Pillans Middle School

Cheerleading Tryout Packet 2020-2021

When: Tryout Clinic – June 22-25th, virtually

 Official Tryouts – June 26 by appointment

Where: Pillans Cheer Google Classroom Google Meet: <https://meet.google.com/lookup/atio3xtoco?authuser=0&hs=179>

* “C” average is required
* Copy of last report card must be provided
* No discipline offenses on record (this will be researched)
* Clinics and tryouts are closed to the public

Thank you for your interest in trying out to become a part of Pillans Middle School’s Cheer Program! Completed Applications, including all required signatures and notarized pages, along with a current physical must be turned in to Coach Barnes by June 21, 2020.

Tryouts

* One Cheer, Chant, and Dance taught during clinic will be performed in groups of three at tryouts.
* Required Tumbling
* Required Jumps: Toe touch, front hurdler, and 1 jump of choice

What to Wear to Clinic & Tryouts

* Solid White short sleeve T-Shirt (not fitted or tight)
* Dark colored sports bra
* Pillans Middle PE Shorts
* Athletic Tennis Shoes (no high tops)
* Solid Blue ribbon
* Hair must be pulled back and out of eyes
* No Jewelry is to be worn
* No long or artificial nails or tips (clear polish only)
* No previous cheerleading attire with cheer logos is allowed to be worn at any time during clinic or tryouts

Eligibility

* “C” average for 2019-2020 school year
* Present in class 90% of the school year
* No discipline offenses on record.

Practices

Practices will be held after school on some Mondays, Tuesdays, Wednesdays, and Thursdays of first and second semester. Additional practices may occur on weekends when necessary. Practice behavior and attire is explained in the constitution and will be enforced. Missed practices damages the progress of the individual cheerleader as well as the entire squad.

Outside school sports practices and/or games or private gym or dance studio practices and competitions are not considered excused absences from cheer practice and/or events.

Games

Cheerleaders are expected to cheer at football games, as well as boys’ and girls’ basketball games. There may be instances where cheerleaders may be expected to cheer at other events for the school, such as Open House.

Camp

The squad will attend cheer camp(s). This will be a mandatory event. Tentative camp dates: TBA (August & September 2020)

Other Responsibilities

Pillans Cheerleaders are seen as representatives and ambassadors for the school and the community and should conduct themselves accordingly both on and off campus. Events will arise throughout the year in which cheerleaders will be required to participate. These events are mandatory.

Costs

Fees include all uniforms and accessories, warm-ups, shoes, poms. Cheer bags, camp/practice attire, and camp participation fees. Please keep in mind that this is an estimate. An itemization of the exact expenses will be provided. Fee $500.

Payments

Payments will be made in three installments. All payments are due on the 1st and must be paid no later than the 15th of each month. According to the following schedule. No cheerleader will be allowed to cheer for a game until the full balance is paid. Uniform will not be ordered, until balance is paid in full.

July 1st 1st payment $250

August 1st Last payment $250

Pillans Middle School Constitution/Code of Conduct

Cheerleading

**Purpose**

The objective of the Pillans Middle School Cheerleading squad is to effectively execute a school spirit program that supports the athletic teams and promotes the school itself. Cheerleaders will serve as positive role models and leaders for PMS and should promote sportsmanship within our school and among other schools. The highest priority should be to display and encourage spirit and pride for Pillans Middle School. **All cheerleaders are expected to conduct themselves in a manner which exemplifies a model Pillans student both on and off campus.**

**Squad Members**

* Members will be chosen at a formal tryout session, by outside official judges.
* The squad will consist of rising 7th and 8th grade students who will cheer at football and girls’ and boys’ basketball games, pep rallies, and other events as announced.
* If a member of a squad is removed from a position, it will be determined by the Cheer Coach, Athletic Director, and Principal if a replacement is needed. If a cheerleader is removed or quits the squad, there will be NO REFUNDS given.
* Membership is annual. Everyone must try out each year. **No one is guaranteed a spot!**

**Practices**

* Practices will be held on some Mondays, Tuesdays, Wednesdays, and Thursdays. Additional practice days and times may be assigned and will be set by the coach. **All practices are mandatory**, and please remember to schedule other activities, events, and appointments around cheerleading practices.
* **If a practice must be missed, please refer to the Demerit System concerning infractions.**

