Amite County High School

 March 2020 Lunch Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Mar - 2Chicken TendersMashed Potatoes/cheeseRollGreen BeansChilled PeachesAssorted Fruit JuicesAssorted MilkKetchup 2 Dipping Sauce 1 | Mar - 3BBQ Meatball HoagieSpicy FriesConfetti ColeslawApplesauceAssorted Fruit Juices 7-12Assorted MilkKetchup 2 | Mar - 4Cheesy Chicken / RiceCornbreadMustard GreensSliced CarrotsChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Mar - 5Beefy Nachos GrandeTaco Sauce 1Sour Cream 1Whole Kernel CornBaby Carrots / DressingPineapple TidbitsAssorted Fruit JuicesAssorted Milk | Mar - 6Corn DogSweet Potato Waffle FriesBaked BeansSliced StrawberriesAssorted Fruit JuicesChocolateChip Cookie 7-12Assorted MilkKetchup Mustard |
| Mar - 9Mandarin ChickenStir Fried RiceCalifornia VeggiesSliced CarrotsRollChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Mar - 10CheeseburgerSpicy FriesBaked BeansBlushing Chilled PearsAssorted Fruit JuicesAssorted MilkKetchup 3Mustard 1Mayonnaise 1 | Mar - 11Pepperoni Pizza WedgeFriesSpinach SaladFruit CrispAssorted Fruit JuicesAssorted MilkKetchup 2 | Mar - 12Spaghetti & Meat SauceGarlic ToastLemon-Glazed CarrotsGreen BeansTropical FruitAssorted Fruit JuicesAssorted Milk | Mar - 13Grilled OR Spicy Chicken SandwichSweet Potato Waffle FriesCheesy BroccoliFresh ApplesAssorted Fruit JuicesAssorted MilkKetchup 1Mayonnaise 1 Mustard 1 |
| Mar – 16NO SCHOOLMar – 17NO SCHOOLMar – 18NO SCHOOLMar – 19NO SCHOOLMar – 20NO SCHOOL |
| Mar - 23Chicken SpaghettiGarlic ToastLemon-Glazed CarrotsGreen PeasTropical FruitAssorted Fruit JuicesAssorted Milk | Mar - 24Boneless Buffalo WingsRollMacaroni and CheeseYam PattiesBlack-Eyed PeasSliced StrawberriesAssorted Fruit JuicesAssorted Milk | Mar - 25BBQ Rib SandwichFriesCheesy BroccoliFresh ApplesAssorted Fruit JuicesAssorted MilkKetchup 2 | Mar - 26Beef Tips over RiceRollGlazed CarrotsGreen BeansChilled PeachesAssorted Fruit JuicesAssorted Milk | Mar - 27Sloppy Joe on BunTater TotsMixed VegetablesPineapple TidbitsAssorted Fruit Juices 7-12Assorted MilkKetchup 2 |
| Mar - 30BBQ Chicken SandwichFriesLemon-Glazed CarrotsApplesauceAssorted Fruit JuicesAssorted MilkKetchup 2 | Mar - 31Red Beans & Rice / SausageCornbreadSeasoned CabbageBaby Carrots / DressingMandarin Fruit CupAssorted Fruit JuicesAssorted Milk |  |  |  |

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.\*\*\*

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1% milk and skim milk.

\*\*\*Menu subject to change due to unforeseen circumstances.\*\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer.\*\*\*