# Náshdóítsoh



Athletic Handbook for Students & Parents
Rock Point Community School
Board Approved 08.01.2019

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# **Welcome Letter**

Yá'át'ééh dóó Ahéhee' Ółta'í,

Ólta' baa nínáá dahwishzhiizh dóó átah hodilzééh dóó ałk'éé'iildah ałdó' baa náádahwiishzhiizh. Átah hodilzééh dóó hats'íís baa áhojilyáagi éí t'áá ákót'éego náshííh dóó nináháhááh.

Ólta' átsé biniiyé nánídáah ndi Átah Hodilzééh dóó Ałk'éé'iildah bee anítahígii łahdóó ííníłta'ígíí bee hózhó ná yá'át'éeh dooleeł biniiyé Saad Áyisíí Bee Da'iináanii binahji' bee baa ákodínííziił.

Háadi shíí náasdi nee'niji' díí binahji' íí'ish dooleeł. Díí bee naa ahééh hwiindzin.

#### Greetings!

Another school year of sports is beginning. Athletes tend to have no rest as off-season preparations are usually in progress.

Being a student first, the RPCS Athletic Program is provided as extra-curricular activities as an opportunity to enrich your school experience by addressing the following Navajo values.

- 1. Ha'íínílni (Be Strong Minded),
- 2. T'áá Ni Ánít'éego (Have Self-Discipline),
- 3. T'áá Ni Ádá Ánít'į (For Your Own Good),
- 4. Nił Ílį (Have Respect),
- 5. Ádilnídlí (Have Self-Respect),
- 6. T'áadoo Nił Hóye'í (Don't Be Lazy),
- 7. Honíyá (Be Mature),
- 8. Átah Hodílzééh (Be Fit),
- 9. Na'ádínítaah (Challenge Yourself),
- 10. Biniiyé Ánít'íinii Ádá Ánílnééh (Set Your Goals), and
- 11. Nizhónígo Í'íl'į (Work Towards Excellence).

We thank you as you embrace these life-long characteristics as our future leaders. You're appreciated.

# **Department Overview**

#### **Forward**

The Rock Point Community School (RPCS) Student Handbook contains the rules and regulations that administers the athletic programs. The RPCS Athletic program will provide our students with a wide range of experiences and the opportunities to develop positive traits: respect of self and others, self-discipline, courage, resilience, sportsmanship, leadership and decision making skills.

Every RPCS student in the 5th grade to the 12th grade are able to participate in the interscholastic programs available if they meet the requirements set forth by the AIA, NAIC, and CDCAA bylaws. This handbook serves as a guide to help student athletes to develop good character, successful participation in athletics, and protect the health, safety, and welfare of all students. This advances the student's educational maturity and projects the image of RPCS's mission and vision.

#### **Philosophy**

The Rock Point Community School promotes academic achievement, teamwork, sportsmanship, and respect throughout the athletic program. The Athletic Department will do everything it can to provide a quality athletic program for all student athletes in a Hózhó atmosphere.

The RPCS Athletic Department doesn't measure success simply by the number of wins and losses, number of championships or trophies, but the degree is measured by the principles and ideas all of our student-athletes have learned during the athletic season.

In this policy, all RPCS student-athletes must have the following information on file with the school nurse.

- 1. Athletic packet
  - a. A signed parental consent form to participate
  - b. Emergency medical contract information
  - c. A written physical examination clearance form, signed by a medical personnel
  - d. A written statement and Acknowledgement form reporting all injuries and illness
  - e. Student/Parent signature

The Athletic Director is in charge with oversight of the athletic programs, including scheduling, budgets, meeting, reports, directly supervising of all athletic coaches, and other related duties as assigned

#### **Goals and Objectives**

The goals of the athletic program are to provide the students with:

- 1. Participation in athletics activities that complement and enhance the primary goals of academic achievement.
- 2. Positive reflection on the school, athletic program, athletes, parents and the community.

