Unit 13 Treatment of Abnormal Behavior Key Terms

1. Psychotherapy
2. Biomedical Therapy
3. Eclectic Psychotherapy
4. Psychoanalysis
5. Free Association
6. Resistance
7. Interpretation
8. Transference
9. Drawbacks of Psychoanalysis
10. Psychodynamic Therapy
11. Insight Therapies
12. Humanistic Therapy
13. Client-Centered Therapy
14. Carl Rogers
15. Nondirective Approach
16. Active Listening
17. Unconditional Positive Regard
18. Behavior Therapy
19. Counterconditioning
20. Exposure Therapies
21. Systematic Desensitization
22. Virtual Reality Exposure Therapy
23. Aversive Conditioning
24. Behavior Modification
25. Research and Behavior Modification
26. Token Economy
27. Criticism of Behavior Modification
28. Cognitive Therapy
29. Rational-Emotive Behavior Therapy (REBT/RET)
30. Aaron Beck
31. Catastrophizing
32. Cognitive Therapy Techniques
33. Cognitive-Behavioral Therapy (CBT)
34. Cognitive Therapy and Eating Disorders
35. Group Therapy
36. Family Therapy
37. Benefits of Group and Family Therapy
38. Self-Help Groups
39. Effectiveness of Psychotherapy
40. Criticism of Psychotherapy
41. Meta-Analysis and Effectiveness of Psychotherapy
42. Effect Therapies for Specific Disorders
43. Evidence-Based Practice
44. Eye Movement Desensitization and Reprocessing (EMDR)
45. Light Exposure Therapy
46. Research and Light Exposure Therapy
47. Three Benefits for Psychotherapies
48. Therapeutic Alliance
49. Culture and Client-Therapist Relationship
50. Therapist Training
51. Lifestyle and Mental Health
52. Aerobic Activity and Mental Health
53. Socializing and Mental Health
54. Sleep and Mental Health
55. Psychopharmacology
56. Antipsychotic Drugs
57. Tardive Dyskinesia
58. Antipsychotic Drugs and Dopamine
59. Antianxiety Drugs
60. Antidepressant Drugs
61. Selective Serotonin Reuptake Inhibitors (SSRIs)
62. Effectiveness of Placebos
63. Mood-Stabilizing Drugs
64. Lithium and Benefits
65. Electroconvulsive Shock Therapy (ECT)
66. Transcranial Direct Current Stimulation (tDCS)
67. Repetitive Transcranial Magnetic Stimulation (rTMS)
68. Deep-Brain Stimulation (DBS)
69. Psychosurgery
70. Lobotomy
71. Traditional VS New View/Thinking about Disorders
72. Resilience
73. Posttraumatic Growth