

LHUSD #1 - Sex Education Discussion The Science

Sexual Risk Avoidance Education (SRA)

1. Sexual Risk Avoidance (SRA) is a sex education approach based on a recognized and often-used public health model known as "risk avoidance" or "primary prevention." It is the standard approach used to address risk behaviors such as underage drinking and smoking and is entirely appropriate and beneficial in addressing the risk of teen sex.
<https://weascend.org/>
2. Research evidence shows that for adolescent populations in U.S. schools, Abstinence Education currently provides protection that is superior to CSE.
<https://institute-research.com/abstinence>
3. Children and adolescents from 10 to 19 years of age are more at risk for contracting a sexually transmitted infection (STI) than adults. This is due to the general practice of having multiple and higher risk sexual partners, and to the immaturity of the cervical tissue of girls and young women. The CDC recently stated that of the 19 million new cases of STIs annually reported in the United States, 50 percent occur in teens and young adults under 25 years of age. Twenty-five percent of newly diagnosed cases of HIV occur in those under 22 years of age. This translates into one in four sexually active female adolescents being infected with at least one STI.
Adolescent sexual activity alone has been acknowledged as an independent risk factor for developing low self-esteem, major depression, and attempting suicide. In studies that controlled for confounding factors, sexually active girls were found to be three times as likely to report being depressed and three times as likely to have attempted suicide when compared to sexually abstinent girls. Sexually active boys were more than twice as likely to suffer from depression and seven times as likely to have attempted suicide when compared to sexually abstinent boys.
<https://www.acpeds.org/the-college-speaks/position-statements/sexuality-issues>
4. The American College of Pediatricians recognizes the health benefits of sexual risk avoidance (SRA – formerly known as 'abstinence') as the optimal lifestyle for all youth. Therefore, the College strongly endorses SRA education and recommends its adoption by all school systems in lieu of "comprehensive sex education." This position is based on the public health principle of primary prevention, promoting risk avoidance in lieu of risk reduction to obtain the highest standard of health.
<https://www.acpeds.org/sexual-risk-avoidance-abstinence-education>

Sexual Risk Reduction Education (SRR)

1. Sexual Risk Reduction (SRR), often called Teen Pregnancy Prevention or "Comprehensive" sex education is primarily focused on increasing contraceptive use among teens. SRR approach normalizes teen sex and is considered a "secondary prevention" strategy.
SRR program examples:
 - Comprehensive Sexuality Education (CSE) "Rights based" sex ed
 - Teen Pregnancy Prevention (TPP)<https://weascend.org/>
2. **FAILURE RATE**: School-based CSE programs that attempted to show effectiveness—by producing sustained (12month) effects on a key protective outcome for the intended population—failed 87% of the time.
NEGATIVE EFFECTS: Sixteen studies (16%) found 22 instances of harmful effects by school-based CSE, such as decreased condom use or increased sexual activity, number of partners, oral sex, forced sex, STDs, or pregnancy. <https://institute-research.com/CSEReport>
3. Adolescents and young adults represent an important population as case counts and rates for STDs among those aged 10-24 are the highest of all age groups in Arizona (41% of gonorrhea cases and 61% of chlamydia cases). Untreated syphilis can damage your brain, nerves, eyes, blood vessels, liver, bones, and joints and Arizona is currently in a Statewide outbreak of syphilis at 269% increase since 2015.
<https://www.azdhs.gov/preparedness/epidemiology-disease-control/disease-integration-services/std-control/index.php>
4. The CDC expects gonorrhea to wear down our last highly effective antibiotic. The CDC said, "we're sliding backwards". "The systems that are in place to identify an prevent STD's are at the breaking point".
<https://www.cdc.gov/nchhstp/newsroom/2018/press-release-2018-std-prevention-conference.html>

***Prepared by:
Nichole Cohen
Governing Board Member
949-370-6742***

***Don't believe me, do your
own research, here's a start.***

LHUSD #1 - Sex Education 2019

Politics, Culture, and Parental Rights



*The Agenda with Steve Paikin
Genders, Rights and Freedom of
Speech*
2.6M views
October 27, 2016 - YouTube



*Gender Identity: Why All The
Confusion?*
Prager University 5 minute videos
4.1M views
October 2, 2017 - PragerU.com



*Rep. Spano on H.R. 5 "Equality
Act" Floor Debate - bill banning
LGBTQ discrimination. 228
Democrats and 8 Republicans
voted YEA.*
624 views
May 17, 2019 - YouTube



*Feminist Activist Reveals The
Inequality of the Equality Act
(HR 5)*
138,000 views
April 4, 2019 - YouTube



*Blair White and Dave Rubin:
Transgender Debate, Islam, Black
Lives Matter (full interview)*
401,822 views
August 12, 2016 - YouTube

Republicans Voting YEA on H.R. 5 "Equality Act"



*NO OPT-OUT ALLOWED:
The California Sex Ed
Indoctrination*
<https://vimeo.com/344632997>



*Blair White Heated Debate w/
Jessica Yaniv: Trans Predator*
1,066,876 views
August 5, 2019 - YouTube



*Kinsey's Child Sexual Research
Chapter 5, Table 34
By: Canadian Times News*
5,000+ views
September 26, 2013 - YouTube