**May 11-May 15**

**Monday:**

Relay Races (need at least 2 players)

 Race: potato between knees running skipping

 Ball between your ankles hopping crab walk

**Tuesday:**

Soccer (need at least 2 players & a ball)

 Set up 2 goals and boundaries

 No hands/goalies allowed

 Try to kick the ball into your goal

**Wednesday:**

Exercise video

 Make up your own exercise video

 Make it fun

 Video it for 20 minutes

**Thursday:**

Exercise Video

 Have your family work out to your exercise video

**Friday:**

Pick anything we have done and play it!!!