**Attendance Requirements**

* **ABSENCES CAN BE THE DOWNFALL OF A GREAT CHEERLEADING SQUAD!** If one or more squad members are absent from practice or a game, the other members are forced to make last minute changes.
* **Cheerleaders are expected to be at all practices and games. No exceptions!**
* Jobs, club activities, extracurricular activities, doctor’s appointments, etc. MUST NOT interfere with cheerleading.
* If you commit to cheerleading, you are committing to attend every practice and every game. Please remember, just because a cheerleader asks to be excused doesn’t mean the excuse will be granted. This will be left to the coach’s discretion.
* Absences due to illness will be considered an excused absence with no demerits, **only when a doctor’s note is provided to the coach on the following day.** No cheerleader will be allowed to cheer after an illness or injury until a doctor’s note is provided.
* Absences due to illness with a parent note provided to the coach on the following day will be considered excused, but will carry demerits (**please refer to demerit system).**
* Absences due to family emergencies will be handled on a case by case basis, with the coach, athletic director, and principal reviewing it. Please remember, just because a cheerleader asks to be excused doesn’t mean the excuse will be granted.
* If a cheerleader leaves school for an early dismissal, the coach must be notified by the student (via text, email, phone call).
* As stated in the guidelines for Pillans athletes, students **MUST** be present half of the school day (until 11:30am) to be eligible to participate in practices and games scheduled for that day.
* If a cheerleader is assigned to Retract, she may not participate in any scheduled event for the time the athlete is assigned Retract has been served. **Demerits will also apply.**
* If a cheerleader is assigned OSS (Out-of-school suspension), she/he will be dismissed from the squad immediately.
* Members will be required to attend squad tumbling sessions during the cheer season and may be required to attend summer tumbling during the summer.
* During football season, games are usually played on Mondays and Thursdays at 3:30pm. A schedule will be given at the beginning of the season. All cheerleaders will be expected to keep up with the schedule and to be present at all games, including playoffs.
* During basketball season, games are usually played on Mondays and Thursdays at 3:30pm. A schedule will be given at the beginning of the season. All cheerleaders are expected to be present at all scheduled games, including playoffs.
* Unfortunately, some games may be scheduled during exam week. Cheerleaders will not be excused from games during this time. Also, cheerleaders may leave school early to attend away games. When this occurs, it is the cheerleader’s responsibility to make up any and all missing work in a timely manner.
* Scheduled playoff games for football and basketball are required. NO EXCEPTIONS.
* Each cheerleader is expected to be present 30 minutes before each game.
* **If a cheerleader is too ill to attend school, practice, or a game, she is too ill to attend any other event occurring at the same time.** PLEASE REMEMBER, THE COMMITMENT THAT YOU MAKE TO PILLANS CHEERLEADING COMES FIRST BEFORE ALL OTHER ACTIVITIES.

**Responsibilities**

* Cheerleaders and parents should be prepared to pay for expenses pertaining to cheerleading (summer camp, uniforms, practice clothes and any competitions) on the 1st of the month and every month, as scheduled to the school registrar.
* Cheerleaders and parents should remember that cheerleading comes first before any other activity. Please do not ask to be excused for any other event/activity.
* Cheerleaders must always check in or out with their coach before leaving school for any reason.
* Cheerleaders should realize there are other responsibilities that go along with (but are not limited to) that may include:
	+ - Decorating the gym for pep rallies
		- School Activities
		- Community Events
* **ALL DEADLINES MUST BE MET!**

**Grades**

* A minimum of a “C” average in all classes must be maintained throughout the cheering season.
* Because cheerleaders are students first, and athletes second, students’ grades will be checked before each game. If a cheerleader does not have a “C” average, she will not be allowed to cheer. (**see demerit system regarding this)**
* If, at any time you are failing a class, you will be required to attend tutoring and provide proof of attendance until the grade is brought up to passing. (**see demerit system regarding this)**