- 3. Opportunities to develop self-discipline, respect and commitment to the sport;
- 4. Develop leadership skills to enhance self-esteem and self-confidence;

The specific objective for the student athlete shall be to promote:

- 1. Positive leadership and fellowship qualities
- 2. Respect for self, teammates, coaches, officials, opposing teams, and rules of the sport
- 3. Commitment to the sport or program
- 4. An awareness of responsibilities and personal actions
- 5. Ideals of sportsmanship, ethical conduct and fair play
- 6. Teamwork, loyalty, commitment and cooperation
- 7. The necessary commitment and dedication to attain set goals

#### **Student Responsibility**

Participation in Rock Point athletics is a privilege that carries a certain amount of individual responsibility. The following guidelines are set forth to assist each student athlete meet and accept those responsibilities. If a student-athlete must discuss an issue with the coach, he/she must communicate in a respectful manner to try and find a solution. If a situation cannot be reached, the Athletic Director may assist.

- 1. Academics first. Maintaining passing grades and having respect are a priority.
- 2. Report all injuries to the coach as soon as possible.
- 3. Team practices are scheduled every school day. Please be prompt.
- 4. As a member of an athletic team, members are representing much more than themselves.
- 5. Athletes should strive at all times to be in their best behavior, on and off the court. These qualities and characteristics will bring pride to themselves, their team, their school and their families.
- 6. As an athlete, one should realize that some activities are in poor taste and could place an athlete below socially acceptable standards. Stealing, disrespect, fighting, excessive display of affection, or any other inappropriate behaviors are certainly not in the best interest of Rock Point Community School.
- 7. On the field or court, the student athlete should conduct himself/herself in a commendable manner. True athletes have complete control of themselves at all times. Coaches will review and discuss more specific regulations related to proper athletic conduct.
- 8. At all times, student athletes are expected to follow training rules as outlined by their coaches. Use of drugs and poor citizenship are grounds for immediate dismissal from the activity. The Athletic Department administers awards to those athletes that successfully complete an athletic program. Each successful participant will receive a participation certificate. Additional awards and letters will also be presented from the respective coaches.
- 9. If a student-athlete fails to conduct himself/herself in a manner that will bring honor and respect to our teams and school, he/she may be subject to consequences which may include game suspensions, ineligibility, or dismissal from the team.

#### **Coach Responsibility**

The coach is responsible for creating a fun, safe, and challenging environment in which student-athletes will receive a high level of instruction and competition. The coach is responsible for confirming game and bus schedules with the AD, submitting and maintaining an updated roster prior to the season, distributing and collecting uniforms and equipment, completing games, injury and/or incident reports, and communicating with parents. The coach must also ensure that student-athletes are exhibiting good behavior on and off the court.

The coach is expected to be a positive representative of RPCS and the Athletic Department. This includes ensuring that his/her conduct is in a manner that will bring honor and respect to our teams and school. The coach is expected to make decisions based on the collective interest of the team, while also developing each student-athlete to his/her fullest potential.

The coach must be clear in team expectations and available to student-athletes for positive mentorship on and off the field/court. He/She is expected to maintain high personal standards, motivate the players, and promote sportsmanship at all times.

#### **Athletic Director Responsibility**

The Athletic Director is responsible for administering the Athletic Program at RPCS to ensure compliance with conference and school policies, rules and regulations. Duties include but are not limited to: hiring and training coaches, coordinating the athletic budget, scheduling games and coordinate practice schedules with head coach of each sport, approving and scheduling transportation and officials, procurement processes, conflict resolution, and overseeing all aspects of the Athletic Department. The AD will advise the Administration, staff, teams, coaches, and parents of any changes and communicate the needs of the Athletic Department to the administration, booster club, and RPCS.

The Athletic Director supervises all coaches and is expected to provide appropriate instruction and support to all coaches. He/She must also be a positive representative of RPCS and the Athletic Department.

