



BREAKFAST



LUNCH

MAY 2021

Kansas School for the Deaf

Monday

Oatmeal & Assorted Muffins **3**
String Cheese

Saucy Meatball Sub
Green Beans
Veggie Blend
Fruit Cocktail

Egg & Cheese Bosco Stick
String Cheese / Graham Cracker **10**

Shredded Pork BBQ Sandwich
Baked Beans
French Fries
Peaches

Cheese Omelet & Pop Tart
String Cheese **17**

Pepperoni Pizza
Steamed Carrots
Mixed Green Salad
Pears

Pancake on a Stick
Yogurt Tube / Graham Cracker **24**

Mandarin Orange Chicken
Vegetable Fried Rice
Garden Peas
Mixed Fruit Salad

31

Tuesday

Mini Pancakes & Yogurt **4**

Mandarin Orange Chicken
Vegetable Fried Rice
Garden Peas
Mixed Fruit Salad

Breakfast Pizza & Teddy Grahams **11**

Breakfast for Lunch
French Toast Sticks
Scrambled Eggs & Sausage Link
Hash Brown Triangles
Orange Slices

Fruit Strudel / Cereal Bowl
String Cheese **18**

Sloppy Joe
Green Beans
Golden Corn
Mixed Fruit Salad

Cheese Omelet & Pop Tart
String Cheese **25**

Pepperoni Pizza
Sweet Potato Tots
Golden Corn
Pears

Wednesday

Egg & Cheese on Biscuit
Graham Crackers **5**

Cheeseburger
Steak Fries
Fresh Carrots w/ Ranch
Pineapple

Cereal Bowl & String Cheese
Giant Goldfish Grahams **12**

Spaghetti & Meat Sauce w/ Garlic Bread
Green Beans
Veggie Blend
Frozen Fruit Cup

Mini Waffles & Yogurt Tube **19**

Chicken Nuggets w/ Mac & Cheese
French Fries
Garden Peas & Carrots
Mandarin Oranges

Mini Pancakes & String Cheese **26**

Popcorn Chicken Bowl w/ Assorted Bread
Mashed Potatoes w/ Gravy
Golden Corn
Apple Slices

Thursday

Pancake on a Stick & Cereal Bowl
Giant Goldfish Grahams **6**

Chicken & Bean Burrito
Black Bean & Corn Salsa
Tortilla Chips / Mixed Green Salad
Apple Slices

Cheese Omelet w/ Bread & Butter
Graham Crackers **13**

French Bread Pizza w/ Marinara
Sweet Potato Tots
Steamed Broccoli
Grapes

Oatmeal & Yogurt
Graham Crackers **20**

Grilled Cheese & Tomato Soup
Steamed Broccoli
Fruit Cocktail

Long John & String Cheese **27**

Spaghetti w/ Meat Sauce & Breadstick
Roasted Broccoli / Mixed Green Salad
Peaches
OR
Sack Lunch

Friday

Cheese Omelet & Toast
Yogurt Tube **7**

Hot Turkey & Cheese
Mashed Sweet Potatoes
Assorted Chips
Mixed Fruit Salad

Fruit Strudel & Yogurt Tube
Assorted Sliced Bread **14**

Italian Chicken & Rice
Cheesy Broccoli
Roasted Sweet Potato
Banana

Breakfast Burrito w/ Salsa
String Cheese & Teddy Grahams **21**

Lemon Pepper Tilapia & Dinner Roll
Sautéed Spinach
Parmesan Crusted Red Potatoes
Apple Slices

Egg & Cheese Breakfast Sandwich
Goldfish **28**

Cheeseburger
Waffle Fries
Steamed Carrots
Orange Slices

Questions?
Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

Served every day with breakfast: Milk (Skim or 1%), Fruit or 100% Juice
Offered every day with lunch: Variety of additional vegetables and fruits
and Milk (Skim or 1%)

This institution is an equal opportunity provider.



MAY 2021

Kansas School for the Deaf

Monday

Tuesday

Wednesday

Thursday

Friday

3

Shredded Pork BBQ Sandwich
Assorted Chips
Glazed Carrots
Orange Slices

4

Beef Lasagna w/ Garlic Bread
Mixed Green Salad
Jello Salad or Pudding

5

Chicken Nachos
Lettuce, Tomato, Salsa, Cheese
Mexican Rice
Churro / Apple Slices

6

Homestyle Pepperoni Pizza
Steamed Broccoli
Apple Crisp w/ Ice Cream

7

10

Oven-Fried Chicken Legs
Sliced Bread
Mashed Potatoes w/ Gravy
Applesauce

11

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Mixed Fruit Salad

12

Meatloaf w/ Dinner Roll
Mashed Potatoes w/ Gravy
Steamed Carrots
Fruit Salad

13

Sliced Ham Sandwich
w/ Loaded Baked Potatoes
Bacon Bits, Cheese, Sour Cream,
Broccoli, Black Beans, Salsa
Orange Slices

14

17

Philly Cheesesteak Sandwich
Mixed Vegetables
Pears

18

Chicken Alfredo w/ Pasta
Garlic Bread
Steamed Broccoli
Pears

19

Beef Hot Dog / Chili Dog
Green Beans
Assorted Chips
Fruit Cocktail and Jello Salad

20

Tamale Pie w/ Cheese
Green Beans
Cornbread
Peaches / Churro

21

24

Sweet & Sour Chicken
Veggie Fried Rice
Egg Roll
Peaches

25

Beef Lasagna w/ Garlic Bread
Steamed Broccoli
Cookie

26

Homestyle Pizza
Golden Corn
Assorted Chips
Pineapple

27

Meatloaf w/ Dinner Roll
Mashed Potatoes w/ Gravy
Steamed Carrots
Ice Cream Bar

28

31



Offered every day with supper:
Milk (Skim or 1%)

Questions?

Contact Tessa Adcock, Food Service Director
tadcock@kssdb.org

This institution is an equal opportunity provider.