



## TIPS FOR PARENTS

### BE CONSISTENT

1. Post a daily schedule.
2. Try to mirror the school day as closely as possible. Students are used to structure and routine.
3. Create behavior expectations that are clear
  - a. Model these expectations
4. Use specific praise. (i.e. "Great job staying focused and completing your math problems.")
5. Use a variety of positive reinforcement.
  - a. Class Dojo
  - b. Sticker chart
  - c. Play-money
  - d. Outside time

### BE RESPONSIBLE

1. Active supervision
  - a. Constantly monitor what your child is doing.
2. Be firm, but friendly when dealing with off task behavior.
3. Use of consequences (Let your child know how consequences will be implemented.)
4. Be consistent.
5. Set daily/weekly goals (Have an acknowledgement plan in place for when goals are met.)

### BE SUPPORTIVE

1. Make sure bed and wake-up times are taken seriously. Students need their rest, but they must wake up on time to stick to their normal routine.
2. Make sure students eat breakfast, lunch, snacks, etc. (Students are typically more effective when they have food in their bodies.)
3. Make sure learning area is clear of distractions (toys, TV, devices, etc.)
4. Make sure students have time to release energy through nonacademic activities (recess, board games, etc.)
5. Be positive and confident. Keep your child encouraged. You've got this! You are amazing!