**Uniforms**

* One new uniform is purchased each year as a squad. If lost or damaged – **replacements are purchased at your own expense.**
* Washing and altering directions for rented uniforms will be provided when uniforms are distributed.
* It is the cheerleader’s responsibility to **keep ALL uniforms clean and in first class condition**. (All zippers, seams, buttons, hems, holes, shoes, jackets, and poms).
* Personal items, such as letters, shoes, socks, ribbons, poms, outerwear, and any practice clothes are to be paid for by the individual cheerleader by the deadline set by the coach.
* Skirts and shorts must be of appropriate length approved by coach. **Failure to adhere to this will result in demerits.**
* Uniforms are to be worn only in conjunction with cheer activities. **Uniforms are NOT to be worn to any social function or other sporting events outside of cheerleading.**
* A cheerleader may not represent another sport (soccer, baseball, etc.) while in uniform.
* If at any time, alterations are necessary, the cheerleader is the responsibility for the cost.
* **ABSOLUTELY NO CUTTING ON ANY UNIFORM IS ALLOWED!!!**
* **Being in correct uniform means wearing the appropriate uniform-sports bra, bloomers, hair ribbon, socks, shoes, having hair pulled up and out of face and eyes. Complete uniform also means wearing NO excessive make-up (no glitter eye make-up, or lipstick color), no jewelry, no glitter or colored fingernail polish may be worn while in uniform. Fingernails must be kept trimmed short, and NO acrylic nails or tips are to be worn at any time while at practices, games, or events.**
* **SWEATSHIRTS or any outside jacket ARE NEVER TO BE WORN OVER A CHEERLEADING UNIFORM.** Only squad warm-up jackets, or squad rain jackets may be worn over a uniform.
* **SWEATPANTS ARE NEVER TO BE WORN UNDER A CHEERLEADING UNIFORM.**
* ONLY CHEERLEADING SHOES ARE TO BE WORN WHILE IN UNIFORM. Warm-ups are a part of the cheer uniform. **NO SNOW BOOTS** are to be worn. Permission must be given by the coach in order to wear rain boots to school on game days.
* **NO JEWELRY** is to be worn while in uniform (or during practices).
* Hair is always expected to be clean, pulled up in a ponytail, out of face and eyes, with a squad ribbon at all practices and games.
* **NO PART of a cheerleader’s uniform shall be worn by ANYONE else. This includes your poms. NO EXCEPTIONS!**

**Expected Behavior**

* **All MCPSS, Pillans Middle School, and AHSAA guidelines must be followed at all times.**
* **A demerit system will be implemented from day one.**
* Cheerleaders are to promote a positive image for the school community – your peers, parents, teachers, and community members.
* While representing Pillans Middle School as a cheerleader, cheerleaders **must not** engage in the following:
	+ Consumption of alcoholic beverages
	+ Use of controlled substances
	+ Use of tobacco products
	+ Use of profanity
	+ Unsportsmanlike conduct
	+ Public displays of affection
	+ Academic dishonesty
* Cheerleaders must not display any negative reflection of PMS and the cheerleading program in any photos or on any social media platform.
* Cheerleaders must wear the designated uniform to school on game day. (**see demerit system)**
* Attend ALL practices and games.
* Attitude and ability to work with other different personalities must be exceptional.
* Lying or fabricating the truth will not be tolerated and can result in immediate termination from the squad.
* Part of a coach’s job is to know where you are at all times during practice, games, and special events.
* All official cheerleading decisions will be made by the coaching staff. All coaches are to be given respect and cooperation by cheerleaders and parents at all times. **Lack of respect will not be tolerated and can be grounds from dismissal from the squad.**

**Transportation**

* It is each parent’s responsibility to provide transportation to and from camp, practices, games, and events.
* Cheerleaders MUST be picked up from practices, games, or events no later than 15 minutes after it has ended, or 5 demerits will be issued.

**IN ORDER TO TRY OUT FOR ANOTHER SEASON, ALL FINANCIAL OBLIGATIONS FROM THE PREVIOUS YEAR MUST BE PAID IN FULL.**

Coaches reserve the right to make changes/additions to the rules, as needed. In addition, if you have any questions or concerns, please respect the following chain of command: Coach, Athletic Director, and then Principal.

