

Let's Move It!!!

**Challenge:
March into March**

March 2019 tracking sheet

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31-Mar					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Directions: Your goal for the month is to get out and walk every day. People who walk to stay healthy try and walk at least 10000 steps a day. What is your STEPS goal? _____
 Tally your points on the calendar above. Add the totals up in the bottom box.
 Submit your March points on line by April 6th, at <https://rainier.tedk12.com//records, Monthly Challenge or e-mail Debby Webster>
Enter your points by April 6th to be entered in the prize drawing.

Total Points for the Month:

Name:

Sponsored by:



Rainier School District