

# Vernonia Student Suicide Prevention Plan

## SB 52: Adi's Law

The district shall develop a comprehensive student suicide prevention plan for students in Kindergarten through grade 12.

1. Procedures relating to suicide prevention, intervention and activities that reduce risk and promote healing **after** a suicide;

- Guided by Informed Best Practices: Suicide Prevention, Intervention, Postvention: Step by Step from Lines for Life & Willamete ESD [Suicide Prevention, Intervention, Postvention](#)
- Provide quick overview/flowchart of procedures to be included in staff handbook and with any sub materials
  - Resource: <https://oregonyouthline.org/step-by-step/>
- After Death by Suicide Process will include:
  - District Level: Notifying all staff, plan for when and how to let the community know, (See appendix Crisis Response Manual\*\* for Notification Letter Drafts)
  - Additional Direct Support to Students and Staff impacted: contact other districts for support though counseling phone tree initiation for additional availability to support staff and students in grief process.
  - School response: Plan for notifying students, provide safe-space for grieving, mental health support
  - Crisis Response Team Manual in use

2. **Identification** of the school officials responsible for responding to reports of **suicidal** risk;

- Suicide Prevention and Trauma Response Team: Counselors, Mental health support staff, licensed staff member(s), classified staff member(s), administration representative
- Social Emotional Learning team members

3. A procedure by which **a** person may request the district to review the actions of **a** school in responding **to** suicidal risk;

- Contact district office

4. **Methods to address the needs of high-risk groups, including:** Youth bereaved by suicide; (including inner circle or tribe connected to the death) Youth with disabilities, mental illness or substance abuse disorders; Youth experiencing homelessness or out of home settings, such as foster care; and Lesbian, gay, bisexual, transgender, queer and other minority gender identity and sexual orientation, Native American, Black, Latinx, and Asian students.

- Self-reporting
- SEL Team response

5. A description of, and materials for, any training to be provided to employees as part of the plan, which must include: When **and** how to refer youth and their families **to** appropriate mental

# **Vernonia Student Suicide Prevention Plan**

## **SB 52: Adi's Law**

health services;

- All Staff are provided annual In-Service training of Mental Health Signs and Symptoms and process for referring students as listed below:
  - If a student presents reasonable danger of harm to self or others, referred to Social Emotional Learning (SEL) team to assess and intervene as necessary.
  - Suicide Risk Assessment document conducted by School Counselor and additional staff for best practice, such as building principal, administrator, mental health specialist. See Appendix A
  - Develop Collaborative Safety Planning Document if further need identified-working with parents to come up with safety plan, peer support, connect to professional resources for ongoing support.

Programs that can be **completed** through self-review of suitable suicide prevention materials.

- Annual Basis:
  - QPR
  - Safe Schools- MH signs and Symptoms In-Service
  - Suicide Postvention Training through NAMI Connect
- Promoted to attend:
  - ASIST
  - Youth MH First Aide

6. Supports **that are** culturally and linguistically responsive;

- Clubs that represent and support diversity
- Visuals, such as posters, flyers, lesson plan integration that represent and support diversity cultures
- Presented in representative languages
- Visual representation within classroom materials
- Live presentations from diverse groups; community members and otherwise
- Equity focus through Professional Development

7. Procedures for reentry into a school environment following a hospitalization or behavioral health crisis'; and

- Provide plan and ongoing support. Safety Plan developed; covered in all domains. Include point person to ensure ongoing support and adjust plan as needed.
- Provide resources for Family outside of the school district, including but not limited to Mental Health, Grief and Loss peer groups available local and online academic support, and coping plans

8. A process for designating staff to be trained in an evidence-based suicide prevention program.

- All staff trained/retrained in QPR every two years
  - Consider on staff trainer
- Include description in job assignments
- Maintain ASIST trained personnel on staff; consider staff in different assignments

**Vernonia Student Suicide Prevention Plan**  
**SB 52: Adi's Law**

throughout the district. Seek solutions for barriers of cost of sub and/or willing staff to be trained

**\*\*Policy and procedures will continue to be updates**

Appendix A

**RESOURCES**

<https://oregonyouthline.org/our-lessons/>

<https://oregonyouthline.org/step-by-step/>