**May 11-May 15**

**Monday:**

Relay Races (need at least 2 players)

Race: potato between knees running skipping

Ball between your ankles hopping crab walk

**Tuesday:**

Soccer (need at least 2 players & a ball)

Set up 2 goals and boundaries

No hands/goalies allowed

Try to kick the ball into your goal

**Wednesday:**

Exercise video

Make up your own exercise video

Make it fun

Video it for 20 minutes

**Thursday:**

Exercise Video

Have your family work out to your exercise video

**Friday:**

Pick anything we have done and play it!!!