Amite County High School

March 2020 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Mar - 2  Chicken Tenders  Mashed Potatoes/cheese  Roll  Green Beans  Chilled Peaches  Assorted Fruit Juices  Assorted Milk  Ketchup 2 Dipping Sauce 1 | Mar - 3  BBQ Meatball Hoagie  Spicy Fries  Confetti Coleslaw  Applesauce  Assorted Fruit Juices 7-12  Assorted Milk  Ketchup 2 | Mar - 4  Cheesy Chicken / Rice  Cornbread  Mustard Greens  Sliced Carrots  Chilled Peach Slices  Assorted Fruit Juices  Assorted Milk | Mar - 5  Beefy Nachos Grande  Taco Sauce 1  Sour Cream 1  Whole Kernel Corn  Baby Carrots / Dressing  Pineapple Tidbits  Assorted Fruit Juices  Assorted Milk | Mar - 6  Corn Dog  Sweet Potato Waffle Fries  Baked Beans  Sliced Strawberries  Assorted Fruit Juices  ChocolateChip Cookie 7-12  Assorted Milk  Ketchup Mustard |
| Mar - 9  Mandarin Chicken  Stir Fried Rice  California Veggies  Sliced Carrots  Roll  Chilled Peach Slices  Assorted Fruit Juices  Assorted Milk | Mar - 10  Cheeseburger  Spicy Fries  Baked Beans  Blushing Chilled Pears  Assorted Fruit Juices  Assorted Milk  Ketchup 3  Mustard 1  Mayonnaise 1 | Mar - 11  Pepperoni Pizza Wedge  Fries  Spinach Salad  Fruit Crisp  Assorted Fruit Juices  Assorted Milk  Ketchup 2 | Mar - 12  Spaghetti & Meat Sauce  Garlic Toast  Lemon-Glazed Carrots  Green Beans  Tropical Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 13  Grilled OR Spicy  Chicken Sandwich  Sweet Potato Waffle Fries  Cheesy Broccoli  Fresh Apples  Assorted Fruit Juices  Assorted Milk  Ketchup 1  Mayonnaise 1 Mustard 1 |
| Mar – 16  NO SCHOOL  Mar – 17  NO SCHOOL  Mar – 18  NO SCHOOL  Mar – 19  NO SCHOOL  Mar – 20  NO SCHOOL | | | | |
| Mar - 23  Chicken Spaghetti  Garlic Toast  Lemon-Glazed Carrots  Green Peas  Tropical Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 24  Boneless Buffalo Wings  Roll  Macaroni and Cheese  Yam Patties  Black-Eyed Peas  Sliced Strawberries  Assorted Fruit Juices  Assorted Milk | Mar - 25  BBQ Rib Sandwich  Fries  Cheesy Broccoli  Fresh Apples  Assorted Fruit Juices  Assorted Milk  Ketchup 2 | Mar - 26  Beef Tips over Rice  Roll  Glazed Carrots  Green Beans  Chilled Peaches  Assorted Fruit Juices  Assorted Milk | Mar - 27  Sloppy Joe on Bun  Tater Tots  Mixed Vegetables  Pineapple Tidbits  Assorted Fruit Juices 7-12  Assorted Milk  Ketchup 2 |
| Mar - 30  BBQ Chicken Sandwich  Fries  Lemon-Glazed Carrots  Applesauce  Assorted Fruit Juices  Assorted Milk  Ketchup 2 | Mar - 31  Red Beans & Rice / Sausage  Cornbread  Seasoned Cabbage  Baby Carrots / Dressing  Mandarin Fruit Cup  Assorted Fruit Juices  Assorted Milk |  |  |  |

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.\*\*\*

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1% milk and skim milk.

\*\*\*Menu subject to change due to unforeseen circumstances.\*\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer.\*\*\*