#### **Parents' Code of Conduct & Ethics**

Parents are a child's first teacher. Parents play a vital role in the RPCS athletic program. Parents model attitudes and behavior for their children. We invite all parents to attend home and away games, support the team, and encourage their children to practice and play hard. As such, parents are expected to model appropriate conduct (home or away events) that follows the community's and the school's norms.

In regards to games, parents are expected to conduct themselves in a manner that will bring honor and respect to our teams and school. At no time should a parent display inappropriate behavior toward an official, coach, administrator or student-athlete. Any Spectator/Parent who acts in a disruptive manner will cause a game to be suspended until the situation is resolved or the spectator is removed. Unsportsmanlike like conduct will result in:

1. First violation – removal from the court or stands

- 2. Second violation removal from the court or stands and one game suspension
- 3. Third violation removal from the court or field and will not be allowed to any RPCS athletic events for the remainder of the year.

#### Parents are expected to:

- 1. Respect coaches: It is important for parents to be mindful of and respect what the coach is trying to do by avoiding interference or public criticism, especially in front of their children, other teammates, or community members. Treat coaches with respect at all times. Recognize that they have goals beyond those of your child. Do not shout instructions to players from the stands.
- 2. Accept responsibility: Place the academic, emotional, physical and moral values of your child/children above the pressures to win.
- 3. Be considerate: Be considerate of other players, parents, officials and provide positive comments to players and other parents. Be supportive and positive of the entire team.
- 4. Let the coaches coach, let the players play, and let the officials officiate.
- 5. Use the Chain of Command: If an athlete or parent has a disagreement with a coach, the Athletic Department requests that you make an appointment with the coaching staff and work out the problem with the coach first. If the situation cannot be resolved, the athlete or parent will then go to the Athletic Director. Fom there the grievance will go to the Principal. This process must be followed. Athletes and parents should respect the private lives of coaches and should not contact them at home except in the case of an emergency.

We are so appreciative of the assistance parents provide for their children in their athletic endeavors, whether driving them to or from practice and home games, volunteering to serve athletics, and sacrificing family time to accommodate athletic schedules. We also appreciate the support parents provide our coaches in their efforts to create a valuable athletic experience for all participants.

#### **Sports Opportunities**

High School (AIA)		
Season:	Boys:	Girls:
Fall	Football (2A North)	Volleyball (1A North)
	Cross Country (Division IV)	Cross Country (Division IV)
Winter	Basketball (1A North)	Basketball (1A North)
	Wrestling (Division IV)	
Spring	Baseball (1A North)	Softball (1A North)
	Track and Field (Division IV)	Track and Field (Division IV)

Junior High School (NAIC)			
Season:	Boys:	Girls:	
Fall	Football	Volleyball	
	Cross Country	Cross Country	
Winter	Basketball	Basketball	
	Wrestling		
Spring	Baseball	Softball	

Elementary School		
Season:	Boys:	Girls:
Fall	Cross Country	Cross Country
		Volleyball
Winter	Basketball	Basketball

### **Policies and Procedures**

#### **Team Membership**

#### **Elementary School:**

RPCS is committed to providing 5<sup>th</sup> and 6<sup>th</sup> grade students interested in competitive athletics the opportunity to participate in athletics. Abusing their privilege of participation, can lead to disqualification of being on the team. We recognize that elementary school athletics provides the introduction to competitive sports at RPCS. Because it is important to have players learn the fundamentals correctly from the beginning, the emphasis of the elementary school program will be developing skills and habits. The level of success achieved in junior high school athletics is directly related to the skills developed through the elementary program.

