

## STANDING ORDERS ALLERGY / ANAPHYLAXIS TREATMENT PROTOCOL

The following standing orders apply to persons who do not have individual orders provided by parents and /or private physicians. The guidelines apply to person with allergic symptoms triggered by touching, inhaling, or ingesting allergens or by insect stings. Before administering medications, attempt to obtain a history from the patient or bystanders, and check for Med-Alert bracelets, etc., to ascertain if patient has any underlying conditions that could mimic allergies or anaphylaxis.

**For MILD to MODERATE ALLERGIC REACTIONS:** Patient may exhibit a few hives and itching or swelling at the site of the bite/sting.

Administer Benadryl -- Make sure patient is not allergic to Benadryl

\*\*liquid or tablets are acceptable, liquid is preferred

A). <6 years old, consult child's physician

B). 6 to 12 years old, give 12.5mg to 25mg Benadryl orally

C). >12 years old, give 25-50mg Benadryl orally.

D). Monitor to assess if symptoms improve or worsen.

E). Notify parent and advise parent to consult with physician for follow-up if needed.

F). Document

**FOR SEVERE ALLERGIC REACTIONS: (ANAPHYLAXIS)** Patient may exhibit some or all of the following:

- Flushing, hives, swelling or itching, especially of face, lips, mouth, eyes, tongue or throat.
- Difficulty breathing or swallowing, tightness in chest or mouth or throat, drooling.
- Coughing, sneezing, wheezing or stridor.
- Difficulty talking, change in voice, runny nose.
- Fear or apprehension, feeling of impending doom.
- Low BP w/rapid weak pulse, clammy/sweaty skin.
- Nausea, vomiting, abdominal pain, diarrhea.
- Dizziness, fainting, collapse, convulsions, or LOC (unconsciousness)

**ADMINISTER EPIPEN IMMEDIATELY.** (If patient is an infant or toddler who weighs less than 22 lbs. or if Patient is 50 years or older or has a history of heart disease, it may be prudent to check with physician prior to epinephrine administration, if possible. However, if there is reasonable evidence that the patient is having an allergic reaction and it appears that death is imminent, administer epinephrine regardless of age).

For individuals 33 to 66 pounds, give EpiPen Jr. 0.15mg

For individuals over 66 pounds, give EpiPen 0.3mg

**TO ADMINISTER EPIPEN:**

1. Pull off safety release cap.
2. Jab needle firmly into outer thigh so it "clicks" and HOLD on thigh for approximately 10 seconds.
3. Call 911
4. Notify parents.
5. Monitor airway, breathing and vital signs.
6. Provide CPR if necessary and/or other first aid measures if needed.
7. May repeat EpiPen in 20 minutes if needed.
8. A second, delayed reaction may occur. Obtain follow-up care in emergency room or as directed by physician.
9. Dispose of EpiPen in red sharps container or give to paramedics
10. Document

Physicians Signature: \_\_\_\_\_

Printed: \_\_\_\_\_

Wilburn E. Furniss, III

Date: \_\_\_\_\_

8/19/2020

This order must be renewed annually.