

Mountain Vista Athletics Guidelines

In order to achieve success at any endeavor it takes *hard work, commitment, and enthusiasm*. To be your best in athletics there is no substitute for proper training, discipline, and preparation. Please read these guidelines carefully.

RULES

The athletics' staff has formulated the following attendance rules for the MVS extra-curricular sport's teams. It is understood that these rules will be enforced in a consistent and fair manner.

1. **Practice Attendance:** It should not be your scheme to "get out of practice". You should adhere to the idea of team and individual commitment to attend all practices, events, and games throughout the entirety of the season. There are only three basic reasons to miss practice.

A. **Sickness-** If you are sick and cannot attend school or practice it is essential that you contact Mrs. Gagnon or your coach by phone or leave a message in the office and let them know you will not be at practice. Do not send a verbal message with a teammate. If we do not receive a message before 3:00 p.m. it will be considered an unexcused absence. If you leave school sick without leaving a message it will also be considered unexcused.

PHONE NUMBERS: Mrs. Gagnon 896-3023 Front office 896-3000
Your coaches will gladly provide you with their cell phone or e-mail.

B. **Injury-** If you have an injury and cannot practice then you need to report it to your coach or athletic director. Doctor or parent notes are encouraged to help us communicate your participation abilities.

C. **Personal-** Different circumstances will come up during the year that may require you to miss a practice. Family and academics come before anything; however, please try to let the coaches/athletic director know about the absence ahead of time. Poor communication is generally the key to misunderstandings.

D. **Consequences:**

Tardiness- any time you are tardy the coach may decide a standard consequence to make up the practice time lost. If you have a serious tardy problem (3+) you may miss a game.

Absences 1 unexcused = warning
 2 unexcused = miss a game
 3 unexcused = miss 2 games
 4+ unexcused = dismissal from the team

*****In the case where a team member misses a practice for any other reason than outlined above, he/she should realize his/her participation may be reduced or eliminated in the next game. If it happens more than once, it is grounds for dismissal from the squad.

2. **Schedule Responsibilities:** Be on time for all related functions, including practice, meetings, trips, and interscholastic competitions. The time a practice is scheduled means you are expected to be on the field and ready. If an athlete is late you must see the coach to make sure you did not miss any important information and to make sure you were not marked with an unexcused absence. Please be aware of scheduled practices or games during Fall Break, Spring Break, or Rodeo. (The schools we compete with do not necessarily follow our same school year schedule).
3. **Scholastic Responsibilities:** You are expected to fulfill all your classroom and academic obligations. You are a student first and an athlete second. We urge you to do the best you possibly can in your studies. You must also attend all your classes on the day of practices and games unless the absence is excused. If you are in ISS or after school detention for a non-academic reason your absence from practice or the game is unexcused. Behave in school so you do not get detention assigned.
4. **Care of Equipment:** All equipment checked out to you is the property of the Oracle School District, and you are allowed to use it during that sports season. You use it during practices and games only. You are expected to use it or wear it with pride and take the best care of it possible. The equipment is your complete responsibility and you will be held liable for the loss or destruction of it. Everything is to be turned in immediately at the end of the season.
5. **Meet and Travel Dress:** A team member is expected to dress sharply for all games and travel. Unless otherwise told, your choice of clothing is up to your own good judgment. Wear something that shows you are proud of yourself, your team, and your school.
6. **Season:** Each season has a specific start and end date. Your obligation to the team includes every practice and game within that time. Please look over the schedule so you are aware of commitments for the season including MVS school breaks.
7. **Travel to and From Meets:** You must travel to away games on the bus under the supervision of your coaches or other school staff. If your parents choose to have you ride home with them they will need to sign you out with the coach attendance roster. Your good behavior on the bus is expected, you will respect the driver's responsibilities and your team's policies. You will be encouraged to contact your parents by phone on the ride home for an approximate pick up time at school. Your parents or a designated adult must pick you up at Mt. Vista School with the exception of travel to Eloy which makes it possible for convenient drop offs along Florence Highway. Please be advised that late pickups may result in a penalty such as missing the next away game.