#### Junior High School:

RPCS is committed to providing 7<sup>th</sup> and 8<sup>th</sup> grade students interested in competitive athletics the opportunity to participate in athletics. Abusing their privilege of participation, can lead to disqualification of being on the team. We recognize that the junior high school athletics provides the introduction to competitive sports at RPCS and will have a junior varsity and varsity teams which the coach will determine membership. Because it is important to have players learn the fundamentals correctly from the beginning, the emphasis of the junior high school program will be developing skills and habits. The level of success achieved in high school athletics is directly related to the skills developed through the junior high school programs

#### High School:

RPCS is committed to providing 9<sup>th</sup> through 12<sup>th</sup> grade students interested in competitive athletics the opportunity to participate in athletics. Student-athletes will not be cut in High School sports, unless they abuse the privilege of participation. We recognize that high school athletics provides a higher level of competition which require advanced skill sets in athletics and that coaches will determine membership in junior varsity and varsity teams. Although there are no cuts, there may be a limitation on the number of players in accordance with AIA playoff rules, travel limitations, or budgets.

#### **Competition of School Team Only**

A student who becomes a member of a school team shall not practice or compete with any other group, club organization, association in that sport during the interscholastic season of competition. The interscholastic season of competition shall begin with the first regularly scheduled game and conclude with that particular team's final game. Any student violating this rule shall forfeit his/her

eligibility for a minimum of the balance of the season for that sport or up to a maximum of one calendar year.

#### **Playing Time**

It is our goal in team selection to find opportunities not only for participation, but more importantly, for success. Placing each student-athlete at the level where he/she can contribute physically and gain positive feelings from his/her efforts is important to the coaching staff. Disappointments are inevitable when teams are selected, and it is very important that student-athletes feel the support of teammates, parents, and coaches.

We believe in our coaches. Their job is to manage and direct a specific sport. Their responsibilities include evaluating and selecting students for teams, as well as determining the degree to which each student-athlete will participate and they do this with considerable thought and sensitivity. During the selection process, coaches will evaluate skill level, athleticism, physical conditioning, positional play, trainability, punctuality, and various other attributes.

We want our student-athletes to learn the value of being on a team and the contribution each must make. Team members have a responsibility to themselves, their teammates, and their coaches to learn and perform their role on the team. Teamwork requires the development of many interpersonal skills such as listening, following directions, accepting constructive criticism, being respectful, and supporting teammates and coaches. Student-athletes have an obligation to participate in practice sessions and games with full commitment and enthusiasm.

RPCS Athletics believes that at all levels – fifth grade through varsity – playing time in competition is earned in practice and is not an entitlement. Regardless of the subjective nature of the process and the potential for disagreement, the coach is the only one in a position to make team selections and decisions about playing time. Coaches WILL NOT discuss playing time with parents. Also members of a varsity team are not guaranteed playing time. Student-athletes should fully understand that by joining a team they are accepting the pleasures and benefits of participating as well as the responsibility and commitment to that team.

- 1. Varsity Level Programs
  - a. The philosophy of the varsity programs is to place the best combination of athletes into a game or match situation.
  - b. This combination of athletes is to be determined by the coaching staff based on their evaluation of athletes.
  - c. There is **NO GUARANTEED PLAYING TIME** at the Varsity level.
  - d. If the parent has a concern regarding playing time, he/she should make an appointment with the coach.
- 2. High school JV, Junior High and Elementary programs:
  - a. The philosophy of the high school JV, junior high and elementary programs are to emphasize the development of physical and social skills for each athlete.
  - b. To teach fundamentals and basic skills in preparation for the next level of competition.
  - c. To learn the rules and regulations of organized sports.

#### **Academic Eligibility**

Academic Excellence is our priority and athletic activities is a privilege. Participation in the athletic program is a privilege, not a right. As a student-athlete you must earn the privilege through dedication, desire, commitment, and discipline.

"No pass, no play!" Policy is mandated by the state of Arizona and it requires that students focus on academics just as much as they prepare for their athletic events. RPCS requires the following eligibility requirements to participate in any athletic activities. The phrase "Grade Check" means to check the grades in all required courses for graduation of student-athletes (including electives) to ensure they are at a passing grade not equal to a D or F.

