

# APRIL

2021

## EZZELL CAFETERIA



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**Special Announcements:** MENU SUBJECT TO CHANGE  
CEREAL, MILK, FRUIT AND JUICE SERVED WITH BREAKFAST  
FRUIT AND MILK SERVED WITH LUNCH  
REMEMBER TO TAKE THREE ITEMS ONE OF THEM NEEDS TO BE A FRUIT OR VEGETABLE

POPTARTS  
EASTER PICNIC

1.

NO  
SCHOOL

2.

OATMEAL  
HAMBURGER  
FRENCH FRIES  
BEANS

5.

BREAKFAST TACOS  
TACOS  
REFRIED BEANS  
LETT/TOM  
CHIPS/SALSA

6.

HONEYBUNS  
CHICKEN TENDERS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

7.

EGGS SAUSAGE BISCUITS  
PIZZA  
CUCUMBERS  
BROCCOLI  
TEDDY GRAHAMS

8.

WAFFLES  
CORNDOGS  
CARROTS  
CELERY  
CHIPS

9.

MUFFINS  
CHICKEN BURGERS  
FRENCH FRIES  
BEANS

12.

BREAKFAST TACOS  
BURRITOS  
CORN  
CARROTS  
CHIPS/SALSA

13.

CINNAMON ROLLS  
CHICKEN NUGGETS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

14.

EGGS SAUSAGE BISCUITS  
SPAGHETTI  
SALAD  
BROCCOLI  
BREADSTICKS

15.

SAUSAGE ANS BISCUIT  
MEATBALL SUBS  
MAC N CHEESE  
BAKED BEANS  
CELERY  
CHIPS

16.

CHICKEN BISCUIT SANDWICH  
HOT DOGS  
FRENCH FRIES  
BEANS

19.

BREAKFAST TACOS  
NACHOS  
REFRIED BEANS  
LETT/TOM  
PRETZELS

20.

DONUTS  
POPCORN CHICKEN  
SALAD  
CUCUMBERS  
ROLLS

21.

EGGS SAUSAGE BISCUITS  
PIZZA  
BROCCOLI  
CARROTS  
TEDDY GRAHAMS

22.

MUFFINS  
HAM N TURKEY SANDWICH  
CELERY  
LETT/TOM  
CHIPS

23.

YOGURT  
PULLED PORK  
MAC N CHEESE  
MIXED VEGETABLES  
BEANS

26.

BREAKFAST TACOS  
TOSTADAS  
CORN  
LETT/TOM  
CHIPS/SALSA

27.

CHERRY STRUDEL  
CHICKEN NUGGETS  
MASHED POTATOES  
GREEN BEANS  
ROLLS

28.

EGGS SAUSAGE BISCUITS  
SPAGHETTI  
SALAD  
CARROTS  
BREADSTICKS

29.

BISCUIT SANDWICH  
GRILLED CHEESE SANDWICH  
BROCCOLI  
CUCUMBERS  
CHIPS

30.

- Art Contest Deadline Apr. 2



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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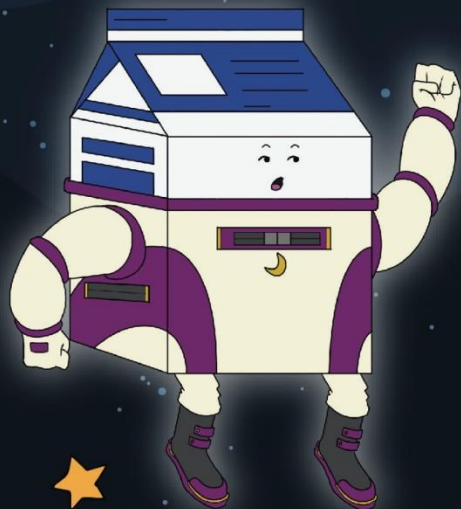
Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



Updated 01/2020  
www.SquareMeals.org

# MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



## WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

COW  
CALCIUM  
DAIRY

MILK  
TEXAS

## DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



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