Pillans Middle School Cheerleading Demerit System

NO CHEERLEADER IS PERMITTED MORE THAN 20 DEMERITS PER SCHOOL YEAR

**ANY OF THE FOLLOWING BEHAVIORS WILL RESULT IN “20” DEMERITS AND IMMEDIATE DISMISSAL FROM THE SQUAD:** (Any cheerleader, who is dismissed from the squad, will be ineligible to tryout the following year.)

* Any unexcused absence from a game or scheduled event (Only an absence with a doctor’s note presented the following day is excused with NO demerits given.)
* Any infraction resulting in out of school suspension
* Negative reflections on any social media platform (Facebook, twitter, snapchat, Instagram, etc.)
* Having a visible tattoo
* In possession of or use of alcoholic beverages, drugs, and tobacco products
* Academic dishonesty
* Any public displays of affection (PDA, i.e. kissing, cuddling, hugging, etc.)
* Use of profanity and/or display of unsportsmanlike conduct
* Receiving an “E” as a final grade on a report card

**“10” DEMERITS WILL BE GIVEN FOR ANY OF THE FOLLOWING:**

* Unexcused absence from practice (Only an absence with a doctor’s note presented the following day is an excused with NO demerits given.)
* Leaving early from a game or event without permission.
* Any infractions resulting in in-school suspension (ISS/retract) (this includes being caught in tardy sweep poor attendance, or any discipline issues)
* Failure to attend weekly tumbling classes during the summer and/or school year
* Receiving an “E” on a report card

**“5” DEMERITS WILL BE GIVEN FOR ANY OF THE FOLLOWING:**

* Insufficient knowledge of cheers, sidelines, dances
* Being late to a game, practice, event, or tumbling – being more than 15 minutes late is considered an unexcused absence
* Failure to assist with clean-up after a game or event
* Lack of pep/smile (practice, game, or event)
* Improper uniform on game day, game, or event (includes poms, bloomers, ribbons, shoes, etc.)
* Wearing any jewelry to practice, games, or events
* Improper nail polish or nail length (only clear polish is allowed: NO TIPS)
* Uniform not clean (rips tears, missing buttons dirty shoes)
* Wearing uniform outside of any cheering duties
* Use of cell phones at games, events, or practices
* Chewing gum or eating at undesignated times
* Use of inappropriate language or poor sportsmanship during games or events
* Showing disrespect to a coach
* Receiving an “E” on a progress report
* Receiving a ‘D” on a report card

**“3” DEMERITS WILL BE GIVEN FOR ANY OF THE FOLLOWING:**

* Excused absence from practice, game, or event with a parent note (must be provided the day following the absence)
* Unnecessary conversation with the crowd team, squad during games
* Receiving a “D” on a progress report
* Being picked late (more than 15 minutes after arrival at school) from a practice, game, event

“**1” DEMERITS WILL BE GIVEN FOR:**

* Late payment of fees (for every 5 business days payment is late)

**“1-20” DEMERITS WILL BE GIVEN FOR:**

* Undesirable conduct/poor attitude subject to coach’s discretion

**INABILITY TO COOPERATE WITH COACH, CAPTAIN, OR SQUAD:**

**1st offense:** 2 demerits

**2nd offense:** 5 demerits

**3rd offense:** dismissal from squad

**CONSEQUENCES OF DEMERITS**:

* Accumulation of 5 demerits will result in suspension from one game. Dress in school uniform on game day and warm-ups or practice uniform at the game. Cheerleader MUST sit with the coach during the game.
* Accumulation of 10 demerits will result in suspension for the next 2 games. Dress in school uniform on game day and warm-ups or practice uniform at the games. Cheerleader MUST sit with the coach during the game.
* Accumulation of 20 demerits will result in automatic removal from the squad. The cheerleader will not be allowed to try out for cheerleader for the next school year.

CHEERLEADERS WILL BEGIN EACH CHEERING SEAOSN WITH A CLEAN SLATE; NO DEMERITS WILL BE CARRIED OVER FROM THE PREVIOUS CHEERING SEASON.