- 1. Student-athletes must maintain a C or better in each class.
- 2. Student-athletes will become ineligible if there is one or more D or F during grade checks.
- 3. Ineligibility period is for two weeks beginning the Sunday following grade checks to the second Saturday following grade checks, or until the student is passing all classes according to "Ineligibility Status Becoming Eligible" section below.
- 4. NASIS gradebook will be used for academic eligibility.
- 5. The Athletic Director will run the "Activity Eligibility" report online every other Wednesday at 8 o'clock in the evening starting on a date specified by the Athletic Director through a public announcement, or it may reset at the end of each quarter and semester as outlined in the "Quarter/Semester Grades" section below.
- 6. Grade Check will be administered every two weeks for Secondary students and weekly for Elementary students (#5 above will be modified to meet elementary academic monitoring).
- 7. All Athletes, coaches, and teachers will be notified about the pending grade checks.

#### **Quarter/Semester Grades**

- 1. A Student-Athlete who receives an F in 2 or more classes will be ineligible to participate in the sport for the remainder of the season
- 2. A Student-Athlete who receives an F in one class will be ineligible until the next grade check and must maintain a 75% or higher in the failing class.

#### **Ineligibility Status – Becoming Eligible**

Students and parents alike are encouraged to monitor their academic progress using the student or parent app for Infinite Campus which can provide attendance, behavior, assignments, and inprogress grades for all courses. The registrar can assist with the app. Student-Athletes will be notified on their ineligibility status utilizing the following process:

1. First Offense – Student will have the option to make up their ineligible status as quickly as possible and be cleared by their teacher using the Academic Clearance Form from the Athletic Director.

- 2. Second Offense Student will be declared ineligible for one week and thereafter can be cleared by their teacher(s) and can return to practices/games with the approved academic clearance form.
- 3. Third Offense Student will be declared ineligible for two weeks and thereafter must meet with the coaches and Athletic director and be placed on Academic contract with the athletic department.
- 4. Fourth Offense Student that commits a "Breach of Contract" with the athletic department will be dropped from the sport for the remainder of the season.
- 5. A notification will be sent out to the parents from the coaches.

#### **Travel Policy**

The school has the responsibility to provide transportation for all sports travel through the athletic program during regular season play.

- 1. The Cougar Bus has 46 seats available, therefore if all 4 teams (JV & V) are travelling, coaches must have a 10-person roster for each team and allow a total of 2 managers to go on away games. (Home games may have no limitations.)
- 2. The bus driver and coaches are in charge during the time everyone is on the bus
- 3. All students must travel to out of town athletic contests in the transportation provided by the school
- 4. A student-athlete may only be checked out by a designated adult after the event as authorized by the school check out policy. The coach is authorized to release the athlete using the checkout form created by the coaches.
- 5. Coaches and student-athletes will dress appropriately on all out of town trips.
- 6. Coaches and student-athletes will keep the bus clean at all times.
- 7. No horseplay of any type will be permitted on the bus.
- 8. Participants represent the school, coaches, parents and community. The school is judged by the behavior of the students.
- 9. The coaches will enforce stricter travel policy if they feel it is appropriate to do so, and they make the decision on who will travel or not.
- 10. In case of overnight trips, all students' athletes must remain in the rooms provided by the school throughout the night.
- 11. All male and female athletes must stay with their respective teams.
- 12. All school rules apply. Sporting events (home/away) are considered school events.

#### **Discipline and Student Conduct**

Student athletes will abide by the RPCS student handbook and its policies. The RPCS Student Handbook supersedes the athletic policy due to the participant being a student first. Actions or words which are disrespectful to the players, coaches, teachers, or school personnel will not be tolerated and could be grounds for dismissal from the sport. All student-athletes must be with their respective coaches at all times and follow all rules set by the coaches.

RPCS and the athletic programs has a zero tolerance policy, and violating any policy will result in dismissal from the athletic program for the remainder of the regular and postseason.

