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| November |  |
|  | 2020 |
| Title | Subtitle |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | Mile Monday!! Walk/Run a mile. | You Choose; NFL Edition:<https://youtu.be/gy7D61Anm0M> | Rock, Paper, Scissors.<https://youtu.be/RNDVYrViBmQ> | You Choose; Yoga![You Choose%3B NFL Edition: https://youtu.be/gy7D61Anm0M](You%20Choose%3B%20NFL%20Edition%3A%20%20https%3A/youtu.be/gy7D61Anm0M) | Free Play Friday!! Go Outside! |  |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
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| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
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| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
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| 29 | 30 |  |  |  |  |  |
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