

Dorchester School District 4
007 - HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 FRENCH TOAST STICKS MILK MANDARIN ORANGES	Mar - 3 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Mar - 4 FRUDEL APPLE FILLED 100% FRUIT JUICE MILK	Mar - 5 SCRAMBLED EGGS GRITS W/ BUTTER YEAST ROLLS-LOCAL MILK 100% FRUIT JUICE	Mar - 6 TURKEY SAUSAGE ROLL 100% FRUIT JUICE MILK
Mar - 9 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMODO	Mar - 10 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Mar - 11 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED	Mar - 12 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK	Mar - 13 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK
Mar - 16 Teacher Work Day	Mar - 17 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Mar - 18 FISH STICKS 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM	Mar - 19 CHICKEN BISCUIT 100% FRUIT JUICE MILK	Mar - 20 DUTCH WAFFLES 100% FRUIT JUICE MILK
Mar - 23 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Mar - 24 SAUSAGE PATTIE 100% FRUIT JUICE MILK	Mar - 25 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Mar - 26 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK	Mar - 27 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK
Mar - 30 FRENCH TOAST STICKS MILK MANDARIN ORANGES	Mar - 31 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.