- 1. The Administration, Dean of Students, Counselors, Security, School Nurse, Coaches, Staff and teachers can request for a drug screening pending suspicious use of drugs. Any student refusing to take a drug screening will be removed from athletic participation for the remainder of the regular season including the postseason.
- 2. Use or possession of tobacco, alcohol, any non-prescribed narcotics of drugs, or controlled substance will result in immediate dismissal from the athletic program. If this occurs during an away contest proper authorities (police) will be notified and they will handle it.
- 3. Shoplifting/theft will result in immediate dismissal from the team and proper authorities will be notified. Bus drivers will be notified.
- 4. Use of possession of any firearms, explosives and/or weapons including bomb threats, vandalizing of school property or setting of fire alarms will result in being dismissed from the team.
- 5. There shall be no harassment of any kind on or off campus with other participants or opposing teams or fans. Any student violating this will be suspended for the next 2 consecutive games. IF this behavior continues, the student will be dismissed from the team.
- 6. There shall be no hazing, bullying, or derogatory statements of any kind toward RPCS students, staff, coaches and opposing team. Any student violating this will be suspended for the next 2 consecutive games. IF this behavior still continues, the student will be dismissed from team. RPCS student handbook will be followed.
- 7. The RPCS Student Handbook shall be followed if the athlete is involved in fighting in school
  - a. First offense minimum of 2 game suspension
  - b. Second offense dismissal from the team
- 8. When a student-athlete is placed on ISS (in school suspension) he or she will not be allowed to participate in any athletic event or game, home or away, while in ISS.
- 9. Any student athlete that gets an out-of-school suspension for violation of RPCS student handbook will be removed from the team for the remainder of the sport season.

#### **Due Process for Athletes**

In the event that disciplinary action must be taken against any athlete, the following protocol must be followed:

- 1. Student-athlete/Parent agreement must be on file with the Athletic Director in order to proceed with this process. IF there is no agreement in place there will be no process.
- 2. The coach has the right to immediately suspend a student athlete who violates school or team rules and regulations until the due process procedure has been completed.
- 3. The coach will immediately inform the athlete and the Athletic Director of the alleged violation in writing.
- 4. The athlete will have an opportunity to respond to allegations in writing within two (2) days to the coach and Athletic Director.
- 5. The Athletic Director will administer a decision to the alleged violation in writing to both parties involved.

- 6. If the athlete is not satisfied with the Athletic Director's decision, he/she may appeal to the Principal.
- 7. If the athlete is not satisfied with the Principal's decision, he/she may appeal to the CEO.
- 8. If the athlete is not satisfied with the Superintendent's decision, he/she may appeal to the Governing School Board. The Governing School Board will administer the final decision.

#### **Attendance**

The Navajo Nation has a policy regarding truancy. School absenteeism has a negative effect on student academic achievement. The following will be followed for all athletic programs at Rock Point Community School. Athletes shall abide by the general school policies on attendance for all students. Moreover students involved in athletics must realize that their status on the various teams may be hurt by absences from school. The following are guidelines to be utilized by the coaching staff when confronted with athletes missing school:

- 1. The only acceptable excuse for missing practice or a scheduled contest is illness on that day or a previously arranged absence with the head coach.
- 2. Students absent from school the day of a game must receive an excused absence slip from the office in order to participate in a scheduled athletic contest for that day and have made prior arrangements with the head coach and athletic director.
- 3. Students who receive an unexcused absence slip will not be allowed to participate in the athletic contest for that day. All athletes are expected to attend school the day before, the day of, and the day following a contest. Violations will be administered by coaches.
- 4. All student-athletes are expected to be at school on time the day following an "Away" game. Failure to do so will result in further consequences set forth in this policy. An excused absence or tardy will be considered.
- 5. A Friday absence counts towards Saturday and/or Monday participation.
- 6. Students who cut class will also be ruled ineligible for participation.

#### **Equipment and Uniforms**

Rock Point Athletic Department has adopted the following regulations in regards to sports equipment and uniforms.