Attach photo (recent/small) headshot

PILLANS MIDDLE CHEER APPLICATION

Candidate’s Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Candidate’s Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Overall Grade Average \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Parents/Legal Guardians \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Physical and/or medical conditions (allergies) coaches should be made aware of:

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I am trying out for (circle one): Cheerleader Mascot

Do you have any cheerleading experience? If so what?

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Which of the following can you independently perform on the gym floor? Put a check mark:

Toe Touch \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Herkie \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Side Hurdler \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Roundoff \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Front hurdler \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cartwheel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Back Handspring \_\_\_\_\_\_\_\_\_\_\_\_\_

Split \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

By signing below, I acknowledge that I have received, read, understand the information in the tryout packet. I also understand the eligibility and sill requirements, and I agree to abide by the tryout policies and procedures. I further understand that the decision of the judges is final, and I will not make an attempt to alter those decisions after the team announcement has been made.

Candidate’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*This form MUST be notarized and have a seal by a notary.

PILLANS MIDDLE SCHOOL CHEERLEADING

PARENT AGREEMENT 2020-2021

If my daughter is chosen as a member of one of the cheerleading squads at Pillans Middle School, I promise to encourage my child to promote school spirit demonstrate good sportsmanship and represent Pillans Middle School in an honorable fashion. I will encourage my daughter to be responsible, and plan to ensure she will attend all events.

I have received, read and understand the Pillans Middle School Cheer Constitution/Code of Conduct and Demerit System. Further, we agree to abide by all the rules policies that they detail.

I understand the financial obligation and agree to pay all money owed for cheerleading/mascot expenses in a timely manner and according to the designated deadlines detailed in the tryout packet.

I understand that my child may be removed from the squad at any time due to misconduct or disrespect.

**I understand that if a cheerleader voluntarily resigns or is dismissed from the squad, I/we forfeit all monies paid/donated and will be responsible for any remaining balance due, once items have been ordered.**

I understand that as a cheerleader at Pillans Middle School, my child will be expected to attend all scheduled activities and events. In addition to games, my child may be required to perform at various pep rallies (day or evening), orientations, parent/senior night, community service events, or other administrative expectations at various activities.

I understand that Cheer Camp is MANDATORY.

As a parent, I agree to address any issues related to cheerleading with my child’s coach. If I do not feel that the issue has been resolved, I may contact the athletic director next, and then the administrator in charge of cheerleading.

By signing this agreement, I affirm my commitment to the cheerleading program at Pillans Middle School. I understand that this commitment begins at the conclusion of tryouts and continues until the tryouts of the following school year.

Parent’s Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Notary’s Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Notary’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Notary’s Seal:

PILLANS MIDDLE SCHOOL CHEERLEADING

STUDENT AGREEMENT 2020-2021

If you make the cheerleading squad, realize that you are making a commitment to Pillans Middle School, your coaches, your teammates, and yourself for the complete season. The decision to tryout should not be taken lightly. You will be expected to put cheerleading as one of your top priorities. Furthermore, as a representative of Pillans, you must always maintain proper behavior. You must follow the cheerleading guidelines set forth in the Pillans Middle School Cheerleading Constitution. Students who break the rules will be disciplined. By making this commitment to the Pillans Middle School Cheerleading program, you will receive valuable and rewarding educational experiences that you will remember long after you graduate from middle school. These activities will not only channel your enthusiasm and spirit in a constructive manner, but will give you a sense of pride and accomplishment in being a part of a group that has earned the reputation as one of the finest in the state of Alabama.

Student Agreement.

**I have received read, understand, and agree to abide** by the 2019-2020 tryout rules and procedures as outlined in the tryout packet, the PILLANS MIDDLE SCHOOL CHEERLEADING CONSTITUTION/CODE OF CONDUCT, and the DEMERIT SYSTEM. I understand that failure to adhere to these rules and policies could result in dismissal from the squad.

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Student Signature Date

Parent’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PILLANS MIDDLE SCHOOL CHEERLEADING DEMERIT SYSTEM

SIGNATURE PAGE

**NOTE: Excused absences** from school include illness (must be absent for the entire school day) and attending another school sponsored event (approved fieldtrips, participation in other school related contests.) The cheerleader MUST provide a note from a doctor or school related activity sponsor on the following day, for the absence to be counted as an excused absence.

