

## March 2020 – Breakfast Menu FCHS

Eat Breakfast at School! All Franklin County students may eat breakfast at no charge!

1 SONOUL DICHINING			<u> </u>	
Monday	Tuesday	Wednesday	Thursday	Friday
2		3 4	5	6
Choose 1 or 2:	No School	Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:
Assorted Cereal		Assorted Cereal	Assorted Cereal	Assorted Cereal
Cheese Stick		Poptart	Biscuit	Cereal Bar
Poptart // Oatmeal		Cheese Stick // Muffin	Sausage or Chicken	Yogurt
OR Choose 1:		OR Choose 1:	Scrambled Eggs	OR Choose 1:
Sausage/Pancake Stick		Yogurt Parfait or Smoothie	OR Choose 1:	Peanut Butter Graham Bar
2-Pack Poptarts		2-Pack Poptarts	Mini Donuts	2-Pack Poptarts
9	1	0 11	12	13
Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Cereal Bar	Biscuit	Cinnamon Roll	Biscuit	Yogurt
Poptart	Sausage or Chicken	Yogurt	Chicken or Sausage	Grahams
OR Choose 1:	Gravy / Jelly	OR Choose 1:	Muffin	OR Choose 1:
Breakfast Pizza	OR Choose 1:	2-Pack Poptarts	OR Choose 1:	Bacon/Egg/Cheese Croissant
2-Pack Poptarts	Breakfast Bun	·	Dutch Waffle	2-Pack Poptarts
No School 16	No School 1	7 No School 18	No School 19	No School 20
23	2	4 25	26	27
Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:	Choose 1 or 2:
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Cheese Stick / Tator Tots	Biscuit	Cinnamon Roll	Biscuit	Biscuit
Poptart	Sausage or Chicken	Yogurt	Sausage or Chicken	Breakfast Steak
OR Choose 1:	Gravy / Jelly	OR Choose 1:	Poptart	OR Choose 1:
Cheddar Omelet w/ Toast	OR Choose 1:	Breakfast Pizza	OR Choose 1:	Breakfast Bar or Frudel
(optional)	Yeast Ring	2-Pack Poptarts	Banana Bread Slice	2-Pack Poptarts
2-Pack Poptarts				
30	Channa 4 av 2:	· ·	4/2	4/3
Choose 1 or 2: Assorted Cereal	Choose 1 or 2: Assorted Cereal	Choose 1 or 2: Assorted Cereal	Choose 1 or 2: Assorted Cereal	Choose 1 or 2: Assorted Cereal
Cheese Stick	Assorted Cereal Biscuit	Poptart	Assorted Cerear Biscuit	Cereal Bar
Poptart // Oatmeal	Sausage or Chicken	Cheese Stick // Muffin	Sausage or Chicken	Yogurt
OR Choose 1:	Gravy / Jelly	OR Choose 1:	Scrambled Eggs	OR Choose 1:
Sausage/Pancake Stick	OR Choose 1:	Yogurt Parfait or Smoothie	OR Choose 1:	Peanut Butter Graham Bar
2-Pack Poptarts	Breakfast Bar	2-Pack Poptarts	Mini Donuts	2-Pack Poptarts
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Milk variety, Fruit variety and/or Fruit Juice variety offered daily. ALL reimbursable meals MUST include a FRUIT or VEGETABLE.

The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered.

This institution is an equal opportunity provider