- 1. School uniforms are to be used or worn in competition only. Exception: Jerseys may be worn the day of or before competition to enhance school pride.
- 2. Student athletes will be held responsible for unusual abuse or loss of equipment.
- 3. Student athletes will be held responsible for all athletic equipment issued to them.
- 4. Student athletes shall return all equipment and uniforms issued to them within one (1) week after completion of any season or immediately if dropped from any activity. If after one week, the equipment/uniform is not returned, the student will be pulled from any activity he/she is currently participating in.
- 5. Student athletes shall pay for all items not returned. Their money may be refunded when items are returned in good condition with receipt.
- 6. Student athletes failing to return all equipment and uniforms issued to them or failing to pay for lost items shall not receive any honors or awards for that sport or be permitted to

take part in any sport until the debt is cleared. The student athlete official school transcript will also be on hold until such debt is taken care of.

#### **Athletic Lettering and Award Policy**

All students who successful complete a full season of competitive athletics will earn a "Certificate of Participation".

There are three standards awards for each sport for which the corresponding coach will determine on his/her own. Students receiving these awards must have successfully completed a full season for the specific sport the coach is awarding for.

- 1. Outstanding Player of the Year
- 2. Sportsmanship Award
- 3. Leadership Award

There are four additional standard awards for all sports combined. Nominations for each award will be made. Coaches, Teachers, and Administrators will participate in this process. Students receiving these awards must have successfully completed two full seasons for the specific category being awarded.

- 1. HS Male Athlete of the Year All coaches throughout the year will provide one nominee. All coaches will then select one athlete. The criteria for nomination includes: leadership, sportsmanship, loyalty, commitment, participation in sports, and overall character.
- 2. HS Female Athlete of the Year All coaches throughout the year will provide one nominee. All coaches will then select one athlete. The criteria for nomination includes: leadership, sportsmanship, loyalty, commitment, participation in sports, and overall character.
- 3. HS Male Scholar Athlete of the Year All teachers will provide one nominee. Administrators will then select one athlete. The criteria for nomination includes: participated in sports, academic achievement, and currently a Senior.
- 4. HS Female Scholar Athlete of the Year All teachers will provide one nominee. Administrators will then select one athlete. The criteria for nomination includes: participated in sports, academic achievement, and currently a Senior.

High School Varsity student-athletes have the opportunity to earn a varsity letter based on their participation in competitive athletics. Students receiving Letters must have successfully completed a full season for the specific sport they are Lettered for. While the requirements for lettering may vary from sport to sport, general guidelines include the following criteria:

- Good practice habits
- Knowledge of and compliance with rules
- Sportsmanship and coachability
- Regular attendance at practices and games

Lettering requirements are as follows:

- Baseball/Softball/Basketball play in at least one-third of the total scheduled games
- Cross Country Place in Top 20 of half of all meets
- Football Must play in half of all quarters of all scheduled games
- Track & Field Earn a minimum of 20 points
- Volleyball Play in half of all total games
- Wrestling 25 points (1 pt. weigh-in, 4 win, 6 pin)

Student-athletes who have played on a varsity team and earned a varsity letter are eligible to receive a letter jacket using the following criteria.

- 1. Varsity level sports
- 2. Citizenship
- 3. 3.25 GPA or above

Individual head coaches will determine their own criteria for other athletic awards not listed above.

Awards will be given during the end of the year banquet.

# **Contract**

#### **Student-Athlete/Parent Contract for Participation**

We have read and agree to fully abide by the terms of Rock Point Community School's Athletic Handbook for Students and Parents. Failure to comply with the policies set forth in the handbook may result in my suspension and/or dismissal from a sports team and, potentially, my dismissal from the sport program for 2019-2020.

We understand that we must sign this document and turn it in to the Athletic Director or Head Coach prior to being issued a uniform and included on a team roster.

Date	Print Name	Student-Athlete Signature
Date	Print Name	Parent Signature
Date	Print Name	AD Signature