 Illness or injury that will require a cheerleader to miss 2 or more consecutive games/events requires a doctor’s excuse. Lack of participation in 2 or more consecutive games/events without a doctor’s excuse will be considered unexcused absences.

**After 4 parent notes, you must have a doctor’s note for missing practice, games, and/or events.**

**When a cheerleader is absent from school, they are not permitted to cheer unless they are on an approved (by the coach) school related activity.**

**The same MCPSS attendance policy applies for cheerleading.**

ALL PILLANS MIDDLE SCHOOL RULES AND MOBILE COUNTY PUBLIC SCHOOL SYSTEM CODE OF CONDUCT RULES AND CONSEQUENCES APPLY.

\***AGAIN, NO CHEERLEADER IS PERMITTED MORE THAN A TOTAL OF 20 DEMERITS PER SCHOOL YEAR.** After the accumulation of 20 demerits, the cheerleader will be dismissed from the squad.

Once a cheerleader accumulates 5 demerits, she is to sit out 1 game, effective immediately. Demerits from football season carry over to basketball season. Parents will be notified by letter/email at 5, 10, 15, and 20 demerits. Any cheerleader who accumulates 20 total demerits, has quit, or has been dismissed from the squad will NOT be allowed to try out for next year’s squad.

I have read and understand my responsibilities as a Pillans Middle School cheerleader and agree to the conditions set in this contract. I understand that if I do not fulfill those expectations, I will receive demerits as per the demerit system in place.

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Printed Name of Cheerleader Printed Name of Parent/Legal Guardian

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Cheerleader Signature of Parent/Legal Guardian

\*Other violations and demerits will be determined by the coaches.

\*Multiple infractions could result in a cheerleader being temporarily or permanently suspended from the squad or result in other appropriate discipline as determined by the coaches and/or athletic director.

FILL OUT THE TOP OF THIS FORM & GIVE IT TO YOUR GRADE LEVEL ADMINISTRATOR

PILLANS MIDDLE SCHOOL

Cheerleading and Mascot

Discipline Clearance Form

To be filled out by applicant:

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

To be filled out by the administrator:

In order to try out, a student must receive a discipline clearance from the administration. Administrators may not clear participants for any of the following reasons:

 Suspension, for any reason, this school year

 Retract, or in-school suspension **more than once** this school year

 Discipline referrals to the office for serious or numerous offenses

By signing this form, I verify that the above student has a clear discipline record and is to the best of my knowledge eligible to try out for cheerleading at Pillans Middle School.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Administrator Signature Date

OR

According to our records, the above student does NOT have a clear discipline record and to the best of my knowledge is NOT eligible to try out for cheerleading at Pillans Middle School.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Administrator Signature Date

Once completed, please turn in to the front office to go in Ms. Barnes’ box.

PILLANS MIDDLE SCHOOL

CHEERLEADING TRYOUT PACKET CHECKLIST

\_\_\_\_\_\_\_\_\_\_ Tryout Packet Checklist

\_\_\_\_\_\_\_\_\_\_ Application (with signature & notarization)

\_\_\_\_\_\_\_\_\_\_ Permission Form

\_\_\_\_\_\_\_\_\_\_ Parent Agreement signed

\_\_\_\_\_\_\_\_\_\_ Student Agreement signed

\_\_\_\_\_\_\_\_\_\_ Signature Page signed

\_\_\_\_\_\_\_\_\_\_ Discipline/Administrator Clearance Form

\_\_\_\_\_\_\_\_\_\_ Birth Certificate (must be original)

\_\_\_\_\_\_\_\_\_\_ NFHS Sportsmanship

\_\_\_\_\_\_\_\_\_\_ Physical Evaluation Form (Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

\_\_\_\_\_\_\_\_\_\_ AHSAA Concussion Form

\_\_\_\_\_\_\_\_\_\_ AHSAA Participation/Release Form

\_\_\_\_\_\_\_\_\_\_ Mobile County Insurance/Medical Form

\_\_\_\_\_\_\_\_\_\_ Copy of Report Card

\_\_\_\_\_\_\_\_\_\_ $20 Tryout Fee