such as: classroom discussion, self-learning activities, group activities, and formative and summative assessments.</b></p>
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